

HY-TEK's Meet Manager 1/17/2015 08:08 PM  
 2015 UW Indoor Preview - 1/17/2015  
 Dempsey Indoor, Seattle WA  
 Results

Women 60 Meter Dash

Dempsey: ! 7.20 1/18/2014 Jasmine Todd, Oregon			
Meet: M 7.20 1/18/2014 Jasmine Todd, Oregon			
Name	Year	School	Prelims
Heat 1 Preliminaries			
1	172	Todd, Jasmine Oregon	7.29q
2	396	Faulknor, Alexis USC	7.30q
3	387	Williams, Laurenra Unattached	7.52
4	223	Settle, Genna Portland Sta	7.63
5	245	Houk, Becca Seattle Paci	7.79
6	208	Anderson, Akayla Portland Sta	7.96
Heat 2 Preliminaries			
1	167	Prandini, Jenna Oregon	7.28q
2	398	Hill, Deanna USC	7.40q
3	435	Jacobson, Haley Washington	7.73
4	367	Harewood, Maya Unattached	7.77
5	383	Webb, Miah Unattached	7.85
Heat 3 Preliminaries			
1	404	Westbrook, Ky USC	7.21q
2	391	Brown, Destinee USC	7.38q
3	169	Sant, Marybeth Oregon	7.53
4	375	morrison, skye Unattached	7.61
5	57	Griffey, Princess Christ Life	7.65
6	227	Woods, Jasmine Portland Sta	7.65
Heat 4 Preliminaries			
1	175	Washington, Ariana Oregon	7.44q
2	421	Bouyer, Kennadi Washington	7.45q
3	392	Cantrell, Gabriell USC	7.62
4	180	D'Arpino, Kerissa Oregon State	7.73

Women 60 Meter Dash Qualificatio

Dempsey: ! 7.20 1/18/2014 Jasmine Todd, Oregon			
Meet: M 7.20 1/18/2014 Jasmine Todd, Oregon			
Name	Year	School	Prelims
Heat 1 Preliminaries			
1	367	Harewood, Maya Unattached	7.78Q
2	157	Brennan, Christian Oregon	7.80
3	181	D'Arpino, Venessa Oregon State	8.04
4	271	Lichter, Madison Seattle U.	8.05
5	443	Person, Danica Washington	8.07
Heat 2 Preliminaries			
1	208	Anderson, Akayla Portland Sta	7.95Q

	2	316 Gayles, Daryth	Stanford	7.98
	3	385 Williams, Brandi	Unattached	8.05
	4	447 Roland, Jaleecia	Washington	8.13
	5	293 Kianipour, Natasha	Simon Fraser	8.18
Heat	3 Preliminaries			
	1	57 Griffey, Princess	Christ Life	7.64Q
	2	375 morrison, skye	Unattached	7.66q
	3	180 D'Arpino, Kerissa	Oregon State	7.77q
	4	362 Crockrell, Tierra	Unattached	7.80
	5	235 Brannan, Kyra	Seattle Paci	8.07
Heat	4 Preliminaries			
	1	391 Brown, Destinee	USC	7.47Q
	2	435 Jacobson, Haley	Washington	7.74q
	3	337 Allen, Claudette	Trinity West	7.75q
	4	226 White, Adia	Portland Sta	7.95
	5	949 Wayne, Antoinette	Portland Sta	8.00
	6	356 Budinich, Ericka	Washington	8.03
Heat	5 Preliminaries			
	1	223 Settle, Genna	Portland Sta	7.67Q
	2	454 Wade, Nocy	Washington	7.84
	3	234 Baldwin, Tasia	Seattle Paci	7.87
	4	229 Hudson, Renee	Saint Martin	8.09
	5	269 Gonzales, Alessand	Seattle U.	8.15
Heat	6 Preliminaries			
	1	421 Bouyer, Kennadi	Washington	7.51Q
	2	228 Whitehall, Allanah	Puget Sound	7.79
	3	346 Nettey, Sabrina	Trinity West	7.83
	4	488 Ivancic, Veronica	Western Wash	8.05
	5	364 ellis, olivia	Unattached	8.17
Heat	7 Preliminaries			
	1	227 Woods, Jasmine	Portland Sta	7.70Q
	2	383 Webb, Miah	Unattached	7.75q
	3	137 Wiinters, Desiree	Hawaii	8.21
	4	161 Johnson, Alaysha	Oregon	8.41
	5	376 Noble, Stacey	Unattached	8.62
	6	369 jackson, octavia	Unattached	8.93
Heat	8 Preliminaries			
	1	444 Peterson, Sierra	Washington	7.74Q
	2	245 Houk, Becca	Seattle Paci	7.76q
	3	968 Rodgers, Anna	Unattached	7.93
	4	415 Adler, Kate	Washington	8.09
	5	321 Kwiatkowski, Maris	Stanford	8.12
	6	969 Le Bar, Maya	Unattached	8.27
Heat	9 Preliminaries			
	1	262 Mitchell, Kishia	Seattle Spee	7.55Q
	2	387 Williams, Laurenra	Unattached	7.58q
	3	101 Tarbert, Rebecca	Eastern Wash	7.82
	4	455 Woodruff, Gianna	Washington	7.84

## Women 60 Meter Dash

Dempsey: ! 7.20 1/18/2014 Jasmine Todd, Oregon  
Meet: M 7.20 1/18/2014 Jasmine Todd, Oregon

Name	Year	School	Finals
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### Section 1 Finals

1	398 Hill, Deanna	USC	7.36
2	175 Washington, Ariana	Oregon	7.41

### Section 2 Finals

1	172 Todd, Jasmine	Oregon	7.15M
2	404 Westbrook, Ky	USC	7.18M
3	167 Prandini, Jenna	Oregon	7.24
4	396 Faulknor, Alexis	USC	7.40

## Women 200 Meter Dash

Dempsey: ! 23.44 2/27/2009 Charonda Williams, Arizona St  
Meet: M 23.86 1/16/2010 Ashton Purvis, EOYDC

Name	Year	School	Finals
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### Section 1

1	218 Jones, D'Nara	Portland Sta	25.96
2	950 Kabia, Valda	Ocean Athlet	26.22
3	123 Ah Nee, Sha'tres	Hawaii	26.99
4	124 Atud, Tiffany	Hawaii	29.19

### Section 2

1	271 Lichter, Madison	Seattle U.	26.71
2	74 Current, Kendall	Eastern Oreg	27.15
--	226 White, Adia	Portland Sta	DNF

### Section 3

1	419 Birkenfeld, Caroly	Washington	25.61
2	352 Wear, Robyn	Trinity West	26.67
3	364 ellis, olivia	Unattached	26.85
4	443 Person, Danica	Washington	26.92
5	239 Chase, Kelsey	Seattle Paci	27.70

### Section 4

1	194 Mootz, Ahsha	Oregon State	25.50
2	362 Crockrell, Tierra	Unattached	25.51
3	21 Craddock, Ashley	Cal St. Los	26.50
4	33 Akanji, Michelle	Cal St. Stan	26.98

### Section 5

1	296 Lisek, Monique	Simon Fraser	26.13
2	285 Desch, Chantel	Simon Fraser	26.17
3	91 Lombardo, Erika	Eastern Wash	26.72

### Section 6

1	233 Ambus, Jahzelle	Seattle Paci	25.37
2	367 Harewood, Maya	Unattached	25.65
3	101 Tarbert, Rebecca	Eastern Wash	25.94
4	171 Thomas, Claire	Oregon	26.46
5	77 Sullivan, Megan	Eastern Oreg	26.64

## Section 7

1	180 D'Arpino, Kerissa	Oregon State	25.72
2	160 Horsley, Ashante	Oregon	25.74

## Section 8

1	387 Williams, Laurenra	Unattached	24.32
2	317 Gayles, Gabrielle	Stanford	25.52
3	245 Houk, Becca	Seattle Paci	25.85
4	293 Kianipour, Natasha	Simon Fraser	27.47

## Section 9

1	404 Westbrook, Ky	USC	23.94
2	392 Cantrell, Gabriell	USC	23.99
3	181 D'Arpino, Venessa	Oregon State	25.28
4	383 Webb, Miah	Unattached	25.96

## Section 10

1	398 Hill, Deanna	USC	24.10
2	227 Woods, Jasmine	Portland Sta	25.00
3	174 Wallace, Sasha	Oregon	25.31

## Section 11

1	397 Gaither, Tynia	USC	23.62M
2	391 Brown, Destinee	USC	24.25
3	157 Brennan, Christian	Oregon	24.47
4	135 Toliver, Rachel	Hawaii	25.89
5	161 Johnson, Alaysha	Oregon	26.90

## Women 400 Meter Dash

Dempsey: ! 52.03 2/23/2013 Phyllis Francis, Oregon

Meet: M 53.39 1/18/2014 Kristyn Williams, Stanford

Name	Year	School	Finals
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## Section 1

1	460 Bradley, Adreonia	Washington S	1:00.43
2	88 Hammock, Paige	Eastern Wash	1:01.99
3	468 Quinn, ShaRaya	Washington S	1:04.26

## Section 2

1	54 Inderbitzin, Jayna	Central Wash	59.35
2	32 Akanji, Mercy	Cal St. Stan	59.65
3	47 Anderson, Ali	Central Wash	1:00.66
4	16 Korpach, Sarah	British Colu	1:00.76

## Section 3

1	85 Day, Jannessa	Eastern Wash	59.78
2	27 Rochon, Raquel	Cal St. Los	1:00.12

## Section 4

1	336 cho, stephanie	Thunderbirds	57.85
2	8 Jackson, Maya	Auburn Elite	1:00.29
3	84 Cornish, Leiran	Eastern Wash	1:01.01
4	478 Hellesto, Audrey	Western Oreg	1:01.36

## Section 5

1	457 Allen, Erin	Washington S	57.22
2	351 Shuttleworth, Rach	Trinity West	57.68
3	285 Desch, Chantel	Simon Fraser	58.36

4	26 Orchard, Trey	Cal St. Los	59.10
Section 6			
1	406 D'Agnolo, Lauren	Uvic Track C	57.41
2	44 Ryan, Chavariana	Cal St. Stan	58.10
3	165 Moore, Ashlee	Oregon	1:00.78
Section 7			
1	414 Smith, Jessica	Valley Royal	55.62
2	312 Crunkleton-Wilson,	Stanford	58.12
3	296 Lisek, Monique	Simon Fraser	58.35
4	246 Johnson, Jasmine	Seattle Paci	58.51
Section 8			
1	403 Stepter, Jaide	USC	53.76
2	147 Wright, Phoebe	Nike	55.61
3	214 Diggs, Whitney	Portland Sta	56.91
Section 9			
1	399 Jones, Vanessa	USC	54.14
2	395 Ellis, Kendall	USC	55.08

#### Women 600 Meter Run

Meet: M 1:27.38 1/15/2011 Phyllis Francis, Oregon

Name	Year	School	Finals
Section 1			
1	201	Wilson, MaCaulay	Oregon State 1:37.99
2	108	Anderson, Emily	Gonzaga 1:39.72
3	253	Mathison, Jessie	Seattle Paci 1:39.92
4	433	Harris, Nicole	Washington 1:40.21
5	363	Dee, Taryn	Unattached 1:41.04
6	378	Reeves, Picabo	Unattached 1:42.09
7	119	Stroosma, Molly	Gonzaga 1:43.84
8	126	Brown, Robyn	Hawaii 1:44.25
9	474	Covey, Felicia	Western Oreg 1:47.12
Section 2			
1	334	Morrison, Nevada	Team Morriso 1:29.71
2	347	Pearse, Anastasia	Trinity West 1:33.73
3	408	Harrell, Caroline	Uvic Track C 1:38.06
4	452	Terry, Pearl	Washington 1:39.87
5	486	Van De Grift, Suzi	Western Oreg 1:41.14
6	328	Shepard, Karina	Stanford 1:46.38
Section 3			
1	441	Mires, Baylee	Washington 1:31.53
2	360	Atkin, Casey	Unattached 1:32.01
3	330	Waschmann, Malika	Stanford 1:33.69
4	308	Jackson, Dominique	Sra Elite 1:33.94
5	327	Michaelson, Tess	Stanford 1:34.89
6	458	Asper, Leanne	Washington S 1:37.28
Section 4			
1	309	Baker, Olivia	Stanford 1:29.42
2	168	Rogers, Raevyn	Oregon 1:29.87
3	148	Cain, Mary	Nike Oregon 1:30.03

4	407 Francois, Rachel	Uvic Track C	1:30.54
5	20 Wiebe, Devan	British Colu	1:33.06
6	424 Christen, Rose	Washington	1:34.82

#### Women 800 Meter Run

Dempsey: ! 2:02.56 3/5/2011 Geena Gall, Oregon Track Club  
 Meet: M 2:03.05 1/18/2003 Diane Cummins, Pacific Athletics

Name	Year	School	Finals
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#### Section 1

1	393 Capellino, Erica	USC	2:15.15
2	210 Beng, Nyalual	Portland Sta	2:19.41
3	45 Vaughn, Kyrah	Cal St. Stan	2:19.46
4	219 McMorris, Gwyneth	Portland Sta	2:20.80
5	238 Charleson, Mary	Seattle Paci	2:23.46
6	236 Calvert, Hannah	Seattle Paci	2:23.56
7	248 Kettel, Hailey	Seattle Paci	2:23.77
8	112 Fraher, Claren	Gonzaga	2:25.58
9	35 Buford, Akia	Cal St. Stan	2:28.19
10	237 Carroll, Sophie	Seattle Paci	2:30.79

#### Section 2

1	166 Porada, Katie	Oregon	2:10.82
2	5 Pahkala, Jessica	Alaska Ancho	2:17.73
3	359 Ackerley, Mikelle	Unattached	2:19.13
4	24 Malmborg, Josefina	Cal St. Los	2:20.07
5	224 Tollefson, Kris	Portland Sta	2:20.21
6	13 Dacre, Stephanie	British Colu	2:20.62
7	264 Davis, Madison	Seattle U.	2:20.67
8	274 Poplawski, Alisa	Seattle U.	2:21.08
9	286 Dodd, Sophie	Simon Fraser	2:22.20
10	255 Phan, Chynna	Seattle Paci	2:24.06
11	256 Rawlins, Jessica	Seattle Paci	2:24.32

#### Section 3

1	148 Cain, Mary	Nike Oregon	2:07.21
2	7 Fricker, McKayla	Athletics NW	2:08.63
3	10 Connor, Anna	Bowerman TC	2:11.57
4	242 Decker, Lynelle	Seattle Paci	2:12.83
5	9 Picchetti, Natalie	Austin Track	2:14.27
6	299 Nock, Paige	Simon Fraser	2:15.42
7	298 Mussatto, Alana	Simon Fraser	2:17.48
8	332 Vorderbruegge, Mar	Strava TC	2:21.98
9	39 Hundal, Aman	Cal St. Stan	2:22.98
10	6 Perez, Tamara	Alaska Ancho	2:23.58

## Women 1000 Meter Run

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Meet: M 2:42.26 1/18/2014 Justine Fedronic, Stanford			
Name	Year	School	Finals

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### Section 1

1	412	Soderberg, Nicole	Uvic Track C	2:53.18
2	156	Aschbacher, Ally	Oregon	2:54.16
3	308	Jackson, Dominique	Sra Elite	2:54.49
4	183	Goecke, Nicole	Oregon State	2:55.03
5	192	Mckinnon, Sam	Oregon State	2:58.15
6	485	Stuckey, Stephanie	Western Oreg	3:02.96
7	63	Collmer, Christa	Concordia (O	3:03.29
8	307	Matora, Katia	Speed Unlimi	3:03.46
9	476	Ditzhazy, Amanda	Western Oreg	3:13.00
10	131	Nakashima, Tiare	Hawaii	3:14.72

### Section 2

1	151	Rowbury, Shannon	Nike Oregon	2:40.25M
2	149	Hasay, Jordan	Nike Oregon	2:41.08M
3	150	Moser, Treniere	Nike Oregon	2:41.50M
4	311	Cranny, Elise	Stanford	2:42.39
5	373	Lara, Geena	Unattached	2:44.29
6	159	Hiltz, Nikki	Oregon	2:45.03
7	407	Francois, Rachel	Uvic Track C	2:46.02
8	310	Berkson, Maddy	Stanford	2:49.23
9	304	Cantine, Sophie	Speed Unlimi	2:50.25
10	323	Laman, Anna	Stanford	2:55.60

## Women 1 Mile Run

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Dempsey: ! 4:28.41 2/11/2012 Sally Kipyego, OTC			
Meet: M 4:39.10 1/16/2010 Morgan Uceny, Reebok			
Name	Year	School	Finals

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### Section 1

1	211	Boman, Amanda	Portland Sta	5:03.90
2	205	Rawlings, Taryn	Portland	5:07.38
3	492	O'Connor, Haley	Western Wash	5:07.59
4	275	Rice, Lila	Seattle U.	5:08.58
5	372	Krahling, Sam	Unattached	5:08.76
6	238	Charleson, Mary	Seattle Paci	5:14.84
7	248	Kettel, Hailey	Seattle Paci	5:15.62
8	350	Ryan, Hannah	Trinity West	5:17.32
9	497	Troupe, Shawna	Western Wash	5:19.12
10	467	Pavey, Steffie	Washington S	5:19.14
11	463	Garcia, Alexys	Washington S	5:25.44
12	128	Foster, Alexa	Hawaii	5:29.24
13	73	Whybark, Sarah	Concordia (O	5:33.07
14	302	Townsend, Dana	Simon Fraser	5:34.29
15	213	Contos, Erica	Portland Sta	5:49.51

### Section 2

1	94 Mahoney, Katie	Eastern Wash	4:56.40
2	465 Linton, CharLee	Washington S	4:56.85
3	335 Leufroy, Ena	The Janes El	4:59.77
4	281 Bassett, Rebecca	Simon Fraser	5:01.94
5	434 Hodge, Grace	Washington	5:02.88
6	297 Mackenzie, Kansas	Simon Fraser	5:05.45
7	215 Hollins, Keikoanne	Portland Sta	5:07.07
8	389 Russell, Skye	University o	5:08.13
9	361 Chadsey, Emma	Unattached	5:12.07
10	1 Burroughs, Mariah	Alaska Ancho	5:19.85
11	291 Howley, Julia	Simon Fraser	5:30.60
12	257 Santos, Mckayla	Seattle Paci	5:35.86

#### Section 3

1	163 Maton, Ashley	Oregon	4:53.34
2	203 Ibarzabal, Lorea	Portland	4:55.98
3	437 Lawson, Kelly	Washington	4:58.69
4	200 Weber, Emily	Oregon State	4:58.75
5	326 McNulty, Abbie	Stanford	4:58.99
6	87 Gil-Echevarria, Pa	Eastern Wash	4:59.39
7	78 Arrigoni, Catie	Eastern Wash	5:01.61
8	29 Selve, Alyssa	Cal St. Los	5:01.93
9	319 Howlett, Claire	Stanford	5:02.26
10	207 Symoniak, Brenna	Portland	5:02.32
11	202 Hastings, Melissa	Portland	5:02.40
12	256 Rawlins, Jessica	Seattle Paci	5:06.70
13	420 Bosserman, Josephi	Washington	5:09.26
14	2 Decker, Beatrice	Alaska Ancho	5:10.34
15	280 Bassett, Miryam	Simon Fraser	5:14.94

#### Section 4

1	151 Rowbury, Shannon	Nike Oregon	4:27.86!
2	149 Hasay, Jordan	Nike Oregon	4:28.73M
3	150 Moser, Treniere	Nike Oregon	4:35.15M
4	329 Tonn, Jessica	Stanford	4:38.00M
5	147 Wright, Phoebe	Nike	4:38.68M
6	284 Butterworth, Linds	Simon Fraser	4:44.80
7	411 Pomfret, Kendra	Uvic Track C	4:44.95
8	414 Smith, Jessica	Valley Royal	4:48.37
9	10 Connor, Anna	Bowerman TC	4:54.73
10	332 Vorderbruegge, Mar	Strava TC	5:03.62

#### Women 3000 Meter Run

Dempsey: ! 8:47.91 1/28/2012 Sally Kipyego, OTC

Meet: M 8:53.14 1/15/2011 Lisa Koll, Nike

Name	Year	School	Finals
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#### Section 1

1	115 Mills, Shelby	Gonzaga	9:51.08
2	409 Hegland, Chloe	Uvic Track C	10:02.14
3	225 Trapp, Cheryn	Portland Sta	10:04.39
4	254 Patti, Anna	Seattle Paci	10:04.56



5	130	Martinez, Montana	Hawaii	10:16.89
6	287	Evans, Brittany	Simon Fraser	10:21.59
7	212	Coleman, Maggie	Portland Sta	10:23.55
8	182	Demaree, Adrienne	Oregon State	10:26.68
9	37	Campbell, Dallas	Cal St. Stan	10:27.66
10	277	Smith, Elena	Seattle U.	10:29.06
11	405	Bibault, Emma	Uvic Track C	10:29.58
12	30	Steimer-Barragan,	Cal St. Los	10:32.68
13	251	Macdonald, Sarah	Seattle Paci	10:33.04
14	41	Jimenez, Marissa	Cal St. Stan	10:34.13
15	111	Fraher, Alison	Gonzaga	10:43.99
16	152	Brown, Cassidy	Northwest U.	10:46.62
17	270	Lassere, Rebecca	Seattle U.	10:50.40
18	490	Laiblin, Alexandra	Western Wash	10:53.24
19	4	Kurgat, Caroline	Alaska Ancho	10:53.76
20	273	O'Connor Lenth, Mo	Seattle U.	10:58.74
21	43	Rossi, Kayla	Cal St. Stan	11:00.74
22	496	Stelling, Lilliann	Western Wash	11:01.99

#### Section 2

1	495	Steen, Katelyn	Western Wash	9:47.97
2	263	Curatilo, Sophie	Seattle U.	9:51.28
3	211	Boman, Amanda	Portland Sta	9:53.33
4	109	Evans, Amelia	Gonzaga	9:53.66
5	300	Noel, Peggy	Simon Fraser	9:54.42
6	448	Sanders, Jenna	Washington	9:55.14
7	114	Mildes, Jessica	Gonzaga	9:55.46
8	14	de Fenoyl, Amelie	British Colu	10:00.43
9	99	Reiter, Sarah	Eastern Wash	10:00.48
10	499	Garcia, Kristen	Whatcom Tess	10:02.63
11	178	Cavalluzzo, Holly	Oregon State	10:09.71
12	65	Elliott, Mikel	Concordia (O	10:12.78
13	459	Bortfeld, Devon	Washington S	10:14.37
14	3	Johnston, Amy	Alaska Ancho	10:15.06
15	113	Jones, Maggie	Gonzaga	10:15.98
16	470	Willson, Morgan	Washington S	10:19.25
17	12	Brunt, Madelyn	British Colu	10:24.21
18	500	Watson, Ruby	Whatcom Tess	10:41.75
19	370	Johnson, Sarah	Unattached	10:59.46

#### Section 3

1	355	O'Connell, Jessica	UCAC	9:09.15
2	440	Meyers, Maddie	Washington	9:16.03
3	315	Fraser, Vanessa	Stanford	9:24.87
4	155	Carlyle, Laura	Oiselle	9:32.13
5	292	Johnson, Jennifer	Simon Fraser	9:36.18
6	410	McInnis, Shauna	Uvic Track C	9:37.96
7	325	Maxwell, Julia	Stanford	9:40.23
8	430	Fulton, Eleanor	Washington	9:40.74
9	390	Thiel, Daniel	University o	9:40.96
10	313	Fisher, Emma	Stanford	9:43.77
11	322	Lacy, Megan	Stanford	9:51.56
12	58	Ricardi, Jane	Cnw/Brooks	9:53.68

13	368 Heiner, Courtney	Strava TC	10:06.35
14	18 Lee, Kirsten	British Colu	10:28.87

### Women 60 Meter Hurdles Qualificatio

Dempsey: ! 7.93 3/4/2006 Virginia Powell, USC

Meet: M 8.13 1/14/2006 Jenny Adams, adidas

Name	Year	School	Prelims
Heat 1 Preliminaries			
1	171	Thomas, Claire	Oregon 8.92q
2	468	Quinn, ShaRaya	Washington S 9.18q
3	48	Banfro, Tianna	Central Wash 9.40
4	244	Hong, Cheryl	Seattle Paci 9.50
5	67	Pfaff, Holly	Concordia (O 9.87
Heat 2 Preliminaries			
1	208	Anderson, Akayla	Portland Sta 8.82q
2	483	Pappel, Rochelle	Western Oreg 9.20q
3	231	Petersen, Lisa	Saint Martin 9.73
Heat 3 Preliminaries			
1	464	Harper, Liz	Washington S 8.95q
2	89	Kimes, Jozie	Eastern Wash 9.90
3	418	Baron, Ciana	Washington 10.13
4	324	Lewis, Amber	Stanford 10.90
Heat 4 Preliminaries			
1	336	cho, stephanie	Thunderbirds 9.65
2	88	Hammock, Paige	Eastern Wash 9.82
3	481	Moore, Sam	Western Oreg 10.57
Heat 5 Preliminaries			
1	469	Smith, Andrea	Washington S 9.03q
2	53	Fettig, Tayler	Central Wash 9.41
3	19	Motsi, Tanya	British Colu 9.75
4	460	Bradley, Adreonia	Washington S 9.94
5	338	Beaton, Hannah	Trinity West 10.18
Heat 6 Preliminaries			
1	451	Stueckle, Kimberly	Washington 8.97q
2	341	Evans, Madison	Trinity West 9.30
3	103	Irene, Moore	Evergreen St 9.55
4	352	Wear, Robyn	Trinity West 9.75
5	243	Hombres, Maddi	Seattle Paci 10.67
Heat 7 Preliminaries			
1	345	Li, Emma	Trinity West 9.28q
2	268	Gibbs, Mariah	Seattle U. 9.46
3	17	Kramer, Addison	British Colu 9.92
4	136	Vazquez, Feliciann	Hawaii 10.25
5	161	Johnson, Alaysha	Oregon 12.47
Heat 8 Preliminaries			
1	158	Crockett, Lauren	Oregon 9.11q
2	340	Daly, Maya	Trinity West 9.15q
3	450	Smith, C.J.	Washington 9.55
4	50	Deck, Allison	Central Wash 9.66

## Heat 9 Preliminaries

1	388 Hrycun, Alexa	University o	8.90q
2	184 Hallock, Kara	Oregon State	9.14q
3	461 Davis, Madison	Washington S	9.38
4	241 Crawford, Jade	Seattle Paci	10.16

## Women 60 Meter Hurdles

Dempsey: ! 7.93 3/4/2006 Virginia Powell, USC

Meet: M 8.13 1/14/2006 Jenny Adams, adidas

Name Year School Prelims

## Heat 1 Preliminaries

1	165 Moore, Ashlee	Oregon	8.54q
2	134 Santiago, Zhane	Hawaii	8.82
3	171 Thomas, Claire	Oregon	8.87
4	345 Li, Emma	Trinity West	9.22
5	340 Daly, Maya	Trinity West	9.25

## Heat 2 Preliminaries

1	221 Ratcliff, Jazmin	Portland Sta	8.60q
2	466 McFarland, Candice	Washington S	8.68q
3	388 Hrycun, Alexa	University o	8.69q
4	349 Ross, Hazel	Trinity West	8.74q
5	464 Harper, Liz	Washington S	8.98

## Heat 3 Preliminaries

1	174 Wallace, Sasha	Oregon	8.38q
2	394 Cox, Melia	USC	8.49q
3	216 Jackson, Cecelia	Portland Sta	8.78
4	468 Quinn, ShaRaya	Washington S	9.35
5	336 cho, stephanie	Thunderbirds	9.43

## Heat 4 Preliminaries

1	451 Stueckle, Kimberly	Washington	8.73q
2	208 Anderson, Akayla	Portland Sta	8.81
3	469 Smith, Andrea	Washington S	8.89

## Women 60 Meter Hurdles

Dempsey: ! 7.93 3/4/2006 Virginia Powell, USC

Meet: M 8.13 1/14/2006 Jenny Adams, adidas

Name Year School Finals

## Section 1 Finals

1	466 McFarland, Candice	Washington S	8.62
2	451 Stueckle, Kimberly	Washington	8.68
3	349 Ross, Hazel	Trinity West	8.70
4	388 Hrycun, Alexa	University o	8.74

## Section 2 Finals

1	174 Wallace, Sasha	Oregon	8.27
2	394 Cox, Melia	USC	8.34
3	221 Ratcliff, Jazmin	Portland Sta	8.52
4	165 Moore, Ashlee	Oregon	8.64

## Women 4x400 Meter Relay

Dempsey: ! 3:33.70 2/25/2012 Oregon, Oregon  
Purvis, Roesler, Okodogbe, Francis  
Meet: M 3:41.02 1/15/2011 Oregon, Oregon  
Okodogbe, Francis, Gardner, Roesler

School Finals

### Section 1

1 Cal St. Stanislaus 'B'	4:07.78
1) 40 Jenkins, Chloe	2) 33 Akanji, Michelle
3) 32 Akanji, Mercy	4) 46 Verrett, Monet
2 Western Washington 'A'	4:08.65
1) 951 Reynolds, Gracia	2) 953 Svastisalee, Deja
3) 488 Ivancic, Veronica	4) 952 Ivancic, Rachel
3 Simon Fraser 'C'	4:15.40
1) 288 Fedor, Kye	2) 280 Bassett, Miryam
3) 291 Howley, Julia	4) 297 Mackenzie, Kansas

### Section 2

1 Central Washington 'A'	4:05.44
1) 47 Anderson, Ali	2) 48 Banfro, Tianna
3) 54 Inderbitzin, Jayna	4) 50 Deck, Allison
2 Concordia (Ore.) 'A'	4:06.13
1) 60 Boulanger, Samantha	2) 59 Alvarez, Geneva
3) 71 Sytsma, Emily	4) 69 Scoles, Molly
3 Seattle Pacific 'B'	4:15.87
1) 253 Mathison, Jessie	2) 258 Sowers, Ali
3) 236 Calvert, Hannah	4) 237 Carroll, Sophie
4 Portland State 'B'	4:27.47
1) 225 Trapp, Cheryn	2) 212 Coleman, Maggie
3) 215 Hollins, Keikoanne	4) 219 McMorris, Gwyneth

### Section 3

1 Trinity Western 'A'	4:02.60
1) 347 Pearse, Anastasia	2) 348 Piercy, Jordyn
3) 341 Evans, Madison	4) 338 Beaton, Hannah
2 Seattle U. 'A'	4:03.49
1) 276 Rusch, Amanda (Mandy)	2) 279 de Sauvage, Candice
3) 267 Fleming, Kathryn (Katie)	4) 264 Davis, Madison
3 Western Oregon 'A'	4:06.95
1) 486 Van De Grift, Suzie	2) 484 Rose, Megan
3) 478 Hellesto, Audrey	4) 471 Patrick, Laura
-- Stanford 'C'	DNF
1) 310 Berkson, Maddy	2) 328 Shepard, Karina
3) 314 Forbes, Carla	4) 316 Gayles, Daryth

### Section 4

1 Stanford 'B'	3:55.65
1) 330 Waschmann, Malika	2) 311 Cranny, Elise
3) 323 Laman, Anna	4) 327 Michaelson, Tess
2 Portland State 'A'	3:58.53
1) 224 Tollefson, Kris	2) 220 Miller, Roazena

3) 210 Beng, Nyalual	4) 214 Diggs, Whitney	
3 Simon Fraser 'B'	4:02.49	
1) 303 West, Bryce	2) 294 Lazecki, Natasha	
3) 286 Dodd, Sophie	4) 299 Nock, Paige	
4 Cal St. Los Angeles 'A'	4:04.36	
1) 27 Rochon, Raquel	2) 26 Orchard, Trey	
3) 31 Williams, Kiyana	4) 21 Craddock, Ashley	
-- Washington 'B'	DNF	
1) 451 Stueckle, Kimberly	2) 435 Jacobson, Haley	
3) 425 Coker, Alanna	4) 454 Wade, Nocy	

Section 5

1 Washington 'A'	3:46.33	
1) 417 Armstead, Krista	2) 455 Woodruff, Gianna	
3) 419 Birkenfeld, Carolyn	4) 444 Peterson, Sierra	
2 Stanford 'A'	3:48.22	
1) 317 Gayles, Gabrielle	2) 309 Baker, Olivia	
3) 312 Crunkleton-Wilson, Michaela	4) 324 Lewis, Amber	
3 Simon Fraser 'A'	3:54.62	
1) 298 Mussatto, Alana	2) 284 Butterworth, Lindsey	
3) 285 Desch, Chantel	4) 296 Lisek, Monique	
4 Seattle Pacific 'A'	3:57.64	
1) 233 Ambus, Jahzelle	2) 246 Johnson, Jasmine	
3) 242 Decker, Lynelle	4) 255 Phan, Chynna	
5 Cal St. Stanislaus 'A'	4:08.21	
1) 35 Buford, Akia	2) 39 Hundal, Aman	
3) 45 Vaughn, Kyras	4) 44 Ryan, Chavariana	

Women 4x800 Meter Relay

Meet: M 8:40.09

School

Finals

Section 1

1 Trinity Western 'A'	8:52.76	
1) 339 Benson, Fiona	2) 342 Harradine, Meg	
3) 344 Inglis, Sarah	4) 353 Yee, Regan	
2 Washington 'A'	9:10.31	
1) 439 Maxwell, Anna	2) 416 Amaral, Joelle	
3) 434 Hodge, Grace	4) 436 Johnson, Erin	
3 Oregon State 'A'	9:22.54	
1) 192 Mckinnon, Sam	2) 201 Wilson, MaCaulay	
3) 183 Goecke, Nicole	4) 176 Anderson, Morgan	
4 Portland 'A'	9:24.60	
1) 205 Rawlings, Taryn	2) 207 Symoniak, Brenna	
3) 202 Hastings, Melissa	4) 203 Ibarzabal, Lorea	
5 Western Oregon 'A'	9:58.83	
1) 475 Crawford, Rachel	2) 485 Stuckey, Stephanie	
3) 482 Paffrath, Leah	4) 476 Ditzhazy, Amanda	
6 Concordia (Ore.) 'A'	10:03.79	
1) 63 Collmer, Christa	2) 61 Bywater, Cia	
3) 62 Campbell, Kelsea	4) 68 Richardson, Dalen	

7	Gonzaga 'A'	10:09.48
1)	110 Evans, Olivia	2) 121 Williams, Kelly
3)	117 Riley, Maggie	4) 118 Saunders, Lauren
8	Gonzaga 'B'	10:15.81
1)	998 Culver, Katy	2) 116 Murray, Corrine
3)	122 Winters, Christina	4) 107 Albrecht, Jenny

Women High Jump

Name	Year	School	Finals
Dempsey: !	6-04	2/25/2012	Brigetta Barrett, Arizona
Meet: M	6-01.50	1/16/2010	Amber Kaufman, Hawaii

Flight 1

1	145 Rainwater, Linda	Movin Shoes	1.79m	5-10.50
	1.39 1.44 1.49 1.54 1.59 1.64 1.69 1.74 1.79 1.82			
	PPP PPP PPP PPP PPP 0 0 0 XXX			
2	170 Summers, Chancey	Oregon	J1.74m	5-08.50
	1.39 1.44 1.49 1.54 1.59 1.64 1.69 1.74 1.79			
	PPP PPP PPP PPP 0 X0 XX0 XXX			
2	158 Crockett, Lauren	Oregon	1.74m	5-08.50
	1.39 1.44 1.49 1.54 1.59 1.64 1.69 1.74			
	PPP PPP PPP PPP 0 X0 0			
4	76 McBride, Harley	Eastern Oreg	1.69m	5-06.50
	1.39 1.44 1.49 1.54 1.59 1.64 1.69 1.74			
	PPP PPP PPP PPP 0 0 0 XXX			
4	187 Howard, Lucinda	Oregon State	J1.64m	5-04.50
	1.39 1.44 1.49 1.54 1.59 1.64 1.69			
	PPP PPP PPP 0 XX0 0 XXX			
4	189 Jackson, Allison	Oregon State	J1.64m	5-04.50
	1.39 1.44 1.49 1.54 1.59 1.64 1.69			
	PPP PPP 0 0 XX0 0 XXX			
6	272 Maddux, Mandie	Seattle U.	J1.64m	5-04.50
	1.39 1.44 1.49 1.54 1.59 1.64 1.69			
	PPP PPP PPP XX0 X0 0 XXX			
7	102 White, Tierra	Eastern Wash	J1.64m	5-04.50
	1.39 1.44 1.49 1.54 1.59 1.64			
	PPP PPP PPP 0 X0 X0			
9	260 Ward, Naphtali	Seattle Paci	1.59m	5-02.50
	1.39 1.44 1.49 1.54 1.59 1.64			
	PPP PPP 0 0 0 XXX			
9	186 Hilger, Amy	Oregon State	1.59m	5-02.50
	1.39 1.44 1.49 1.54 1.59 1.64			
	PPP PPP PPP X0 0 XXX			
9	153 Dondrea, Charnie	Northwest U.	1.59m	5-02.50
	1.39 1.44 1.49 1.54 1.59 1.64			
	PPP PPP 0 X0 0 XXX			
11	498 Wright, Katelyn	Western Wash	J1.59m	5-02.50
	1.39 1.44 1.49 1.54 1.59 1.64			
	PPP PPP PPP 0 X0 XXX			

12	190	Lautenbach, Jessic	Oregon State	J1.59m	5-02.50
		1.39 1.44 1.49 1.54 1.59 1.64			
		PPP PPP PPP XO XX0 XXX			
13	493	Osadchey, Miranda	Western Wash	J1.59m	5-02.50
		1.39 1.44 1.49 1.54 1.59 1.64			
		PPP PPP 0 XX0 XX0 XXX			
15	241	Crawford, Jade	Seattle Paci	1.54m	5-00.50
		1.39 1.44 1.49 1.54 1.59			
		PPP XO 0 XX0 XXX			
15	79	Bellomy, Brooklyn	Eastern Wash	1.54m	5-00.50
		1.39 1.44 1.49 1.54 1.59			
		PPP PPP PPP XX0 XXX			
17	67	Pfaff, Holly	Concordia (O	1.49m	4-10.50
		1.39 1.44 1.49 1.54			
		PPP 0 0 XXX			
17	301	Petz, Amy	Simon Fraser	1.49m	4-10.50
		1.39 1.44 1.49 1.54			
		PPP 0 0 XXX			
17	243	Hommes, Maddi	Seattle Paci	1.49m	4-10.50
		1.39 1.44 1.49 1.54			
		PPP PPP 0 XXX			
19	89	Kimes, Jozie	Eastern Wash	J1.49m	4-10.50
		1.39 1.44 1.49 1.54			
		PPP PPP XO XXX			
19	25	Morrello, Eryka	Cal St. Los	J1.49m	4-10.50
		1.39 1.44 1.49 1.54			
		PPP PPP XO XXX			
22	450	Smith, C.J.	Washington	1.44m	4-08.75
		1.39 1.44 1.49			
		XO XO XXX			
22	418	Baron, Ciana	Washington	1.44m	4-08.75
		1.39 1.44 1.49			
		0 XX0 XXX			
24	56	Ortega, HarLee	Central Wash	1.39m	4-06.75
		1.39 1.44 1.49			
		XO PPP XXX			
--	165	Moore, Ashlee	Oregon	NH	
		1.39 1.44 1.49 1.54 1.59 1.64			
		PPP PPP PPP PPP PPP XXX			

## Women Pole Vault

=====						
Dempsey: ! 14-09.50		2/11/2006		Mary Sauer, Unattached		
Meet: M 14-05.50		1/15/2011		Katerina Stefanidi, Stanford		
Name	Year	School	Finals			
=====						
1	374	Marty, Laura	Unattached	3.75m	12-03.50	
		2.85 3.00 3.15 3.30 3.45 3.60 3.75 3.90				
		PPP PPP 0 0 XO 0 XX0 XXX				

2	198 Sidor, Annie	Oregon State	3.45m	11-03.75
	2.85 3.00 3.15 3.30 3.45 3.60			
	PPP PPP 0 XX0 0 XXX			
3	345 Li, Emma	Trinity West	3.30m	10-10.00
	2.85 3.00 3.15 3.30 3.45			
	PPP PPP PPP X0 XXX			
3	429 Franzen, Tori	Washington	3.30m	10-10.00
	2.85 3.00 3.15 3.30 3.45			
	PPP PPP X0 X0 XXX			
3	247 Kahns, Michaela	Seattle Paci	3.30m	10-10.00
	2.85 3.00 3.15 3.30 3.45			
	PPP 0 0 0 XXX			
3	427 Dingel, Aleksei	Washington	3.30m	10-10.00
	2.85 3.00 3.15 3.30 3.45			
	PPP PPP XX0 X0 XXX			
3	357 Ho, Candace	Unat - U W	3.30m	10-10.00
	2.85 3.00 3.15 3.30 3.45			
	PPP 0 X0 X0 XXX			
3	431 Goodkin, Jessica	Washington	3.30m	10-10.00
	2.85 3.00 3.15 3.30 3.45			
	PPP PPP X0 0 XXX			
9	343 Hess, Jenna	Trinity West	3.15m	10-04.00
	2.85 3.00 3.15 3.30			
	PPP X0 X0 XXX			
9	38 Hall, Amanda	Cal St. Stan	3.15m	10-04.00
	2.85 3.00 3.15 3.30			
	PPP PPP 0 XXX			
9	341 Evans, Madison	Trinity West	3.15m	10-04.00
	2.85 3.00 3.15 3.30			
	X0 0 0 XXX			
12	249 Louie, Michelle	Seattle Paci	3.00m	9-10.00
	2.85 3.00 3.15			
	PPP 0 XXX			
12	261 Webster, Madi	Seattle Paci	3.00m	9-10.00
	2.85 3.00 3.15			
	0 0 XXX			
12	93 Madrigal, Chardali	Eastern Wash	3.00m	9-10.00
	2.85 3.00 3.15			
	PPP XX0 XXX			
15	489 Knope, Elizabeth	Western Wash	2.85m	9-04.25
	2.85 3.00			
	X0 XXX			
15	487 Huey, Leah	Western Wash	2.85m	9-04.25
	2.85 3.00			
	X0 XXX			
15	494 Paradee, Anna	Western Wash	2.85m	9-04.25
	2.85 3.00			
	XX0 XXX			
--	36 Butler, Lea	Cal St. Stan		NH
	2.85 3.00 3.15			
	PPP PPP XXX			



--	354	Zuniga, Ivonne	Trinity West	NH
	2.85	3.00	3.15	3.30
	PPP	PPP	PPP	XXX
--	456	Zinsli, Kaitlin	Washington	NH
	2.85	3.00	3.15	
	PPP	PPP	XXX	
--	185	Haun, Helen Ann	Oregon State	NH
	2.85	3.00	3.15	
	PPP	PPP	XXX	

Flight 2

1	445	Planell Cruz, Diam	Washington	4.05m	13-03.50
	3.45	3.60	3.75	3.90	4.05
	4.20	PPP	PPP	X0	0
				0	XXX
2	80	Bray, Courtney	Eastern Wash	3.90m	12-09.50
	3.45	3.60	3.75	3.90	4.05
		PPP	PPP	0	0
				XXX	
2	446	Quick, Elizabeth	Washington	3.90m	12-09.50
	3.45	3.60	3.75	3.90	4.05
		PPP	PPP	0	0
				XXX	
2	442	Owsinski, Kristina	Washington	3.90m	12-09.50
	3.45	3.60	3.75	3.90	4.05
		PPP	PPP	X0	0
				XXX	
5	75	Fagen, Talitha	Eastern Oreg	3.75m	12-03.50
	3.45	3.60	3.75	3.90	
		0	0	0	XXX
6	52	Emmert, McKenna	Central Wash	3.60m	11-09.75
	3.45	3.60	3.75		
		X0	X0	XXX	
6	384	Webber, Kirsten	Unattached	3.60m	11-09.75
	3.45	3.60	3.75		
		0	XX0	XXX	
8	320	Jacques, Taylore	Stanford	3.45m	11-03.75
	3.45	3.60			
		X0	XXX		
8	82	Clark, Erin	Eastern Wash	3.45m	11-03.75
	3.45	3.60			
		X0	XXX		
--	81	Clark, Anandae	Eastern Wash	NH	
	3.45	3.60			
		PPP	XXX		
--	358	Krussow, Madi	Unat - U W	NH	
	3.45				
		XXX			
--	125	Black, Natasha	Hawaii	NH	
	3.45				
		XXX			

Women Long Jump

Dempsey: ! 21-06 2/19/2013 Grace Upshaw, Brittney Reese, Nike  
 Meet: M 21-00 1/17/2009 Akiba McKinney, Unattached

Name Year School Finals

Flight 1

1	223 Settle, Genna	Portland Sta	5.40m	17-08.75
	5.40m FOUL 5.19m			
2	294 Lazecki, Natasha	Simon Fraser	5.24m	17-02.25
	5.21m 5.24m 5.19m			
3	196 Rust, Kaylene	Oregon State	5.19m	17-00.50
	5.01m FOUL 5.19m			
4	47 Anderson, Ali	Central Wash	5.08m	16-08.00
	FOUL 4.75m 5.08m			
5	356 Budinich, Ericka	Washington	5.04m	16-06.50
	5.04m FOUL FOUL			
6	278 Sparkman, Maia	Seattle U.	5.03m	16-06.00
	5.03m 4.92m 4.73m			
7	283 Brown, Ella	Simon Fraser	4.89m	16-00.50
	4.83m 4.89m 4.78m			
8	144 Greenaway, Kiera	Legacy Athle	4.88m	16-00.25
	4.88m 4.84m 4.64m			
9	136 Vazquez, Feliciann	Hawaii	4.81m	15-09.50
	4.62m FOUL 4.81m			
10	288 Fedor, Kye	Simon Fraser	4.76m	15-07.50
	4.57m 4.73m 4.76m			
11	15 Hawkins, Julia	British Colu	4.61m	15-01.50
	4.61m FOUL FOUL			
12	64 Dorsey, Lindsey	Concordia (O	4.55m	14-11.25
	4.50m 4.49m 4.55m			
13	366 Fraser, Ashleigh	Unattached	4.11m	13-06.00
	4.11m FOUL FOUL			
14	90 Koon, Selina	Eastern Wash	3.91m	12-10.00
	FOUL 3.91m 3.87m			

Flight 2

1	375 morrison, skye	Unattached	5.97m	19-07.00
	5.97m FOUL 5.93m FOUL	FOUL PASS		
2	173 Varela, Madelayne	Oregon	5.80m	19-00.50
	FOUL FOUL 5.51m FOUL	5.80m FOUL		
3	451 Stueckle, Kimberly	Washington	5.48m	17-11.75
	5.29m 5.48m 5.35m			
4	235 Brannan, Kyra	Seattle Paci	5.42m	17-09.50
	5.42m FOUL 4.80m			
5	386 Williams, Brittni	Unattached	5.39m	17-08.25
	5.37m 5.39m 5.15m			
6	415 Adler, Kate	Washington	5.37m	17-07.50
	5.37m 5.26m FOUL			
7	234 Baldwin, Tasia	Seattle Paci	5.32m	17-05.50
	5.32m FOUL FOUL			
8	199 Turney, Michele	Oregon State	5.28m	17-04.00

	5.26m	5.28m	4.98m				
9	193 McNairy, Saskia			Oregon State	5.23m	17-02.00	
	5.14m	5.23m	FOUL				
10	105 Russell, Peyton			Flying Aj's	5.19m	17-00.50	
	FOUL	5.09m	5.19m				
11	187 Howard, Lucinda			Oregon State	5.11m	16-09.25	
	5.04m	5.11m	4.95m				
12	204 Maus, Katherine			Portland	5.10m	16-08.75	
	4.02m	5.10m	4.95m				
13	56 Ortega, HarLee			Central Wash	5.09m	16-08.50	
	5.09m	4.95m	4.88m				
14	377 Pavlenko, Lydia			Unattached	4.62m	15-02.00	
	4.62m	4.40m	4.37m				
15	481 Moore, Sam			Western Oreg	4.21m	13-09.75	
	FOUL	4.11m	4.21m				
--	191 Mason, Kaitlyn			Oregon State		ND	
	ND	ND	ND				

### Flight 3

1	337 Allen, Claudette			Trinity West	5.89m	19-04.00	
	5.75m	5.88m	5.89m	5.78m	5.80m	5.85m	
2	421 Bouyer, Kennadi			Washington	5.88m	19-03.50	
	FOUL	5.88m	PASS	5.70m	5.55m		
3	346 Nettey, Sabrina			Trinity West	5.86m	19-02.75	
	4.41m	5.61m	FOUL	FOUL	5.68m	5.86m	
3	396 Faulknor, Alexis			USC	5.86m	19-02.75	
	5.42m	5.55m	FOUL	5.86m			
5	401 Richards, Madisen			USC	5.74m	18-10.00	
	5.74m	5.51m	5.67m	5.61m			
6	385 Williams, Brandi			Unattached	5.72m	18-09.25	
	5.72m	FOUL	5.65m	5.47m			
7	314 Forbes, Carla			Stanford	5.63m	18-05.75	
	5.42m	5.53m	5.29m	5.49m	5.63m	5.59m	
8	184 Hallock, Kara			Oregon State	5.48m	17-11.75	
	FOUL	FOUL	5.48m				
9	106 James-Hheard, Saudi			Flying Aj's	5.47m	17-11.50	
	5.47m	FOUL	5.22m				
10	104 Okoronkwo, Chinne			Flying Aj's	5.43m	17-09.75	
	5.43m	5.41m	5.10m				
11	171 Thomas, Claire			Oregon	5.36m	17-07.00	
	FOUL	5.36m	FOUL				
12	352 Wear, Robyn			Trinity West	5.32m	17-05.50	
	5.32m	5.07m	5.16m				
13	316 Gayles, Daryth			Stanford	5.17m	16-11.50	
	FOUL	5.17m	FOUL				
--	134 Santiago, Zhane			Hawaii		FOUL	
	FOUL	FOUL	FOUL				
--	23 Harden, Chantiel			Cal St. Los		FOUL	
	FOUL	FOUL	FOUL				

## Women Triple Jump

Dempsey: ! 45-07.25 2/26/2005 Erica McLain, Stanford

Meet: M 43-08 1/14/2012 Erica McLain, Unattached

Name Year School Finals

### Flight 1

1	314 Forbes, Carla	Stanford	12.17m	39-11.25
	11.82m 11.63m 11.56m	12.10m 11.66m 12.17m		
2	49 Cronic, Kelly	Central Wash	11.37m	37-03.75
	11.37m FOUL FOUL			
3	386 Williams, Brittni	Unattached	11.31m	37-01.25
	10.04m 10.86m 11.31m			
4	209 Arlauska, Sierra	Portland Sta	11.29m	37-00.50
	FOUL FOUL 11.29m			
5	218 Jones, D'Nara	Portland Sta	11.20m	36-09.00
	FOUL 11.20m 11.01m FOUL	PASS PASS		
6	132 Phillips, Kayla	Hawaii	10.91m	35-09.50
	10.79m 10.91m 10.91m			
7	282 Broomfield, Robyn	Simon Fraser	10.89m	35-08.75
	10.61m 10.89m 10.50m			
8	283 Brown, Ella	Simon Fraser	10.81m	35-05.75
	FOUL 10.81m 10.72m			
9	98 Murphy, Megan	Eastern Wash	10.63m	34-10.50
	10.63m 10.39m 10.58m			
10	15 Hawkins, Julia	British Colu	10.53m	34-06.75
	10.22m 10.53m 10.10m	FOUL FOUL FOUL		
11	56 Ortega, HarLee	Central Wash	10.11m	33-02.00
	FOUL 10.11m 9.75m 12.63m	12.79m 13.33m		
12	377 Pavlenko, Lydia	Unattached	9.82m	32-02.75
	9.78m 9.82m FOUL			
13	366 Fraser, Ashleigh	Unattached	9.81m	32-02.25
	FOUL 9.26m 9.81m			
14	64 Dorsey, Lindsey	Concordia (O	9.78m	32-01.00
	9.37m 9.55m 9.78m			
15	422 Burr, Savannah	Washington	9.76m	32-00.25
	FOUL FOUL 9.76m			
16	28 Roncalli, Carolina	Cal St. Los	9.59m	31-05.75
	FOUL 9.59m 9.29m			

### Flight 2

1	394 Cox, Melia	USC	12.23m	40-01.50
	10.38m FOUL 12.23m			
2	104 Okoronkwo, Chinne	Flying Aj's	12.07m	39-07.25
	FOUL 12.03m 12.07m			
3	425 Coker, Alanna	Washington	12.03m	39-05.75
	12.03m 11.93m FOUL 11.80m	11.73m FOUL		
4	321 Kwiatkowski, Maris	Stanford	11.99m	39-04.00
	11.96m 11.71m 11.89m	11.93m 11.99m 11.91m		
5	135 Toliver, Rachel	Hawaii	11.76m	38-07.00
	11.58m 11.40m 11.58m	11.10m 11.35m 11.76m		
6	447 Roland, Jaleecia	Washington	11.69m	38-04.25

	11.69m	FOUL	11.24m	FOUL	FOUL	PASS		
7	95	Mannucci, Morena			Eastern Wash		11.60m	38-00.75
	11.18m	FOUL	11.60m	11.38m	FOUL			
8	106	James-Heard, Saudi			Flying Aj's		11.58m	38-00.00
	FOUL	11.49m	11.46m	FOUL	11.40m	11.58m		
9	173	Varela, Madelayne			Oregon		11.35m	37-03.00
	11.35m	FOUL	11.34m					
10	222	Richey, Ta'Mara			Portland Sta		11.33m	37-02.25
	11.33m	FOUL	11.09m					
11	204	Maus, Katherine			Portland		11.21m	36-09.50
	10.90m	11.03m	11.21m					
12	105	Russell, Peyton			Flying Aj's		11.18m	36-08.25
	11.08m	11.08m	11.18m					
13	380	Sideris, Gayle			Unattached		11.00m	36-01.25
	10.92m	FOUL	11.00m					
14	70	Siltman, Rachel			Concordia (O		10.76m	35-03.75
	10.65m	10.76m	10.53m					
--	479	Laible, Rebecca			Western Oreg		FOUL	
	FOUL	FOUL	FOUL					

#### Women Shot Put

Dempsey: ! 60-08.75 2/1/2014 Tia Brooks, Nike  
 Meet: M 55-01 1/14/2006 Kristin Heaston, Nike

Name	Year	School	Finals
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#### Flight 1

1	195	Picknell, Rachel			Oregon State		12.53m	41-01.50
		FOUL	11.84m	12.53m				
2	477	Green, Alex			Western Oreg		12.45m	40-10.25
		12.45m	11.88m	FOUL				
3	230	Neale, Kirby			Saint Martin		12.07m	39-07.25
		11.49m	11.70m	12.07m				
3	217	Johnson, Sydney			Portland Sta		12.07m	39-07.25
		11.85m	12.07m	11.38m				
5	491	Mortensen, Megan			Western Wash		11.74m	38-06.25
		10.91m	11.74m	FOUL				
6	252	Markham, Sammi			Seattle Paci		11.71m	38-05.00
		11.71m	10.88m	11.43m				
7	177	Byrd, McKenzie			Oregon State		11.52m	37-09.50
		11.43m	11.46m	11.52m				
8	92	Loop, Kayla			Eastern Wash		11.45m	37-06.75
		11.45m	11.44m	11.44m				
9	188	Ingraham, Tricia			Oregon State		11.01m	36-01.50
		10.94m	10.78m	11.01m				
10	473	Cook, Allison			Western Oreg		10.55m	34-07.50
		10.55m	10.24m	10.09m				
11	34	Alnas, Krystal			Cal St. Stan		9.56m	31-04.50
		9.46m	FOUL	9.56m				
12	450	Smith, C.J.			Washington		9.04m	29-08.00
		9.04m	8.32m	8.82m				

13	356 Budinich, Ericka	Washington	8.69m	28-06.25
	8.10m 8.30m 8.69m			
14	418 Baron, Ciana	Washington	8.50m	27-10.75
	8.50m 7.77m 7.81m			
Flight 2				
1	428 Flint, Gina	Washington	15.68m	51-05.50
	13.63m 14.26m 15.16m 14.56m 15.16m 15.68m			
2	402 Sapa, Tanya	USC	14.77m	48-05.50
	14.77m 14.76m FOUL FOUL FOUL FOUL			
3	400 Novy, Tera	USC	14.61m	47-11.25
	14.06m 14.35m FOUL 14.44m 14.61m FOUL			
4	129 Ioane, Charlinda	Hawaii	14.19m	46-06.75
	FOUL FOUL 13.21m 13.21m FOUL 14.19m			
5	133 Porlier-Langlois,	Hawaii	13.97m	45-10.00
	12.98m FOUL 13.21m 13.97m FOUL 13.89m			
6	318 Hammar, Rebecca	Stanford	13.71m	44-11.75
	FOUL 13.67m FOUL 13.68m 13.71m FOUL			
7	83 Colman, Kaytlyn	Eastern Wash	13.57m	44-06.25
	13.57m 12.84m FOUL FOUL 12.59m 12.56m			
8	426 Coleman, Bev	Washington	13.55m	44-05.50
	13.39m 13.55m 13.15m FOUL 12.61m 13.10m			
9	333 Rabing, Maddie	Super Throwe	13.13m	43-01.00
	12.98m FOUL 13.13m 12.60m 12.68m 12.70m			
10	100 Romey, Morgan	Eastern Wash	12.98m	42-07.00
	12.79m 12.98m 12.59m			
11	472 Collier, Emmi	Western Oreg	12.86m	42-02.25
	12.86m 12.06m 11.24m			
12	86 Forcier, Kelsie	Eastern Wash	12.69m	41-07.75
	12.69m 12.41m FOUL			
13	438 Leatherman, Lyndsa	Washington	12.50m	41-00.25
	12.50m 11.93m 12.05m			
14	453 Toeaina, Alyx	Washington	12.22m	40-01.25
	12.02m 12.22m FOUL			
--	51 Duhamel, Becki	Central Wash	FOUL	
	FOUL FOUL FOUL			

### Women Weight Throw

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Dempsey: !	72-06.25	2/10/2007	Loree Smith, NYAC	
Meet: M	62-10.75	1/19/2008	Caressa Sims, Portland State	
Name	Year	School	Finals	
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### Flight 1

1	42 Mckee, Lindsay	Cal St. Stan	17.37m	57-00.00
	FOUL 16.13m 17.37m 16.08m 16.21m 16.74m			
2	86 Forcier, Kelsie	Eastern Wash	16.11m	52-10.25
	15.77m 15.63m 16.11m 16.11m FOUL FOUL			
3	453 Toeaina, Alyx	Washington	15.06m	49-05.00
	13.77m 15.06m 14.29m			
4	423 Chibuogwu, Onyie	Washington	14.88m	48-10.00
	14.85m FOUL 14.88m			

5	34 Alnas, Krystal 14.22m 14.29m 14.41m	Cal St. Stan	14.41m	47-03.50
6	138 Botsis, Chanell 13.95m 14.35m FOUL	Kajaks T&F	14.35m	47-01.00
7	133 Porlier-Langlois, 14.29m 14.09m 12.91m	Hawaii	14.29m	46-10.75
8	143 Rasche, Teagan 14.11m 14.19m 14.09m	Langley Must	14.19m	46-06.75
9	55 Moore, Dorothy 13.61m 13.73m FOUL	Central Wash	13.73m	45-00.50
10	333 Rabing, Maddie FOUL 12.49m 13.64m	Super Throwe	13.64m	44-09.00
11	129 Ioane, Charlinda 13.51m 13.23m 13.10m	Hawaii	13.51m	44-04.00
12	232 Rodgers, Angel FOUL 12.61m 11.86m	Saint Martin	12.61m	41-04.50
13	141 Wideski, Valerie 11.40m FOUL 12.43m	Kajaks T&F	12.43m	40-09.50
14	195 Picknell, Rachel 12.11m 12.14m FOUL	Oregon State	12.14m	39-10.00
15	127 Donovan, Jacquelin 11.66m 9.75m 11.55m	Hawaii	11.66m	38-03.25
Flight 2				
1	381 Sims, Caressa 18.12m 17.82m 17.17m 17.89m FOUL 17.42m	Unattached	18.12m	59-05.50
2	83 Colman, Kaytlyn 14.52m 15.63m 15.14m FOUL 17.54m 17.35m	Eastern Wash	17.54m	57-06.50
3	97 Murillo, Emma FOUL 15.40m 15.75m FOUL 16.56m FOUL	Eastern Wash	16.56m	54-04.00
4	140 Rogers, Camryn 15.72m 16.55m FOUL FOUL 16.10m 15.38m	Kajaks T&F	16.55m	54-03.75
5	51 Duhamel, Becki 16.12m 16.51m FOUL FOUL FOUL FOUL	Central Wash	16.51m	54-02.00
6	426 Coleman, Bev 15.90m 15.99m 15.95m 15.45m 15.61m 15.62m	Washington	15.99m	52-05.50
7	164 Middlebrooks, Made 15.00m 15.57m 15.38m FOUL FOUL FOUL	Oregon	15.57m	51-01.00
8	96 Midles, Olivia 15.28m 15.38m 14.49m	Eastern Wash	15.38m	50-05.50
9	432 Gravelle, Carolyn 13.69m 15.09m 14.58m	Washington	15.09m	49-06.25
10	139 Covington, Autumn 14.83m FOUL 15.08m	Kajaks T&F	15.08m	49-05.75
11	92 Loop, Kayla FOUL 14.73m 15.01m	Eastern Wash	15.01m	49-03.00
12	230 Neale, Kirby 14.37m 13.55m 13.61m	Saint Martin	14.37m	47-01.75
13	66 Mattos, Jessica 12.58m 14.07m 13.53m	Concordia (O	14.07m	46-02.00
14	382 Wardsworth, Katie FOUL 13.24m FOUL	Unattached	13.24m	43-05.25

## Men 60 Meter Dash

Dempsey: ! 6.58 1/15/2011 Josh Norman, Unattached			
Meet: M 6.58 1/15/2011 Josh Norman, Unattached			
Name	Year	School	Prelims
Heat 1 Preliminaries			
1	933	Donigian, Alex	Western Wash 6.79q
2	893	Strong, Lucas	Washington 6.93
3	569	Swillie, Isaac	Flying Aj's 7.08
4	665	Schmidt, Spenser	Portland Sta 7.09
5	825	Perkins, Tony	Unattached 7.18
Heat 2 Preliminaries			
1	594	Bailey, Ryan	Nike/Ultimate Sp M 6.57q
2	882	Marshall, Travis	Washington 6.84q
3	516	Abosi, Stephen	British Colu 6.88q
4	523	McKinney, Kent	Central Wash 6.92
5	662	Prince, Sheldon	Portland Sta 7.10
Heat 3 Preliminaries			
1	695	Collins, Daveon	Seattle Spee 6.76q
2	829	Schrage, Harrison	Unattached 6.95
3	783	Linde, James	Trinity West 6.99
4	927	Warner, Cody	Western Oreg 7.00
5	621	Moore, Nate	Oregon 7.06
Heat 4 Preliminaries			
1	790	Morris, Joe	Ultimate Speed A M 6.58q
2	844	De Grasse, Andre	USC 6.63q
3	847	Lee, Beejay	USC 6.71q
4	888	Satterwhite, Quade	Washington 6.91
5	565	VanAssche, Jeremy	Eastern Wash 6.92
6	651	Shellmire, Julius	Portland 7.19

## Men 60 Meter Dash Qualificatio

Dempsey: ! 6.58 1/15/2011 Josh Norman, Unattached			
Meet: M 6.58 1/15/2011 Josh Norman, Unattached			
Name	Year	School	Prelims
Heat 1 Preliminaries			
1	662	Prince, Sheldon	Portland Sta 7.07Q
2	536	Felix, Glen	Concordia (O 7.18
3	671	Ransom, Malcolm	R.A.W. Speed 7.24
4	886	Pfeiffer, Nick	Washington 7.28
5	884	Murray, Carson	Washington 7.60
Heat 2 Preliminaries			
1	825	Perkins, Tony	Unattached 7.03Q
2	569	Swillie, Isaac	Flying Aj's 7.04q
3	813	Johnson, Richard	Unattached 7.11
4	562	Nnadi, Obinna	Eastern Wash 7.12
5	828	Schlachter, Zac	Unattached 7.22



Heat	3 Preliminaries		
1	790 Morris, Joe	Ultimate Speed A	6.63Q
2	927 Warner, Cody	Western Oreg	6.96q
3	794 Lao, Howard	Unat - U W	7.05q
4	657 Gable, Mitchell	Portland Sta	7.27
Heat	4 Preliminaries		
1	893 Strong, Lucas	Washington	6.91Q
2	523 McKinney, Kent	Central Wash	6.95q
3	651 Shellmire, Julius	Portland	7.08q
4	798 adekanbi, oladdime	Unattached	7.11
5	769 Ayin, Nicholas	Trinity West	7.12
6	875 Jensen, Cole	Washington	7.33
Heat	5 Preliminaries		
1	594 Bailey, Ryan	Nike/Ultimate Sp	6.69Q
2	839 Winfrey, Khalil	Unattached	7.16
3	558 Caviezel, Kyle	Eastern Wash	7.25
4	815 Kelly, Devin	Unattached	7.28
5	819 Lewis, Nevin	Unattached	7.41
Heat	6 Preliminaries		
1	829 Schrage, Harrison	Unattached	6.95Q
2	565 VanAssche, Jeremy	Eastern Wash	7.01q
3	542 Ortiz, Carlos	Concordia (O	7.10
4	931 Binkerd, Alex	Western Wash	7.18
5	800 Bailey, Ta'masz	Unattached	7.50
Heat	7 Preliminaries		
1	883 McNeal, Maurice	Washington	6.98Q
2	783 Linde, James	Trinity West	6.99q
3	665 Schmidt, Spenser	Portland Sta	7.02q
4	516 Abosi, Stephen	British Colu	7.05q
5	561 Garcia, Jose	Eastern Wash	7.17
6	696 Diaz, Chris	Seattle Spee	7.22

#### Men 60 Meter Dash

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Dempsey: ! 6.58 1/15/2011 Josh Norman, Unattached

Meet: M 6.58 1/15/2011 Josh Norman, Unattached

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Name	Year	School	Finals
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#### Section 1 Finals

1	695 Collins, Daveon	Seattle Spee	6.67
2	933 Donigian, Alex	Western Wash	6.72
3	882 Marshall, Travis	Washington	6.84

#### Section 2 Finals

1	790 Morris, Joe	Ultimate Speed A	6.55M
2	844 De Grasse, Andre	USC	6.63
3	847 Lee, Beejay	USC	6.69

Men 200 Meter Dash

Dempsey: ! 20.84 2/13/2010 Ryan Bailey, Nike			
Meet: M 20.88 1/18/2014 Aaron Brown, USC			
Name	Year	School	Finals
<b>Section 1</b>			
1	800	Bailey, Ta'masz	Unattached 22.98
2	817	kraus, jacob	Unattached 23.17
<b>Section 2</b>			
1	813	Johnson, Richard	Unattached 23.23
2	693	Straker, RJ	Seattle Paci 23.36
3	718	Dhillon, Hameet	Simon Fraser 23.58
4	932	DeHart, Jaric	Western Wash 24.76
<b>Section 3</b>			
1	562	Nnadi, Obinna	Eastern Wash 22.99
2	668	Wood, Christian	Portland Sta 23.31
3	561	Garcia, Jose	Eastern Wash 23.52
4	823	Nystrom, Evan	Unattached 24.34
<b>Section 4</b>			
1	701	Cowan, Jason	Seattle U. 23.16
2	807	Daniels, Mark	Unattached 23.80
<b>Section 5</b>			
1	779	Innes, Calum	Trinity West 22.52
2	516	Abosi, Stephen	British Colu 22.60
3	739	Hirota, Christoph	Speed Unlimi 24.43
<b>Section 6</b>			
1	828	Schlachter, Zac	Unattached 22.90
2	815	Kelly, Devin	Unattached 23.32
<b>Section 7</b>			
1	565	VanAssche, Jeremy	Eastern Wash 22.10
2	542	Ortiz, Carlos	Concordia (O 22.28
3	651	Shellmire, Julius	Portland 22.51
4	839	Winfrey, Khalil	Unattached 23.32
<b>Section 8</b>			
1	933	Donigian, Alex	Western Wash 21.67
2	624	Thiel, Ben	Oregon 22.08
<b>Section 9</b>			
1	847	Lee, Beejay	USC 21.54
2	735	Webster, Joel	Simon Fraser 22.14
3	769	Ayin, Nicholas	Trinity West 22.97
4	684	Ferguson, David	Seattle Paci 23.09
<b>Section 10</b>			
1	591	Berry, Mike	Nike 21.44
2	604	Chambers, Marcus	Oregon 21.57
3	931	Binkerd, Alex	Western Wash 22.69
4	710	Thummel-Gravitt, A	Seattle U. 23.00
<b>Section 11</b>			
1	695	Collins, Daveon	Seattle Spee 21.52
2	616	Latt, Jordan	Oregon 22.07
3	610	Galpin, Jack	Oregon 22.36

4	834 Taylor, Bennett	Unattached	22.87
5	536 Felix, Glen	Concordia (O	23.29

#### Men 400 Meter Dash

Dempsey: ! 46.03 3/1/2013 Mike Berry, Oregon  
 Meet: M 46.39 1/18/2003 Ja'Warren Hooker, Asics

Name	Year	School	Finals
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#### Section 1

1	518 Kellner, Thomas	British Colu	50.86
2	947 Wilson, Jade	Western Wash	51.26
3	508 Cardoza, Garrett	AUC	52.20
4	920 Holmberg, AJ	Western Oreg	52.39
5	807 Daniels, Mark	Unattached	52.83

#### Section 2

1	804 Body, Julian	Unattached	49.61
2	547 Seifert, Peter	Concordia (O	50.37
3	803 Bloom, Samuel	Unattached	51.23
4	659 Nixon, Cole	Portland Sta	51.43
5	668 Wood, Christian	Portland Sta	51.59

#### Section 3

1	688 Lopez, Mario	Seattle Paci	49.91
2	827 Rouser, Garrett	Unattached	49.94
3	938 McArthur, Ryan	Western Wash	50.27
4	740 McNaughton, Ian	Speedlab	50.80
5	636 Fekete, Shane	Portland	53.02

#### Section 4

1	689 Moreton, Chris	Seattle Paci	49.94
2	819 Lewis, Nevin	Unattached	50.41
3	601 Macklin, Aiden	NorWesters	52.27

#### Section 5

1	757 Shumway, Jackson	Stanford	48.48
2	661 Pfefferkorn, Hunte	Portland Sta	50.33
3	928 Whitaker, Aaron	Western Oreg	51.40
4	602 Aono, Michael	Ocean Atheti	51.66

#### Section 6

1	861 Taylor, Nick	Uvic Track C	49.25
2	616 Latt, Jordan	Oregon	49.30
3	657 Gable, Mitchell	Portland Sta	49.80
4	564 Upmeyer, Austin	Eastern Wash	50.06

#### Section 7

1	790 Morris, Joe	Ultimate Speed A	48.16
2	753 Kurtz, Frank	Stanford	49.48
3	653 Thieleke, Korey	Portland	49.62
4	726 Kelloway, Daniel	Simon Fraser	50.14

#### Section 8

1	848 Morgan, Ricky	USC	47.63
2	900 Allen, CJ	Washington S	47.74
3	735 Webster, Joel	Simon Fraser	48.45
4	801 Beaumont-Russell,	Unattached	50.21

## Section 9

1	662 Prince, Sheldon	Portland Sta	48.62
2	594 Bailey, Ryan	Nike/Ultimate Sp	48.76
3	834 Taylor, Bennett	Unattached	51.51

## Men 600 Meter Run

Meet: M 1:17.74 1/12/2013 Maurice McNeal, Washington

Name Year School Finals

## Section 1

1	906 Redman, Hironmoy	Washington S	1:22.29
2	747 Dolese, Colin	Stanford	1:23.04
3	550 Gravatt, Philip	Eastern Oreg	1:23.28
4	796 Schlossman, Aaron	Unat - U W	1:23.55
5	901 Brunson, Daquon	Washington S	1:23.77
6	554 Zyph, Tyler	Eastern Oreg	1:24.09
7	703 Goolsby, Tyler	Seattle U.	1:31.96

## Section 2

1	909 Swanson, Matthew	Washington S	1:19.20
2	567 Jones, Les	Evergreen St	1:23.19
3	896 Tipton, Kaid	Washington	1:23.31
4	781 Kits, Aiden	Trinity West	1:24.32
5	605 Delgado, Joe	Oregon	1:24.53
6	620 Modin, Mitch	Oregon	1:25.34
7	615 Kemp, Blake	Oregon	1:26.36
8	607 Fellows, Alec	Oregon	1:28.85

## Section 3

1	609 Franzmair, Niki	Oregon	1:19.36
2	895 Thomas, Michael	Washington	1:19.59
3	887 Prentice, Andrew	Washington	1:19.59
4	771 DeGroot, Andrew	Trinity West	1:22.92
5	777 Harrison, Connor	Trinity West	1:27.17
--	855 Penner, Isaac	Uvic Track C	DNF

## Section 4

1	830 Sealby, Jacob	Unattached	1:17.81
2	860 Smith, Tyler	Uvic Track C	1:18.07
3	857 Restall, Brendon	Uvic Track C	1:20.04
4	611 Grosvenor, Grant	Oregon	1:21.75
5	870 Daigre, Derrick	Washington	1:23.12

## Section 5

1	509 Berian, Boris	Big Bear Tra	1:18.03
2	812 Howell, James	Unattached	1:19.08
3	754 Lefebure, Luke	Stanford	1:19.34
4	854 Paul Morris, Adam	Uvic Track C	1:19.75
5	835 Thornton, Nicholas	Unattached	1:19.83

## Men 800 Meter Run

Dempsey: ! 1:46.36 2/13/2010 Andrew Wheating, Oregon

Meet: M 1:49.10 1/19/2008 Raphael Asafo-Agyei, Trafford AC

Name	Year	School	Finals
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### Section 1

1	663	Richardson, Ben	Portland Sta	1:56.31
2	655	Brown, T-Roy	Portland Sta	1:56.75
3	925	Stash, Chris	Western Oreg	1:58.20
4	571	Beard, Mitchell	Gonzaga	1:59.74
5	675	Hughey, Mitchell	Saint Martin	2:00.05
6	910	Williams, Michael	Washington S	2:00.79
7	682	Avischious, Adam	Seattle Paci	2:03.13
8		Cranshaw, Dominic	Unattached	2:04.00

### Section 2

1	732	Trummer, Max	Simon Fraser	1:56.00
2	902	Hoerner, Frankie	Washington S	1:57.05
3	719	Ellenwood, Stuart	Simon Fraser	1:57.28
4	721	Freinhofer, Dylan	Simon Fraser	1:59.78
5	528	Wojtech, John	Central Wash	2:04.70

### Section 3

1	845	Ford, Robert	USC	1:52.70
2	677	Krause, Frank	Saint Martin	1:54.21
3	568	Jones, Wes	Evergreen St	1:54.97
4	760	White, Christian	Stanford	1:54.97
5	805	Buck, Owen	Unattached	1:55.45
6	923	Naffziger, Sam	Western Oreg	1:55.96
7	820	Martore, Anthony	Unattached	1:56.07

### Section 4

1	514	Jager, Evan	Bowerman TC Pro	1:50.13
2	513	Bayer, Andy	Bowerman TC Pro	1:52.78
3	752	Kucera, Nathaniel	Stanford	1:54.14
4	824	perezchica, andres	Unattached	1:56.04
5	838	Wilkie, Mark	Unattached	1:56.90
6	797	Russell, Spencer	Portland Sta	1:57.45

## Men 1000 Meter Run

Meet: M 2:21.77 1/18/2014 Tyler Mulder, OTC Elite

Name	Year	School	Finals
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### Section 1

1	746	Dinger, Tai	Stanford	2:28.71
2	748	Drinkwater, Will	Stanford	2:29.66
3	899	Williams, Keith	Washington	2:29.90
4	784	Marshall, Adam	Trinity West	2:30.11
5	772	DeJong, Caleb	Trinity West	2:31.15
6	567	Jones, Les	Evergreen St	2:32.26
7	782	Lam, James	Trinity West	2:32.59
8	597	Ferguson, Jonathan	Northwest U.	2:33.96

9	859 Schiavone, Trevor	Uvic Track C	2:34.11
10	922 Marson, Parker	Western Oreg	2:41.45
11	919 Hanna, Josh	Western Oreg	3:25.32

#### Section 2

1	592 Centrowitz, Matthe	Nike Oregon	2:19.53M
2	514 Jager, Evan	Bowerman TC Pro	2:20.39M
3	511 Guerrero, Daniel	Big Bear Tra	2:22.41
4	513 Bayer, Andy	Bowerman TC Pro	2:22.69
5	742 Bertolotti, Marco	Stanford	2:23.55
6	745 Coyle, Thomas	Stanford	2:23.78
7	551 Roelle, Hans	Eastern Oreg	2:26.81
8	865 Blume, Kyle	Washington	2:27.90

#### Men 1 Mile Run

Dempsey: ! 3:54.52 2/12/2011 Chris Solinsky, Nike  
 Meet: M 3:56.72 1/13/2007 Nick Symmonds, OTC

Name	Year	School	Finals
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#### Section 1

1	939 McCranie, Cody	Western Wash	4:15.77
2	715 Charlton, Braeden	Simon Fraser	4:20.29
3	712 Fletcher, Ben	SFRR	4:21.58
4	538 Kirkov, Roman	Concordia (O	4:22.12
5	736 Wong, Brendan	Simon Fraser	4:23.11
6	707 Rodrigues, Louis	Seattle U.	4:23.68
7	532 VanDooren, Tyler	Club Northwe	4:24.11
8	836 Trapp, Austin	Unattached	4:24.60
9	522 DeKoker, Steve	Brooks	4:25.34
10	765 England, Jake	Tacoma City	4:26.18
11	585 Wendle, Graham	Gonzaga	4:28.49
12	773 DeJong, Tyler	Trinity West	4:31.20
13	528 Wojtech, John	Central Wash	4:32.14

#### Section 2

1	728 Proceviat, Cameron	Simon Fraser	4:10.25
2	581 Pollard, Brandon	Gonzaga	4:10.69
3	580 Phillips, Andy	Gonzaga	4:11.76
4	734 Vugteveen, Travis	Simon Fraser	4:12.17
5	842 Andrews, Myles	USC	4:12.45
6	903 Jorgensen, Jesse	Washington S	4:12.85
7	655 Brown, T-Roy	Portland Sta	4:14.20
8	633 Borg, Chris	Portland	4:14.66
9	573 Fischer, Ned	Gonzaga	4:16.15
10	913 Beagley, Brady	Western Oreg	4:17.07
11	575 Garrard, Zac	Gonzaga	4:18.20
12	576 Goldizen, Ian	Gonzaga	4:19.44
13	656 Fleck, Nathan	Portland Sta	4:20.71
14	731 Tadesse, Ephraim	Simon Fraser	4:22.16

#### Section 3

1	751 Keelan, Jack	Stanford	4:06.25
2	856 Peterson, Cole	Uvic Track C	4:08.57

3	840 Withers, JK	Unattached	4:09.95
4	811 Garner, Eric	Unattached	4:10.49
5	622 Neuman, Travis	Oregon	4:10.89
6	768 Naden, Bennett	Track Club L	4:11.35
7	530 Chinchar, Michael	Club Northwe	4:11.57
8	789 White, Declan	Trinity West	4:11.86
9	877 King, Tyler	Washington	4:12.56
10	510 Gonzalez, Omar	Big Bear Tra	4:12.65
11	531 Ricardi, John	Club Northwe	4:16.41

Section 4

1	592 Centrowitz, Matthe	Nike Oregon	3:58.60
2	593 Levins, Cameron	Nike Oregon	3:58.75
3	755 McGorty, Sean	Stanford	3:59.34
4	756 Olson, Erik	Stanford	4:02.83
5	618 Leingang, Jake	Oregon	4:05.41
6	586 Gorman, Daniel	Halifast Ath	4:07.87
7	763 Ferris, Dylan	Strava TC	4:08.26
8	606 Elkaim, Jeramy	Oregon	4:09.48
9	629 harris, geoff	Oxford@8	4:09.97
10	627 Willyard, Brett	Oregon	4:10.06
11	595 Osako, Suguru	Nissin	4:10.85

Men 3000 Meter Run

Dempsey: ! 7:43.08 2/11/2012 Ryan Hill, NC State  
 Meet: M 7:54.57 1/18/2014 Luc Bruchet, British Columbia

Name	Year	School	Finals
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Section 1

1	504 Notz, Dominik	Alaska Ancho	8:33.33
2	699 Arroyo, Gus	Seattle U.	8:34.47
3	572 Branch, Kyle	Gonzaga	8:35.40
4	863 Weir, Ben	Uvic Track C	8:36.00
5	638 Forsee, Ben	Portland	8:36.92
6	635 Dillard, Alex	Portland	8:38.52
7	639 Haughey, Gabriel	Portland	8:41.19
8	700 Charbonneau, Joe	Seattle U.	8:43.43
9	505 Rooke, Kevin	Alaska Ancho	8:44.19
10	698 Arguinchona, Baxte	Seattle U.	8:44.62
11	646 Orndorf, Logan	Portland	8:45.35
12	640 Hay, Griffin	Portland	8:46.89
13	577 Lunder, Danny	Gonzaga	8:56.06
14	717 de Dalmases, Mateo	Simon Fraser	8:58.79
15	694 Wiley, Turner	Seattle Paci	9:03.79
16	908 Simpson, Alex	Washington S	9:19.08
17	702 Flannery, Tyler	Seattle U.	9:19.84

Section 2

1	873 Harris, Nick	Washington	8:17.71
2	729 Rouleau, Marc-Anto	Simon Fraser	8:19.41
3	574 Fraley, Troy	Gonzaga	8:21.77
4	725 Jorgensen, Oliver	Simon Fraser	8:22.54

5	862 Therrien, Cody	Uvic Track C	8:23.10
6	582 Roche, Nick	Gonzaga	8:23.65
7	553 Updike, Isaac	Eastern Oreg	8:26.10
8	770 De Schiffart, Joel	Trinity West	8:26.66
9	502 Anthony, Dylan	Alaska Ancho	8:27.47
10	907 Shaffer, Forrest	Washington S	8:28.14
11	795 Moussa, Mahmoud	Unat - U W	8:28.45
12	579 O'Neil, Colin	Gonzaga	8:29.22
13	503 Cheseto, Henry	Alaska Ancho	8:29.33
14	722 Gravel, Phillipe	Simon Fraser	8:34.43
15	809 Drummond, Russell	Unattached	8:40.08
16	780 Johnston, Blair	Trinity West	8:44.86
17	826 Rapp, Christopher	Unattached	8:56.75
18	515 Young, Stephen Jay	Bowerman Tra	9:00.22
19	652 Symmes, Keegan	Portland	9:06.80

### Section 3

1	614 Jablonski, Matt	Oregon	8:03.73
2	954 Fernandez, German	Bowerman TC Pro	8:04.59
3	853 Collin, Olivier	Uvic Track C	8:05.25
4	841 Zarda, Zach	Unattached	8:05.81
5	578 Milam, Willie	Gonzaga	8:07.66
6	793 Huxham, Fred	Unat - U W	8:08.38
7	519 Kent, Justin	British Colu	8:09.45
8	501 Huffer, Craig	Adidas	8:13.57
9	533 Clowes, Matthew	Concordia (O	8:14.21
10	892 Stevens, Johnathan	Washington	8:17.90
11	622 Neuman, Travis	Oregon	8:21.83
12	642 Kincaid, William	Portland	8:23.13
13	840 Withers, JK	Unattached	8:23.77
14	587 Avila, Eric	Hoka One One	8:29.27
15	631 Hunt, Theo	Point Grey T	8:39.74
16	630 Corbit, John	Point Grey T	8:54.24

### Men 60 Meter Hurdles

Dempsey: ! 7.61 2/1/2014 Ashton Eaton, Nike  
 Meet: M 7.77 1/18/2014 Johnathan Cabral, Oregon

Name	Year	School	Prelims
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#### Heat 1 Preliminaries

1	608 Ferguson, Trevor	Oregon	8.02q
2	849 Morris, Marquis	USC	8.21q
3	761 Williams, Harrison	Stanford	8.33
4	673 Durden, David	Saint Martin	8.57
5	620 Modin, Mitch	Oregon	8.65

#### Heat 2 Preliminaries

1	898 Williams, Chris	Washington	7.98q
2	852 Williams, Allen	USC	8.19q
3	911 Zmuda, Daniel	Washington S	8.25q
4	607 Fellows, Alec	Oregon	8.35
5	628 Grant, Chris	Overdrive Tr	8.42



## Heat 3 Preliminaries

1	779 Innes, Calum	Trinity West	8.30q
2	940 Milbrandt, Travis	Western Wash	8.33
3	900 Allen, CJ	Washington S	8.41
4	941 Myers, Logan	Western Wash	8.42
5	605 Delgado, Joe	Oregon	8.87

## Heat 4 Preliminaries

1	794 Lao, Howard	Unat - U W	8.23q
2	904 Kamara, Abu	Washington S	8.31q
3	804 Body, Julian	Unattached	8.40
4	890 Simpson, Eric	Washington	8.55
5	917 Dobson, Kaleb	Western Oreg	8.61

## Men 60 Meter Hurdles Qualificatio

Dempsey: ! 7.61 2/1/2014 Ashton Eaton, Nike

Meet: M 7.77 1/18/2014 Johnathan Cabral, Oregon

Name Year School Prelims

## Heat 1 Preliminaries

1	605 Delgado, Joe	Oregon	8.75Q
2	774 DeVisser, Andrew	Trinity West	8.87
3	914 Camarillo, Dustin	Western Oreg	8.91
4	918 Grothmann, Rihei	Western Oreg	9.07
5	880 Liebel, Devin	Washington	9.17

## Heat 2 Preliminaries

1	804 Body, Julian	Unattached	8.54Q
2	673 Durden, David	Saint Martin	8.57q
3	615 Kemp, Blake	Oregon	8.73

## Heat 3 Preliminaries

1	940 Milbrandt, Travis	Western Wash	8.20Q
2	904 Kamara, Abu	Washington S	8.33q
3	628 Grant, Chris	Overdrive Tr	8.46q
4	620 Modin, Mitch	Oregon	8.55q
5	521 Przystupa, Michael	British Colu	8.79

## Heat 4 Preliminaries

1	941 Myers, Logan	Western Wash	8.38Q
2	761 Williams, Harrison	Stanford	8.40q
3	767 schultze, kenneth	Thunderbirds	8.59
4	534 Contino, Patrick	Concordia (O	8.89
5	678 Sissel, Ty	Saint Martin	9.07

## Heat 5 Preliminaries

1	917 Dobson, Kaleb	Western Oreg	8.68Q
2	808 Doucette, Benjamin	Unattached	8.72
3	947 Wilson, Jade	Western Wash	8.81
4	905 Markham, Ian	Washington S	8.93

## Heat 6 Preliminaries

1	607 Fellows, Alec	Oregon	8.31Q
2	890 Simpson, Eric	Washington	8.41q
3	713 Pendergrass Anders	Silky Smooth	8.58
4	547 Seifert, Peter	Concordia (O	8.72

5	778 Hernandez, Cale	Trinity West	8.86
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### Men 60 Meter Hurdles

Dempsey: !	7.61	2/1/2014	Ashton Eaton, Nike
Meet: M	7.77	1/18/2014	Johnathan Cabral, Oregon
Name		Year School	Finals

### Section 1 Finals

1	779 Innes, Calum	Trinity West	8.07
2	911 Zmuda, Daniel	Washington S	8.25
3	794 Lao, Howard	Unat - U W	8.26
4	904 Kamara, Abu	Washington S	8.31

### Section 2 Finals

1	852 Williams, Allen	USC	8.09
2	898 Williams, Chris	Washington	8.11
3	849 Morris, Marquis	USC	8.13
4	608 Ferguson, Trevor	Oregon	8.14

### Men 4x400 Meter Relay

Dempsey: !	3:06.98	2/26/2005	Oregon, Oregon
			Anderson, Inico, Ikwuakor, Scherer
Meet: M	3:11.37	1/17/2004	Oregon, Oregon
			Anderson, Lamb, Holliday, Scherer
School			Finals

### Section 1

1	Saint Martin's 'A'	3:24.51
1)	681 Yoro, Jaysen	2) 673 Durden, David
3)	677 Krause, Frank	4) 675 Hughey, Mitchell
2	Western Washington 'A'	3:25.59
1)	938 McArthur, Ryan	2) 947 Wilson, Jade
3)	931 Binkerd, Alex	4) 945 van Tuinen, Nathaniel
3	Trinity Western 'B'	3:26.52
1)	774 DeVisser, Andrew	2) 777 Harrison, Connor
3)	778 Hernandez, Cale	4) 784 Marshall, Adam
4	Portland State 'B'	3:30.17
1)	655 Brown, T-Roy	2) 666 Seibert, Neil
3)	663 Richardson, Ben	4) 656 Fleck, Nathan
5	Simon Fraser 'B'	3:30.64
1)	718 Dhillon, Hameet	2) 716 Conrad, Ben
3)	721 Freinhofer, Dylan	4) 732 Trummer, Max

### Section 2

1	Portland State 'A'	3:20.63
1)	657 Gable, Mitchell	2) 797 Russell, Spencer
3)	661 Pfefferkorn, Hunter	4) 662 Prince, Sheldon
2	Seattle Pacific 'A'	3:23.96
1)	684 Ferguson, David	2) 689 Moreton, Chris
3)	688 Lopez, Mario	4) 693 Straker, RJ
3	Trinity Western 'A'	3:25.60

1) 771 DeGroot, Andrew	2) 769 Ayin, Nicholas	
3) 781 Kits, Aiden	4) 783 Linde, James	
4 Washington 'C'		3:25.89
1) 880 Liebel, Devin	2) 882 Marshall, Travis	
3) 890 Simpson, Eric	4) 898 Williams, Chris	
5 Western Oregon 'A'		3:29.00
1) 928 Whitaker, Aaron	2) 926 Sultessa, Badane	
3) 925 Stash, Chris	4) 917 Dobson, Kaleb	

Section 3

1 Simon Fraser 'A'		3:19.54
1) 735 Webster, Joel	2) 719 Ellenwood, Stuart	
3) 728 Proceviat, Cameron	4) 726 Kelloway, Daniel	
2 Washington 'B'		3:20.36
1) 893 Strong, Lucas	2) 887 Prentice, Andrew	
3) 895 Thomas, Michael	4) 896 Tipton, Kaid	
3 Stanford 'B'		3:21.51
1) 753 Kurtz, Frank	2) 760 White, Christian	
3) 752 Kucera, Nathaniel	4) 742 Bertolotti, Marco	
4 Seattle U. 'A'		3:28.46
1) 710 Thummel-Gravitt, Austin	2) 697 Aguilar-Nelson, Janzen	
3) 701 Cowan, Jason	4) 704 Melu, Shaddy	

Section 4

1 Washington 'A'		3:14.74
1) 888 Satterwhite, Quadelle	2) 883 McNeal, Maurice	
3) 867 Brown, Andrew	4) 891 Spano, Jacopo	
2 Stanford 'A'		3:16.52
1) 757 Shumway, Jackson	2) 761 Williams, Harrison	
3) 747 Dolese, Colin	4) 754 Lefebure, Luke	
3 Washington St. 'A'		3:18.44
1) 901 Brunson, Daquon	2) 903 Jorgensen, Jesse	
3) 906 Redman, Hironmoy	4) 909 Swanson, Matthew	

Men 4x800 Meter Relay

Meet: M 7:35.14	
School	Finals

Section 1

1 Stanford 'A'		7:40.17
1) 742 Bertolotti, Marco	2) 745 Coyle, Thomas	
3) 746 Dinger, Tai	4) 748 Drinkwater, Will	
2 Uvic Track Club 'A'		7:45.30
1) 857 Restall, Brendon	2) 856 Peterson, Cole	
3) 854 Paul Morris, Adam	4) 860 Smith, Tyler	
3 Gonzaga 'A'		7:51.50
1) 583 Sicalo, Jerry	2) 573 Fischer, Ned	
3) 581 Pollard, Brandon	4) 580 Phillips, Andy	
4 Washington 'A'		7:53.51
1) 871 Gardner, Andrew	2) 865 Blume, Kyle	
3) 899 Williams, Keith	4) 877 King, Tyler	
5 Western Oregon 'A'		7:54.22

1) 919 Hanna, Josh	2) 913 Beagley, Brady	
3) 923 Naffziger, Sam	4) 916 Dempsey, Josh	
6 Trinity Western 'A'	8:01.65	
1) 782 Lam, James	2) 772 DeJong, Caleb	
3) 773 DeJong, Tyler	4) 776 Gin, Jordan	
7 Concordia (Ore.) 'A'	8:01.96	
1) 541 Livermore, Ethan	2) 546 Rhodes, Demetrius	
3) 543 Peila, Austin	4) 538 Kirkov, Roman	
8 Northwest U. 'A'	8:14.86	
1) 597 Ferguson, Jonathan	2) 596 Cole, Kyle	
3) 600 Willis, Dean	4) 599 Guisinger, Brian	
9 Portland 'A'	8:16.34	
1) 654 Wilson, Ryan	2) 636 Fekete, Shane	
3) 648 Ramos, Martin	4) 644 Martinez, Danny	
10 Seattle Pacific 'A'	8:41.30	
1) 685 Halladay, Ben	2) 683 Comer, Brian	
3) 692 Sterling, Clark	4) 691 Ramsey, Justin	
-- Portland 'B'	DNF	
1) 632 Aebi, Carter	2) 638 Forsee, Ben	
3) 645 O'Hollearn, Sean	4) 652 Symmes, Keegan	

## Men High Jump

Dempsey: ! 7-07 2/13/2010 Jesse Williams, Nike  
 Meet: M 7-06.50 1/19/2008 Michael Mason, British Columbia

Name	Year	School	Finals
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### Flight 1

1	864 Mason, Mike	Valley Royal	2.15m	7-00.50
	1.85 1.90 1.95 2.00 2.05 2.10 2.15 2.20			
	PPP PPP PPP PPP 0 0 XXX			
2	566 Johnson, Anthony	Evergreen St	J2.15m	7-00.50
	1.85 1.90 1.95 2.00 2.05 2.10 2.15 2.20			
	PPP PPP PPP PPP X0 X0 XXX			
3	679 Smith, Mikel	Saint Martin	J2.15m	7-00.50
	1.85 1.90 1.95 2.00 2.05 2.10 2.15 2.20			
	PPP PPP PPP 0 0 X0 XX0 XXX			
4	846 Krone, Michael	USC	2.10m	6-10.75
	1.85 1.90 1.95 2.00 2.05 2.10 2.15			
	PPP PPP 0 X0 X0 0 XXX			
4	704 Melu, Shaddye	Seattle U.	2.10m	6-10.75
	1.85 1.90 1.95 2.00 2.05 2.10 2.15			
	PPP PPP PPP 0 0 0 XXX			
6	843 Cunningham, Randal	USC	2.05m	6-08.75
	1.85 1.90 1.95 2.00 2.05 2.10			
	PPP PPP PPP PPP 0 XXX			
7	762 Willis, Dartis	Stanford	J2.05m	6-08.75
	1.85 1.90 1.95 2.00 2.05 2.10			
	PPP PPP PPP 0 X0 XXX			
8	946 Watson, Brett	Western Wash	2.00m	6-06.75
	1.85 1.90 1.95 2.00 2.05			

9	897 Walker, Chase	Washington	J2.00m	6-06.75
	1.85 1.90 1.95 2.00 2.05			
	PPP PPP 0 0 XXX			
10	941 Myers, Logan	Western Wash	J2.00m	6-06.75
	1.85 1.90 1.95 2.00 2.05			
	PPP 0 0 XX0 XXX			
10	512 Johnson, Kyley	Bowerman TC	J2.00m	6-06.75
	1.85 1.90 1.95 2.00 2.05			
	PPP PPP 0 XX0 XXX			
12	884 Murray, Carson	Washington	J2.00m	6-06.75
	1.85 1.90 1.95 2.00 2.05			
	0 X0 0 XX0 XXX			
13	667 Stipic, Tyson	Portland Sta	1.95m	6-04.75
	1.85 1.90 1.95 2.00			
	0 X0 X0 XXX			
13	552 Simpson, Travis	Eastern Oreg	1.95m	6-04.75
	1.85 1.90 1.95 2.00			
	PPP 0 0 XXX			
14	832 Sinsheimer, Jared	Unattached	J1.95m	6-04.75
	1.85 1.90 1.95 2.00			
	0 X0 0 XXX			
16	799 Alderks, Derek	Unattached	J1.95m	6-04.75
	1.85 1.90 1.95 2.00			
	PPP 0 XX0 XXX			
17	878 Knight, Joe	Washington	1.90m	6-02.75
	1.85 1.90 1.95			
	0 0 XXX			
18	524 Peterson, Justin	Central Wash	J1.90m	6-02.75
	1.85 1.90 1.95			
	X0 X0 XXX			
--	886 Pfeiffer, Nick	Washington	NH	
	1.85			
	XXX			
--	705 Peters, Cam	Seattle U.	NH	
	1.85			
	XXX			

### Men Pole Vault

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	Dempsey: ! 19-00.75	1/31/2004	Tony Stevenson, Unattached	
	Meet: M 18-08.25	1/13/2007	Brad Walker, Unattached	
Name	Year	School	Finals	
=====				
1	672 DeHan, Matt	Saint Martin	4.80m	15-09.00
	4.20 4.35 4.50 4.65 4.80 4.95			
	X0 XX0 0 XX0 0 XXX			
2	615 Kemp, Blake	Oregon	4.65m	15-03.00
	4.20 4.35 4.50 4.65 4.80			
	X0 XX0 XX0 0 XXX			
3	607 Fellows, Alec	Oregon	4.50m	14-09.00

	4.20	4.35	4.50	4.65				
	0	XX0	X0	XXX				
3	791	Black, Blaise			Unat - U W	4.50m	14-09.00	
	4.20	4.35	4.50	4.65				
	X0	0	0	XXX				
3	620	Modin, Mitch			Oregon	4.50m	14-09.00	
	4.20	4.35	4.50	4.65	4.80			
	0	0	XX0	XXP	X			
6	676	Keeton, Joseph			Saint Martin	4.35m	14-03.25	
	4.20	4.35	4.50					
	PPP	X0	XXX					
6	557	Barranco, Braden			Eastern Wash	4.35m	14-03.25	
	4.20	4.35	4.50					
	X0	X0	XXX					
6	936	Kordas, Gordon			Western Wash	4.35m	14-03.25	
	4.20	4.35	4.50					
	X0	0	XXX					
6	788	Sinclair, Jamie			Trinity West	4.35m	14-03.25	
	4.20	4.35	4.50					
	PPP	X0	XXX					
6	831	Shugart, Zach			Unattached	4.35m	14-03.25	
	4.20	4.35	4.50					
	0	0	XXX					
11	724	Humphreys, Sam			Simon Fraser	4.20m	13-09.25	
	4.20	4.35						
	X0	XXX						
11	934	Hino, Jacob			Western Wash	4.20m	13-09.25	
	4.20	4.35						
	X0	XXX						
11	944	Thomas, Adam			Western Wash	4.20m	13-09.25	
	4.20	4.35						
	OPP	XXX						
11	935	Konrad, J. T.			Western Wash	4.20m	13-09.25	
	4.20	4.35						
	X0	XXX						
--	785	Phillips, Jesse			Trinity West		NH	
	4.20	4.35						
	PPP	XXX						
--	605	Delgado, Joe			Oregon		NH	
	4.20							
	XXX							
--	738	Dickinson, Matthew			Speed Unlimi		NH	
	4.20							
	XXX							
--	560	Davis, Chase			Eastern Wash		NH	
	4.20	4.35						
	PPP	XXX						
--	930	Aamot, Connor			Western Wash		NH	
	4.20							
	XXX							

Flight 2

1	894	Thoirs, Jax	Washington	5.50m	18-00.50							
	4.20	4.35	4.50	4.65	4.80	4.95	5.10	5.25	5.40	5.45	5.50	5.65
	PPP	PPP	PPP	PPP	PPP	XO	XO	XXO	PPP	XXO	0	XXX
2	881	Marcus, Lev	Washington	5.45m	17-10.50							
	4.20	4.35	4.50	4.65	4.80	4.95	5.10	5.25	5.40	5.45	5.50	
	PPP	PPP	PPP	PPP	0	XO	0	XO	XO	0	XXX	
3	758	Starkey, Garrett	Stanford	5.25m	17-02.75							
	4.20	4.35	4.50	4.65	4.80	4.95	5.10	5.25	5.40			
	PPP	PPP	PPP	PPP	0	0	XXO	XO	XXX			
4	625	Walsh, Cole	Oregon	5.10m	16-08.75							
	4.20	4.35	4.50	4.65	4.80	4.95	5.10	5.25				
	PPP	PPP	PPP	PPP	PPP	0	0	XXX				
4	876	Juilfs, JJ	Washington	5.10m	16-08.75							
	4.20	4.35	4.50	4.65	4.80	4.95	5.10	5.25				
	PPP	PPP	PPP	PPP	0	XO	XO	XXX				
6	898	Williams, Chris	Washington	4.95m	16-02.75							
	4.20	4.35	4.50	4.65	4.80	4.95	5.10					
	PPP	PPP	PPP	PPP	XO	0	XXX					
6	612	Hidalgo, Matt	Oregon	4.95m	16-02.75							
	4.20	4.35	4.50	4.65	4.80	4.95	5.10					
	PPP	PPP	PPP	PPP	0	0	XXX					
6	761	Williams, Harrison	Stanford	4.95m	16-02.75							
	4.20	4.35	4.50	4.65	4.80	4.95	5.10					
	PPP	PPP	PPP	0	0	XXO	XXX					
9	749	Duvio, Dalton	Stanford	4.80m	15-09.00							
	4.20	4.35	4.50	4.65	4.80	4.95						
	PPP	PPP	PPP	XO	0	XXX						
9	948	Quinn, Bryan	Willamette S	4.80m	15-09.00							
	4.20	4.35	4.50	4.65	4.80	4.95						
	PPP	PPP	PPP	0	XXO	XXX						
9	775	Dunford, Nathan	Trinity West	4.80m	15-09.00							
	4.20	4.35	4.50	4.65	4.80	4.95						
	PPP	PPP	PPP	0	XO	XXX						
9	750	Emery, Daniel	Stanford	4.80m	15-09.00							
	4.20	4.35	4.50	4.65	4.80	4.95						
	PPP	PPP	PPP	0	0	XXX						
--	821	McCoy, Scott	Unattached	NH								
	4.20	4.35	4.50	4.65								
	PPP	PPP	PPP	XXX								

Men Long Jump

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Dempsey: !	26-07.75	2/29/2008	Norris Frederick,	Washington
Meet: M	26-03	1/14/2012	Norris Frederick,	Nike
Name	Year	School	Finals	
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Flight 1

1	945	van Tuinen, Nathan	Western Wash	6.65m	21-10.00
	FOUL	6.65m	FOUL		

2	937 Mataya, Rudy 6.56m 6.51m 6.13m	Western Wash	6.56m	21-06.25
2	679 Smith, Mikel 6.56m FOUL FOUL	Saint Martin	6.56m	21-06.25
4	720 Empinado, Marwin 5.97m 6.47m 6.30m	Simon Fraser	6.47m	21-02.75
5	832 Sinsheimer, Jared FOUL FOUL 6.45m	Unattached	6.45m	21-02.00
6	774 DeVisser, Andrew FOUL 6.34m 6.43m	Trinity West	6.43m	21-01.25
7	723 He, Jerry 6.15m 6.39m FOUL	Simon Fraser	6.39m	20-11.75
8	681 Yoro, Jaysen 6.32m FOUL 6.31m	Saint Martin	6.32m	20-09.00
9	817 kraus, jacob 5.96m 6.11m 6.00m	Unattached	6.11m	20-00.50
10	733 Voloshin, Daniel 5.75m 5.72m FOUL	Simon Fraser	5.75m	18-10.50
11	787 Santos, Joel 5.11m 4.85m FOUL	Trinity West	5.11m	16-09.25
Flight 2				
1	810 Frederick, Norris FOUL 7.46m 7.19m FOUL	Unattached	7.49m	24-07.00
2	946 Watson, Brett 7.19m 6.59m 6.91m	Western Wash	7.19m	23-07.25
3	783 Linde, James FOUL 7.01m 6.81m FOUL	Trinity West	7.01m	23-00.00
4	525 Plummer, Luke FOUL 6.91m FOUL 6.98m	Central Wash	6.99m	22-11.25
5	759 Uudmae, Jaak 6.48m 6.89m 6.91m 6.88m	Stanford	6.98m	22-11.00
6	851 Smallwood, Dominic FOUL 6.93m FOUL 6.82m	USC	6.93m	22-09.00
7	665 Schmidt, Spenser 6.55m 6.88m 6.83m 6.77m	Portland Sta	6.88m	22-07.00
7	829 Schrage, Harrison 6.83m 6.88m 6.76m	Unattached	6.88m	22-07.00
9	806 Chase, Ryan 6.35m 6.51m 6.69m 6.29m	Unattached	6.69m	21-11.50
10	563 Osborn, Trenton FOUL FOUL 6.67m	Eastern Wash	6.67m	21-10.75
11	737 Wu, Alex 6.59m 6.02m 6.37m	Simon Fraser	6.59m	21-07.50
12	762 Willis, Dartis FOUL FOUL 6.41m	Stanford	6.41m	21-00.50
13	634 DeVaughn, Nathan FOUL 5.89m 6.40m	Portland	6.40m	21-00.00



## Men Triple Jump

Dempsey: ! 54-06.50 2/1/2003 Julien Kapek, USC

Meet: M 51-03 1/15/2011 Kyle Jenkins, Unattached

Name	Year	School	Finals
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### Flight 1

1	792 Burns, Casey	Unat - U W	14.71m	48-03.25
	14.62m 14.64m FOUL 14.58m 14.71m			
2	943 Seely, Mark	Western Wash	13.94m	45-09.00
	FOUL 13.63m 13.84m 13.42m 13.41m 13.94m			
3	517 Aminov, Oded	British Colu	13.87m	45-06.25
	13.28m 11.59m 13.87m 12.97m 13.08m			
4	713 Pendergrass Anders	Silky Smooth	13.69m	44-11.00
	12.39m 13.44m 13.69m			
5	806 Chase, Ryan	Unattached	13.31m	43-08.00
	12.79m 13.15m 13.31m			
6	552 Simpson, Travis	Eastern Oreg	13.30m	43-07.75
	12.98m FOUL 13.30m			
7	535 Faust, Louis	Concordia (O	12.62m	41-05.00
	FOUL 12.56m 12.62m			
8	706 Redlew, Nick	Seattle U.	12.28m	40-03.50
	12.28m 12.07m FOUL			

### Flight 2

1	743 Brooks, Darian	Stanford	15.29m	50-02.00
	14.95m 14.54m 15.27m 13.78m 15.29m 15.16m			
2	619 Melu, Josh	Oregon	14.85m	48-08.75
	FOUL 14.00m 14.65m FOUL 14.85m			
3	852 Williams, Allen	USC	14.32m	46-11.75
	14.32m 13.98m 14.13m			
4	626 Whitehurst, Chance	Oregon	14.13m	46-04.25
	14.05m 13.67m 14.13m FOUL 13.47m 13.79m			
5	525 Plummer, Luke	Central Wash	14.01m	45-11.75
	14.01m 12.48m 13.76m			
6	851 Smallwood, Dominic	USC	13.97m	45-10.00
	FOUL 13.97m 13.87m 13.94m			
7	727 Moldavanov, Vladis	Simon Fraser	13.72m	45-00.25
	13.72m FOUL FOUL			

## Men Shot Put

Dempsey: ! 70-05.25 3/1/2008 Ryan Whiting, Arizona St

Meet: M 60-09.50 1/14/2006 Jesse Roberge, Champ Nutrition

Name	Year	School	Finals
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### Flight 1

1	548 Watson, Robert	Concordia (O	15.19m	49-10.00
	14.41m FOUL 15.19m 14.60m FOUL 15.10m			
2	942 Pless, Brandon	Western Wash	15.05m	49-04.50
	14.00m 14.50m 15.05m			

3	868 Campbell, Carey 14.19m FOUL FOUL	Washington	14.19m	46-06.75
4	680 Wilkens, Mitch 12.95m FOUL FOUL	Saint Martin	12.95m	42-06.00
5	669 Breaux, Chandler 12.55m 12.92m FOUL	Puget Sound	12.92m	42-04.75
6	921 Klippel, Kenny 11.24m 11.26m 12.90m	Western Oreg	12.90m	42-04.00
7	670 Garton, Reilyn 12.32m FOUL FOUL	Puget Sound	12.32m	40-05.00
8	886 Pfeiffer, Nick 11.39m 11.80m 11.43m	Washington	11.80m	38-08.75
9	884 Murray, Carson FOUL FOUL 10.92m	Washington	10.92m	35-10.00
10	520 Koopmans, Mackenzi 10.32m 10.60m 10.24m	British Colu	10.60m	34-09.50
11	787 Santos, Joel 8.97m 9.23m 9.49m	Trinity West	9.49m	31-01.75
--	775 Dunford, Nathan FOUL FOUL FOUL	Trinity West	FOUL	
--	539 Koch, Josh FOUL FOUL FOUL	Concordia (O	FOUL	

#### Flight 2

1	822 moore, darien FOUL 17.60m FOUL 17.16m FOUL 18.76m	Unattached	18.76m	61-06.75
2	588 Pless, David 16.62m 18.22m 18.20m FOUL 18.53m FOUL	Ironwood TC	18.53m	60-09.50
3	850 Ponzio, Nicholas 17.60m FOUL 16.98m 18.13m 17.76m FOUL	USC	18.13m	59-05.75
4	869 Catelli, Frank 14.28m 15.87m FOUL 16.83m FOUL FOUL	Washington	16.83m	55-02.75
5	879 Lembcke, Jack FOUL 16.10m 16.00m 16.24m 16.09m 16.14m	Washington	16.24m	53-03.50
6	623 Perkins, Ron 16.05m FOUL 15.55m 15.36m 15.74m FOUL	Oregon	16.05m	52-08.00
7	874 Hutchison, Brian 15.82m FOUL 15.62m FOUL PASS PASS	Washington	15.82m	51-11.00
8	889 Scheideman, Jack FOUL 15.75m FOUL FOUL 15.18m FOUL	Washington	15.75m	51-08.25
9	537 Hall, Joe 14.57m FOUL 14.39m	Concordia (O	14.57m	47-09.75
10	540 Lake, Zach 14.34m 14.22m 14.32m	Concordia (O	14.34m	47-00.75
11	559 Cunningham, Aaron 14.24m FOUL 14.33m	Eastern Wash	14.33m	47-00.25
12	866 Boyden, Dan 14.03m 13.54m 14.14m	Washington	14.14m	46-04.75
13	744 Budincich, Nichola FOUL FOUL 13.40m	Stanford	13.40m	43-11.75
--	526 Stanley, Kevin FOUL FOUL FOUL	Central Wash	FOUL	

## Men Weight Throw

Dempsey: ! 76-05.50 2/16/2008 James Parker, Team X0

Meet: M 75-04.75 1/15/2011 Michael Mai, U.S. Army

Name Year School Finals

### Flight 1

1	539 Koch, Josh	Concordia (O	13.85m	45-05.25
	12.84m FOUL 13.85m			
2	660 Oni, Major	Portland Sta	13.62m	44-08.25
	FOUL FOUL 13.62m			
3	709 Seanoa II, Malaki	Seattle U.	13.27m	43-06.50
	13.27m FOUL FOUL			
4	921 Klippel, Kenny	Western Oreg	13.06m	42-10.25
	12.11m 13.06m FOUL			
5	548 Watson, Robert	Concordia (O	13.02m	42-08.75
	12.38m 13.02m 12.41m			
6	714 Behncke, Peter	Simon Fraser	12.95m	42-06.00
	12.95m 12.43m 12.73m			
7	711 Walker, Devon	Seattle U.	12.78m	41-11.25
	12.12m FOUL 12.78m			
8	708 Scaffa, Chris	Seattle U.	12.44m	40-09.75
	FOUL 12.44m FOUL			
9	559 Cunningham, Aaron	Eastern Wash	11.85m	38-10.50
	11.85m FOUL FOUL			
10	556 Banchemo, Evan	Eastern Wash	11.73m	38-06.00
	10.67m 11.72m 11.73m			

### Flight 2

1	822 moore, darien	Unattached	20.24m	66-05.00
	19.05m 19.48m 20.24m FOUL FOUL FOUL			
2	555 Arakawa, Jordan	Eastern Wash	19.71m	64-08.00
	FOUL 18.13m 19.13m 18.99m 19.06m 19.71m			
3	889 Scheideman, Jack	Washington	17.52m	57-05.75
	17.06m 17.10m 17.19m 16.81m 17.52m FOUL			
4	818 Lamott, Tyler	Unattached	17.05m	55-11.25
	FOUL 16.32m 17.05m FOUL FOUL FOUL			
5	527 Tafoya, Armando	Central Wash	16.87m	55-04.25
	16.62m 16.87m FOUL FOUL FOUL FOUL			
6	526 Stanley, Kevin	Central Wash	16.69m	54-09.25
	16.28m 16.06m 16.69m 16.38m FOUL FOUL			
7	868 Campbell, Carey	Washington	15.27m	50-01.25
	15.05m 15.21m 13.96m 14.25m 15.10m 15.27m			
8	674 Fualefau, Vincent	Saint Martin	14.76m	48-05.25
	14.76m FOUL FOUL FOUL FOUL FOUL			
9	680 Wilkens, Mitch	Saint Martin	14.39m	47-02.50
	13.71m 14.28m 14.21m FOUL 14.30m 14.39m			
10	545 Ramirez, Justin	Concordia (O	13.87m	45-06.25
	FOUL 13.87m FOUL			
11	537 Hall, Joe	Concordia (O	12.95m	42-06.00
	12.95m FOUL FOUL			