

2015 UW Indoor Preview - 1/17/2015  
Dempsey Indoor, Seattle WA

Event 36 Women 60 Meter Hurdles

Dempsey: ! 7.93 3/4/2006 Virginia Powell, USC

Meet: M 8.13 1/14/2006 Jenny Adams, Adidas

Name	Year	School	Finals	H#
Finals				
1 Wallace, Sasha		Oregon	8.27	2
2 Cox, Melia		Usc	8.34	2
3 Ratcliff, Jazmin		Portland State	8.52	2
4 McFarland, Candice		Washington St.	8.62	1
5 Moore, Ashlee		Oregon	8.64	2
6 Stueckle, Kimberly		Washington	8.68	1
7 Ross, Hazel		Trinity Western	8.70	1
8 Hrycun, Alexa		University o	8.74	1

Event 38 Women 60 Meter Dash

Dempsey: ! 7.20 1/18/2014 Jasmine Todd, Oregon

Meet: M 7.20 1/18/2014 Jasmine Todd, Oregon

Name	Year	School	Finals	H#
Finals				
1 Todd, Jasmine		Oregon	7.15M	2
2 Westbrook, Ky		Usc	7.18M	2
3 Prandini, Jenna		Oregon	7.24	2
4 Hill, Deanna		Usc	7.36	1
5 Faulknor, Alexis		Usc	7.40	2
6 Washington, Ariana		Oregon	7.41	1
12 Cantrell, Gabriella		Usc	7.62	4

Event 16 Women 200 Meter Dash

Dempsey: ! 23.44 2/27/2009 Charonda Williams, Arizona St

Meet: M 23.86 1/16/2010 Ashton Purvis, EOYDC

Name	Year	School	Finals	H#
Finals				
1 Gaither, Tynia		Usc	23.62M	11
2 Westbrook, Ky		Usc	23.94	9
3 Cantrell, Gabriella		Usc	23.99	9
4 Hill, Deanna		Usc	24.10	10
5 Brown, Destinee		Usc	24.25	11
6 Williams, Laurenrain		Unattached	24.32	8
7 Brennan, Christian		Oregon	24.47	11
8 Woods, Jasmine		Portland State	25.00	

Event 10 Women 400 Meter Dash

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Dempsey: !	52.03	2/23/2013	Phyllis Francis, Oregon
Meet: M	55.41	1/14/2006	Aimee Teteris, Pacific Athletics
Name		Year School	Finals H#

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Finals

1	Stepter, Jaide	Usc	53.76M	8
2	Jones, Vanessa	Usc	54.14M	9
3	Ellis, Kendall	Usc	55.08M	9
4	Wright, Phoebe	Nike	55.61	8
5	Smith, Jessica	Valley Royals	55.62	7
6	Diggs, Whitney	Portland State	56.91	8
7	Allen, Erin	Washington St.	57.22	5
8	D'Agnolo, Lauren	Uvic Track Club	57.41	

Event 14 Women 800 Meter Run

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Dempsey: !	2:02.56	3/5/2011	Geena Gall, Oregon Track Cl
Meet: M	2:03.05	1/18/2003	Diane Cummins, Pacific Athl
Name		Year School	Finals

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Finals

1	Cain, Mary	Nike Oregon Project	2:07.21	3
2	Fricker, McKayla	Athletics NW	2:08.63	3
3	Porada, Katie	Oregon	2:10.82	2
4	Connor, Anna	Bowerman TC	2:11.57	3
5	Decker, Lynelle	Seattle Pacific	2:12.83	3
6	Picchetti, Natalie	Austin Track Club	2:14.27	3
7	Capellino, Erica	Usc	2:15.15	1
8	Nock, Paige	Simon Fraser	2:15.42	

Event 28 Women Long Jump

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Dempsey: !	21-06	2/19/2013	Grace Upshaw, Brittney Reese, Nike
Meet: M	21-00	1/17/2009	Akiba McKinney, Unattached
Name		Year School	Finals

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Finals

1	morrison, skye	Unattached	5.97m	19-07.00
	5.97m FOUL 5.93m			
2	Allen, Claudette	Trinity Western	5.89m	19-04.00
	5.75m 5.88m 5.89m 5.78m 5.80m 5.85m			
3	Bouyer, Kennadi	Washington	5.88m	19-03.50
	FOUL 5.88m PASS 5.70m 5.55m			
4	Nettey, Sabrina	Trinity Western	5.86m	19-02.75
	4.41m 5.61m FOUL FOUL 5.68m 5.86m			
4	Faulknor, Alexis	Usc	5.86m	19-02.75
	5.42m 5.55m FOUL 5.86m			
6	Varela, Madelayne	Oregon	5.80m	19-00.50
	FOUL FOUL 5.51m FOUL 5.80m			
7	Richards, Madisen	Usc	5.74m	18-10.00
	5.74m 5.51m 5.67m 5.61m			
8	Williams, Brandi	Unattached	5.72m	18-09.25
	5.72m FOUL 5.65m 5.47m			

Event 30 Women Triple Jump

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Dempsey: ! 45-07.25 2/26/2005 Erica McLain, Stanford  
 Meet: M 43-08 1/14/2012 Erica McLain, Unattached  
 Name Year School Finals

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Finals

1	Cox, Melia		Usc		12.23m	40-01.50
	10.38m	FOUL	12.23m			
2	Roland, Jaleecia		Washington		12.17m	39-11.25
	11.69m	FOUL	11.24m	FOUL	FOUL	12.17m
2	Forbes, Carla		Stanford		12.17m	39-11.25
	11.82m	11.63m	11.56m	12.10m	11.66m	12.17m
4	Okoronkwo, Chinne		Flying Aj's		12.07m	39-07.25
	FOUL	12.03m	12.07m			
5	Coker, Alanna		Washington		12.03m	39-05.75
	12.03m	11.93m	FOUL	11.80m	11.73m	
6	Kwiatkowski, Marisa		Stanford		11.99m	39-04.00
	11.96m	11.71m	11.89m	11.93m	11.99m	11.91m
7	Toliver, Rachel		Hawaii		11.76m	38-07.00
	11.58m	11.40m	11.58m	11.10m	11.35m	11.76m
8	Mannucci, Morena		Eastern Washington		11.60m	38-00.75
	11.18m	FOUL	11.60m	11.38m	FOUL	

Event 32 Women Shot Put

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Dempsey: ! 60-08.75 2/1/2014 Tia Brooks, Nike  
 Meet: M 55-01 1/14/2006 Kristin Heaston, Nike  
 Name Year School Finals

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Finals

1	Flint, Gina		Washington		15.68m	51-05.50
	13.63m	14.26m	15.16m	14.56m	15.16m	15.68m
2	Sapa, Tanya		Usc		14.77m	48-05.50
	14.77m	14.76m	FOUL	FOUL	FOUL	FOUL
3	Novy, Tera		Usc		14.61m	47-11.25
	14.06m	14.35m	FOUL	14.44m	14.61m	FOUL
4	Ioane, Charlinda		Hawaii		14.19m	46-06.75
	FOUL	FOUL	13.21m	13.21m	FOUL	14.19m
5	Porlier-Langlois, Alex		Hawaii		13.97m	45-10.00
	12.98m	FOUL	13.21m	13.97m	FOUL	13.89m
6	Hammar, Rebecca		Stanford		13.71m	44-11.75
	FOUL	13.67m	FOUL	13.68m	13.71m	FOUL
7	Colman, Kaytlyn		Eastern Washington		13.57m	44-06.25
	13.57m	12.84m	FOUL	FOUL	12.59m	12.56m
8	Coleman, Bev		Washington		13.55m	44-05.50
	13.39m	13.55m	13.15m	FOUL	12.61m	13.10m

Event 2 Men 60 Meter Hurdles

Name	Year	School	Prelims	H#
Dempsey: !	7.68	2/22/2013	Ray Stewart, California	
Meet: M	7.85	1/17/2010	Myles Bradley, Stanford	
Finals				
1 Innes, Calum		Trinity Western	8.07	1
2 Williams, Allen		Usc	8.09	2
3 Williams, Chris		Washington	8.11	2
4 Morris, Marquis		Usc	8.13	2
5 Ferguson, Trevor		Oregon	8.14	2
6 Zmuda, Daniel		Washington St.	8.25	1
7 Lao, Howard		Unat - U W	8.26	1
8 Kamara, Abu		Washington St.	8.31	1

Event 4 Men 60 Meter Dash

Name	Year	School	Prelims	H#
Dempsey: !	6.58	1/15/2011	Josh Norman, Unattached	
Meet: M	6.58	1/15/2011	Josh Norman, Unattached	
Finals				
1 Morris, Joe		Ultimate Speed A	6.55	2
2 De Grasse, Andre		Usc	6.63	2
3 Collins, Daveon		Seattle Speed	6.67	1
4 Lee, Beejay		Usc	6.69	2
5 Donigian, Alex		Western Washington	6.72	1
6 Marshall, Travis		Washington	6.84	

Event 17 Men 200 Meter Dash

Name	Year	School	Finals	H#
Dempsey: !	20.84	2/13/2010	Ryan Bailey, Nike	
Meet: M	20.88	1/18/2014	Aaron Brown, USC	
Finals				
1 Berry, Mike		Nike	21.44	10
2 Collins, Daveon		Seattle Speed	21.52	11
3 Lee, Beejay		Usc	21.54	9
4 Chambers, Marcus		Oregon	21.57	10
5 Donigian, Alex		Western Washington	21.67	8
6 Latt, Jordan		Oregon	22.07	11
7 Thiel, Ben		Oregon	22.08	8
8 VanAssche, Jeremy		Eastern Washington	22.10	

Event 11 Men 400 Meter Dash

Name	Year	School	Finals	H#
Dempsey: !	46.03	3/1/2013	Mike Berry, Oregon	
Meet: M	46.39	1/18/2003	Ja'Warren Hooker, Asics	
Finals				
1 Morgan, Ricky		Usc	47.63	8
2 Allen, CJ		Washington St.	47.74	8
3 Morris, Joe		Ultimate Speed A	48.16	7
4 Webster, Joel		Simon Fraser	48.45	8
5 Shumway, Jackson		Stanford	48.48	5
6 Prince, Sheldon		Portland State	48.62	9
7 Bailey, Ryan		Nike/Ultimate Sp	48.76	9
8 Taylor, Nick		Uvic Track Club	49.25	

Event 15 Men 800 Meter Run

Dempsey: !	1:46.36	2/13/2010	Andrew Wheating, Oregon
Meet: M	1:49.10	1/19/2008	Raphael Asafo-Agyei, Trafford
Name	Year	School	Finals H#

Finals

1	Jager, Evan	Bowerman TC Pro	1:50.13	4
2	Ford, Robert	Usc	1:52.70	3
3	Bayer, Andy	Bowerman TC Pro	1:52.78	4
4	Kucera, Nathaniel	Stanford	1:54.14	4
5	Krause, Frank	Saint Martin's	1:54.21	3
6	Jones, Wes	Evergreen St.	1:54.97	3
7	White, Christian	Stanford	1:54.97	3
8	Buck, Owen	Unattached	1:55.45	

Event 9 Men 1 Mile Run

Dempsey: !	3:54.52	2/12/2011	Chris Solinsky, Nike
Meet: M	3:56.72	1/13/2007	Nick Symmonds, OTC
Name	Year	School	Finals H#

Finals

1	Centrowitz, Matthew	Nike Oregon Project	3:58.60	4
2	Levins, Cameron	Nike Oregon Project	3:58.75	4
3	McGorty, Sean	Stanford	3:59.34	4
4	Olson, Erik	Stanford	4:02.83	4
5	Leingang, Jake	Oregon	4:05.41	4
6	Keelan, Jack	Stanford	4:06.25	3
7	Gorman, Daniel	Halifast Athletics	4:07.87	4
8	Ferris, Dylan	Strava TC	4:08.26	4
24	Andrews, Myles	Usc	4:12.45	

Event 29 Men Long Jump

Dempsey: !	26-07.75	2/29/2008	Norris Frederick, Washington
Meet: M	26-03	1/14/2012	Norris Frederick, Nike
Name	Year	School	Finals

Finals

1	Frederick, Norris	Unattached	7.49m	24-07.00
	FOUL 7.46m 7.19m FOUL 7.49m 6.98m			
2	Watson, Brett	Western Washington	7.19m	23-07.25
	7.19m 6.59m 6.91m			
3	Linde, James	Trinity Western	7.01m	23-00.00
	FOUL 7.01m 6.81m FOUL 6.62m			
4	Plummer, Luke	Central Washington	6.99m	22-11.25
	FOUL 6.91m FOUL 6.98m 6.99m 6.84m			
5	Uudmae, Jaak	Stanford	6.98m	22-11.00
	6.48m 6.89m 6.91m 6.88m 6.93m 6.98m			
6	Smallwood, Dominic	Usc	6.93m	22-09.00
	FOUL 6.93m FOUL 6.82m			
7	Schmidt, Spenser	Portland State	6.88m	22-07.00
	6.55m 6.88m 6.83m 6.77m 6.78m 6.62m			
7	Schrage, Harrison	Unattached	6.88m	22-07.00
	6.83m 6.88m 6.76m			

Event 31 Men Triple Jump

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Dempsey: ! 54-06.50 2/1/2003 Julien Kapek, USC  
 Meet: M 51-03 1/15/2011 Kyle Jenkins, Unattached

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Name	Year	School					Finals
Finals							
1 Brooks, Darian		Stanford				15.29m	50-02.00
	14.95m	14.54m	15.27m	13.78m	15.29m	15.16m	
2 Melu, Josh		Oregon				14.85m	48-08.75
	FOUL	14.00m	14.65m	FOUL	14.85m		
3 Burns, Casey		Unat - U W				14.64m	48-00.50
	14.62m	14.64m	FOUL	14.58m	4.71m		
4 Williams, Allen		Usc				14.58m	47-10.00
	14.32m	13.98m	14.13m	14.58m			
5 Whitehurst, Chance		Oregon				14.13m	46-04.25
	14.05m	13.67m	14.13m	FOUL	13.47m	13.79m	
6 Plummer, Luke		Central Washington				14.01m	45-11.75
	14.01m	12.48m	13.76m				
7 Smallwood, Dominic		Usc				13.97m	45-10.00
	FOUL	13.97m	13.87m	13.94m			
8 Seely, Mark		Western Washington				13.94m	45-09.00
	FOUL	13.63m	13.84m	13.42m	13.41m	13.94m	

Event 25 Men High Jump

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Dempsey: ! 7-07 2/13/2010 Jesse Williams, Nike  
 Meet: M 7-06.50 1/19/2008 Michael Mason, British Columbia

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Name	Year	School					Finals	
Finals								
1 Mason, Mike		Valley Royals				2.15m	7-00.50	
	1.85	1.90	1.95	2.00	2.05	2.10	2.15	2.20
	PPP	PPP	PPP	PPP	PPP	O	O	XXX
2 Johnson, Anthony		Evergreen St.				J2.15m	7-00.50	
	1.85	1.90	1.95	2.00	2.05	2.10	2.15	2.20
	PPP	PPP	PPP	PPP	PPP	XO	XO	XXX
3 Smith, Mikel		Saint Martin's				J2.15m	7-00.50	
	1.85	1.90	1.95	2.00	2.05	2.10	2.15	2.20
	PPP	PPP	PPP	O	O	XO	XXO	XXX
4 Krone, Michael		Usc				2.10m	6-10.75	
	1.85	1.90	1.95	2.00	2.05	2.10	2.15	
	PPP	PPP	O	XO	XO	O	XXX	
4 Melu, Shaddy		Seattle U.				2.10m	6-10.75	
	1.85	1.90	1.95	2.00	2.05	2.10	2.15	
	PPP	PPP	PPP	O	O	O	XXX	
6 Cunningham, Randall		Usc				2.05m	6-08.75	
	1.85	1.90	1.95	2.00	2.05	2.10		
	PPP	PPP	PPP	PPP	O	XXX		
7 Willis, Dartis		Stanford				J2.05m	6-08.75	
	1.85	1.90	1.95	2.00	2.05	2.10		
	PPP	PPP	PPP	O	XO	XXX		

Event 33 Men Shot Put

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Dempsey: !	70-05.25	3/1/2008	Ryan Whiting,	Arizona St
Meet: M	60-09.50	1/14/2006	Jesse Roberge,	Champ Nutrition
Name		Year	School	Finals

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Finals

1	moore, darien		Unattached		18.76m	61-06.75
	FOUL	17.60m	FOUL	17.16m	FOUL	18.76m
2	Pless, David		Ironwood TC		18.53m	60-09.50
	16.62m	18.22m	18.20m	FOUL	18.53m	FOUL
3	Ponzio, Nicholas		Usc		18.13m	59-05.75
	17.60m	FOUL	16.98m	18.13m	17.76m	FOUL
4	Catelli, Frank		Washington		16.83m	55-02.75
	14.28m	15.87m	FOUL	16.83m	FOUL	FOUL
5	Lembcke, Jack		Washington		16.24m	53-03.50
	FOUL	16.10m	16.00m	16.24m	16.09m	16.14m
6	Perkins, Ron		Oregon		16.05m	52-08.00
	16.05m	FOUL	15.55m	15.36m	15.74m	FOUL
7	Hutchison, Brian		Washington		15.82m	51-11.00
	15.82m	FOUL	15.62m	FOUL	PASS	PASS
8	Scheideman, Jack		Washington		15.75m	51-08.25
	FOUL	15.75m	FOUL	FOUL	15.18m	FOUL