

2016 UW Indoor Preview - 1/16/2016
 Dempsey Indoor, Seattle WA

Event 1 Women 60 Meter Hurdles

Name	Year	School	Prelims
Dempsey: ! 7.93	3/4/2006	Virginia Powell, USC	
Meet: M 8.13	1/14/2006	Jenny Adams, adidas	

Finals

1 Ali, Nia	Nike	8.12M	2
2 Wallace, Sasha	Oregon	8.19	2
3 Graham, Jasmyne	Usc	8.31	1
4 Johnson, Alaysha	Oregon	8.35	1
5 Morrison, LeAnna	Hawaii	8.57	2
6 Hill, Morganne	Washington	8.75	1
7 Harper, Liz	Washington St.	8.76	2
8 Sophusson Smith, Naivash	Washington	9.39	
23 Lopes, Lyndsey	Usc	9.75	

Event 3 Women 60 Meter Dash

Name	Year	School	Prelims
Dempsey: ! 7.15	1/17/2015	Jasmine Todd, Oregon	
Meet: M 7.15	1/17/2015	Jasmine Todd, Oregon	

Finals

1 Todd, Jasmine	Oregon	7.24	2
2 Freeman, Octavious	Adidas	7.27	2
3 Cunliffe, Hannah	Oregon	7.31	1
4 Bouyer, Kennadi	Washington	7.35	1
5 Davis, Jessica	Evo Track Club	7.37	2
6 Reese, Brittney	Chula Vista Otc	7.40	1
7 Hill, Deanna	Usc	7.41	1
8 Faulknor, Alexis	Usc	7.45	
9 Brown, Destinee	Usc	7.43	(semis)
25 Jones, Margaux	Usc	7.88	

Event 16 Women 200 Meter Dash

Name	Year	School	Finals	H#
Dempsey: ! 23.44	2/27/2009	Charonda Williams, Arizona St		
Meet: M 23.62	1/17/2015	Tynia Gaither, USC		

Finals

1 Cantrell, Gabriella	Usc	24.13	11
2 Romero, Shapri	Unattached	24.22	11
3 Johnson, Alaysha	Oregon	24.28	2
4 Williams, Kristyn	Stanford	24.47	9
5 Bouyer, Kennadi	Washington	24.55	9
6 Wallace, Sasha	Oregon	24.77	5
7 Keel, Dominique	Washington St.	24.78	10
8 Horsley, Ashante	Oregon	24.85	11
23 Jones, Margaux	Usc	25.88	

Event 10 Women 400 Meter Dash

Dempsey: ! 52.03 2/23/2013 Phyllis Francis, Oregon
 Meet: M 53.39 1/18/2014 Kristyn Williams, Stanford

Name	Year	School	Finals	H#
Finals				
1 Stepter, Jaide		Usc	53.18M	10
2 Ellis, Kendall		Usc	53.54	10
3 Theisen-Eaton, Brianne		Nike	53.87	10
4 Wilson, Katie		Evo Track Club	55.09	10
5 Smith, Jessica		Valley Royals	56.08	8
6 Keel, Dominique		Washington St.	56.39	8
7 Ambus, Jahzelle		Seattle Pacific	56.57	8

Event 12 Women 600 Meter Run

Dempsey: ! 1:29.42 1/17/2015 Olivia Baker, Stanford
 Meet: M 1:27.38 1/15/2011 Phyllis Francis, Oregon

Name	Year	School	Finals	H#
Finals				
1 Rogers, Raevyn		Oregon	1:26.34M	5
2 Feldmeier, Brooke		Oregon	1:28.21!	5
3 Baker, Olivia		Stanford	1:29.08!	5
4 Jackson, Dominique		Oiselle	1:31.73	4
5 Derby, Hannah		Washington	1:33.12	4
6 Butterworth, Lindsey		Valley Royals	1:34.00	5
7 Pettigrew, Cameron		Usc	1:34.80	4
8 landen, shanie		Smd Crew	1:35.70	

Event 14 Women 800 Meter Run

Dempsey: ! 2:02.56 3/5/2011 Geena Gall, Oregon Track Club
 Meet: M 2:03.05 1/18/2003 Diane Cummins, Pacific Athleti

Name	Year	School	Finals	H#
Finals				
1 Waschmann, Malika		Stanford	2:08.96	3
2 Leufroy, Ena		Unattached	2:09.94	3
3 Morrison, Nevada		Unattached	2:10.00	3
4 Glynn, Rachel		Usc	2:13.65	3
5 Decker, Lynelle		Seattle Pacific	2:15.03	3
6 Rodriguez, Angelica		Unattached	2:15.42	1
7 Phan, Chynna		Seattle Pacific	2:15.52	1
8 Barnard, Jess		Oiselle	2:15.86	2
13 Ent, Rebekah		Usc	2:18.33	2
20 Seamans, Taylor		Usc	2:22.39	

Event 8 Women 1 Mile Run

Dempsey: ! 4:27.86 1/17/2015 Shannon Rowbury, Nike Oregon
 Meet: M 4:27.86 1/17/2015 Shannon Rowbery, Nike Oregon P

Name	Year	School	Finals	H#
Finals				
1 Eccleston, Amanda		Brooks	4:36.13	4
2 Cash, Alli		Oregon	4:37.26	4
3 Yee, Regan		Trinity Western	4:39.74	4
4 Staker, Ellie		Athletics Northwest	4:39.86	4
5 Wodak, Natasha		Asics Canada	4:42.24	4
6 Neer, Waverly		Oregon	4:43.56	4
7 Knight, Katie		Washington	4:44.95	4
8 Cliff, Rachel		Asics Canada	4:45.85	4
20 Berdousi, Katerina		Usc	5:01.71	

Event 20 Women 3000 Meter Run

Dempsey: ! 8:47.91 1/28/2012 Sally Kipyego, OTC
 Meet: M 8:53.14 1/15/2011 Lisa Koll, Nike

Name	Year	School	Finals	H#
Finals				
1 Conley, Kim		New Balance	9:01.31	3
2 Sifuentes, Nicole		Saucony	9:05.01	3
3 Cridebring, Alycia		New Balance NorCal	9:09.81	3
4 Eccleston, Amanda		Brooks	9:10.95	3
5 Wodak, Natasha		Asics Canada	9:12.82	3
6 Farber, Lianne		New Balance	9:14.04	3
7 Bell, Rolanda		New Balance NorCal	9:18.48	3
8 Rolland, Megan		Oiselle	9:18.63	3
30 Tong, Jenna		Usc	10:05.08	

Event 24 Women High Jump

Dempsey: ! 6-04 2/25/2012 Brigetta Barrett, Arizona
 Meet: M 6-01.50 1/16/2010 Amber Kaufman, Hawaii

Name	Year	School	Finals	H#
Finals				
1 Harper, Liz		Washington St.	1.75m	5-08.75
	1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75 1.79			
	PPP PPP PPP O O O O XO XXX			
2 Davis, Kiana		Washington St.	J1.75m	5-08.75
	1.50 1.55 1.60 1.65 1.70 1.75 1.79			
	PPP PPP O O O XO XX			
3 Schnellli, Lauren		Unattached	1.70m	5-07.00
	1.50 1.55 1.60 1.65 1.70 1.75			
	PPP PPP O O O XXX			
4 Lehnert, Geneva		Seattle Pacific	J1.70m	5-07.00
	1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75			
	PPP PPP PPP O O XO XO XXX			
5 Holmes, Lateah		Washington St.	1.65m	5-05.00
	1.50 1.55 1.60 1.65 1.70			
	PPP PPP O O XXX			
5 Wood, Alison		VoQ Racing	1.65m	5-05.00
	1.50 1.55 1.60 1.65 1.70			
	PPP O O O XXX			
7 Porpaczy, Alexa		Ocean Athletics	J1.65m	5-05.00
	1.50 1.55 1.60 1.65 1.70			
	PPP XO O O XXX			
8 Ward, Naphtali		Seattle Pacific	J1.65m	5-05.00
	1.50 1.55 1.60 1.65 1.70			
	PPP O O XXO XXX			
12 Winters, Jordan		Usc	J1.60m	5-03.00
	1.40 1.45 1.50 1.55 1.60 1.65			
	PPP PPP PPP O XXO XXX			

Event 28 Women Long Jump

Dempsey: ! 21-06 2/19/2013 Grace Upshaw, Brittney Reese, Nike
 Meet: M 21-00 1/17/2009 Akiba McKinney, Unattached

Name Year School Finals

Finals

1	Geubelle, Andrea	Unattached	6.43m	21-01.25	M
	6.27m 6.09m 6.43m 6.26m 6.32m 6.12m				
2	santos, Kathrine	Evo Track Club	6.03m	19-09.50	
	6.00m 6.03m 5.76m 5.73m FOUL 5.66m				
3	Ali, Nia	Nike	5.82m	19-01.25	
	5.82m 5.72m 5.67m FOUL FOUL FOUL				
4	McGee, Brittany	Stanford	5.77m	18-11.25	
	FOUL 5.77m FOUL 5.77m 5.67m 5.68m				
5	Jones, Margaux	Usc	5.75m	18-10.50	
	FOUL FOUL 5.75m FOUL 5.72m 5.54m				
6	Kwiatkowski, Marisa	Stanford	5.74m	18-10.00	
	5.53m 5.64m 5.67m 5.51m 5.74m 5.70m				
7	Jerome, Rachel	Victoria Spe	5.66m	18-07.00	
	FOUL FOUL 5.55m FOUL 5.66m 5.39m				
8	Forbes, Carla	Stanford	5.57m	18-03.25	
	5.57m FOUL 5.43m 5.44m 5.42m 5.34m				
12	Iuel, Amalie	Usc	5.45m	17-10.75	
	5.45m 5.34m 5.42m				
23	Lopes, Lyndsey	Usc	5.21m	17-01.25	
	FOUL 5.08m 5.21m				

Event 32 Women Shot Put

Dempsey: ! 60-08.75 2/1/2014 Tia Brooks, Nike
 Meet: M 55-01 1/14/2006 Kristin Heaston, Nike

Name Year School Finals

Finals

1	Aikhionbare, Itohan	Oregon	16.82m	55-02.25	
	16.23m FOUL 16.20m 16.53m 16.82m FOUL				
2	Warren, McKenzie	Concordia (Ore.)	16.25m	53-03.75	
	15.76m 15.84m FOUL 16.25m 15.54m 14.25m				
3	Giger, Lena	Stanford	15.06m	49-05.00	
	13.80m 14.73m 15.06m 13.94m 13.65m 14.80m				
4	Porlier-Langlois, Alex	Hawaii	14.98m	49-01.75	
	14.94m FOUL FOUL FOUL 14.60m 14.98m				
5	Novy, Tera	Usc	14.89m	48-10.25	
	14.13m 14.09m 14.04m 14.63m 14.89m 14.71m				
6	Sapa, Tanya	Usc	14.37m	47-01.75	
	13.54m 14.31m 13.67m 14.37m FOUL FOUL				
7	Coleman, Kaytlyn	Eastern Washington	13.96m	45-09.75	
	13.74m 13.96m 13.88m FOUL FOUL 13.87m				
8	Rabing, Maddie	Unattached	13.60m	44-07.50	
	12.56m FOUL 13.60m FOUL 12.38m 13.16m				
28	Iuel, Amalie	Usc	9.67m	31-08.75	
	9.67m 9.54m 9.56m				
29	Lopes, Lyndsey	Usc	9.54m	31-03.75	
	9.28m 9.54m 8.66m				

Event 37 Men 60 Meter Hurdles

Name	Year	School	Finals
Dempsey: !	7.61	2/1/2014	Ashton Eaton, Nike
Meet: M	7.77	1/18/2014	Johnathan Cabral, Oregon

Finals

1	Thingalaya, Siddhanth	Evo Track Club	7.86	2
2	Williams, Chris	Washington	7.92	2
3	Morris, Marquis	Usc	8.09	1
4	Allen, CJ	Washington St.	8.16	2
5	Milbrandt, Travis	Western Washington	8.28	1
6	Williams, Harrison	Stanford	8.29	1
7	Modin, Mitch	Oregon	8.56	

Event 39 Men 60 Meter Dash

Name	Year	School	Finals
Dempsey: !	6.55	1/17/2015	Joe Morris, Ultimate Speed A
Meet: M	6.58	1/15/2011	Josh Norman, Unattached

Finals

1	Collins, Daveon	Seattle Speed	6.71	2
2	Brooks-James, Tony	Oregon	6.79	1
3	Jackson, Adoree	Usc	6.84	2
4	Davis, Dominic	Usc	6.92	1
5	White, Travonn	Oregon	6.93	1
6	Wells Jr., Emmanuel	Seattle Speed	6.96	2
-	Thymes, Just'N	Usc	DNS	(6.77 in semis)

Event 11 Men 400 Meter Dash

Name	Year	School	Finals	H#
Dempsey: !	46.03	3/1/2013	Mike Berry, Oregon	
Meet: M	46.39	1/18/2003	Ja'Warren Hooker, Asics	

Finals

1	Clemes, Zyaire	Usc	47.46	8
2	Shumway, Jackson	Stanford	47.71	8
3	Body, Julian	Unattached	48.12	7
4	Medwood, Kenneth	Evo Track Club	48.43	7
5	Prince, Sheldon	Portland State	48.84	7
6	Charles, Jamaun	Washington St.	49.16	7
7	Webster, Joel	Simon Fraser	49.26	7
8	Taylor, Nicholas	Alaska Anchorage	49.43	

Event 13 Men 600 Meter Run

Name	Year	School	Finals	H#
Dempsey: !	1:17.74	1/12/2013	Maurice McNeal, Washington	
Meet: M	1:17.74	1/12/2013	Maurice McNeal, Washington	

Finals

1	Franzmair, Niki	Oregon	1:18.37	4
2	Morgan, Ricky	Usc	1:18.55	4
3	Allen, CJ	Washington St.	1:18.78	5
4	Swanson, Matthew	Unattached	1:18.96	4
5	Anderson, Jeshua	Unattached	1:19.01	5
6	Lumax, Selasi	Big Bear Tc/	1:19.67	5
7	Restall, Brendon	U. of Victoria	1:19.94	4
8	Sultessa, Badane	Western Oregon	1:19.95	

Event 15 Men 800 Meter Run

Name	Year	School	Finals	H#
Dempsey: ! 1:46.36	2/13/2010	Andrew Wheating, Oregon		
Meet: M 1:49.10	1/19/2008	Raphael Asafo-Agyei, Trafford		

Finals

1 Ford, Robert	Usc		1:50.86	5
2 Buck, Owen	Club Northwest		1:53.42	2
3 Kipchumba, Nathan	Alaska Anchorage		1:53.55	5
4 Smith, Kinsly	Gonzaga		1:54.14	2
5 Muller, Reid	Washington St.		1:54.23	3
6 Mallory, Anthony	Sra Elite		1:54.53	3
7 Russell, Spencer	Portland State		1:54.70	2
8 Richardson, Ben	Portland State		1:54.73	2
12 Wallin, Jordon	Usc		1:56.47	

Event 9 Men 1 Mile Run

Name	Year	School	Finals	H#
Dempsey: ! 3:54.52	2/12/2011	Chris Solinsky, Nike		
Meet: M 3:56.72	1/13/2007	Nick Symmonds, OTC		

Finals

1 Dunbar, Trevor	Nike		4:01.41	4
2 Solis, Dusty	Big Bear Tc/		4:01.48	4
3 Herrera, Daniel	High Perform		4:02.12	4
4 Leibold, Collin	Stanford		4:02.65	4
5 Kent, Justin	CoastalTC		4:02.67	4
6 Bruchet, Luc	Asics Canada		4:03.17	4
7 Shelley, Jake	Big Bear Tc/		4:04.31	4
8 Gorman, Daniel	Halifast Athletics		4:05.98	4
48 Cameron, Mitchell	Usc		4:30.81	

Event 21 Men 3000 Meter Run

Name	Year	School	Finals	H#
Dempsey: ! 7:43.08	2/11/2012	Ryan Hill, NC State		
Meet: M 7:54.57	1/18/2014	Luc Bruchet, British Columbia		

Finals

1 Dunbar, Trevor	Nike		8:00.68	3
2 Fraley, Troy	Gonzaga		8:04.37	3
3 Bruchet, Luc	Asics Canada		8:04.70	3
4 Kent, Justin	CoastalTC		8:09.40	3
5 Hardy, Mike	Unattached		8:11.14	3
6 Rouleau, Marc-Antoine	Simon Fraser		8:11.17	3
7 Levermore, Kyle	Unattached		8:14.36	3
8 Thies, Jeff	Portland		8:14.57	3
41 Rule, Trent	Usc		8:45.08	2
49 Jakowec, Nicolaus	Usc		8:53.19	

Event 25 Men High Jump

Dempsey: !	7-07	2/13/2010	Jesse Williams, Nike
Meet: M	7-06.50	1/19/2008	Michael Mason, British Columbia
Name		Year School	Finals

Finals

1 Lovett, Django		Unattached	2.18m	7-01.75
	1.95 2.00 2.05 2.10 2.15 2.18 2.21			
	PPP PPP O O XO O XXX			
1 Mason, Michael		Valley Royals	2.18m	7-01.75
	1.95 2.00 2.05 2.10 2.15 2.18 2.21			
	PPP PPP PPP O O XXO XXX			
3 Willis, Dartis		Stanford	2.15m	7-00.50
	1.95 2.00 2.05 2.10 2.15 2.18			
	PPP PPP O XO O XXX			
4 Carbin, Darius		Unattached	2.10m	6-10.75
	1.95 2.00 2.05 2.10 2.15			
	PPP O XO XO XXX			
4 Pierson, Thane		Washington St.	2.10m	6-10.75
	1.95 2.00 2.05 2.10 2.15			
	O O O XO XXX			
4 Cunningham, Randall		Usc	2.10m	6-10.75
	1.95 2.00 2.05 2.10 2.15			
	PPP PPP O O XXX			
7 Della Siega, Joel		Ocean Athletics	2.05m	6-08.75
	1.95 2.00 2.05 2.10			
	XO XO XXO XXX			
7 Murray, Carson		Washington	2.05m	6-08.75
	1.95 2.00 2.05 2.10			
	XO XXO XXO XXX			
7 Melu, Shaddye		Seattle U.	2.05m	6-08.75
	1.95 2.00 2.05 2.10			
	PPP XO O XXX			
7 Milligan, Ben		Oregon	2.05m	6-08.75
	1.95 2.00 2.05 2.10			
	O XO XXO XXX			
7 Laubacher, Bradley		Oregon	2.05m	6-08.75
	1.95 2.00 2.05 2.10			
	O O XO XXX			

Event 29 Men Long Jump

Dempsey: !	26-07.75	2/29/2008	Norris Frederick, Washington
Meet: M	26-03	1/14/2012	Norris Frederick, Nike
Name		Year School	Finals

Finals

1 Frederick, Norris		Asics	7.58m	24-10.50
	FOUL 7.58m 7.47m FOUL 7.52m 7.55m			
2 Sloan, Eric		Usc	7.45m	24-05.50
	7.45m FOUL 7.33m PASS PASS PASS			
3 Gordon, Josh		Washington	7.19m	23-07.25
	6.20m 7.04m 6.94m FOUL FOUL 7.19m			
4 Tsygankov, Vladislav		Simon Fraser	7.16m	23-06.00
	7.16m 7.04m 7.11m 6.95m 6.82m FOUL			
5 Johnson, Anthony		Evergreen St.	7.07m	23-02.50
	FOUL 7.05m FOUL 6.92m 7.07m 6.60m			
6 McGee, Keshun		Unattached	7.02m	23-00.50
	6.87m FOUL 7.02m FOUL 6.63m 6.96m			

7 van Tuinen, Nathaniel	Western Washington	6.96m	22-10.00
5.45m 6.96m 6.70m 6.78m 6.76m 6.95m			
8 Schmidt, Spenser	Portland State	6.89m	22-07.25
6.86m 6.80m FOUL 6.88m 6.89m FOUL			
9 Smallwood, Dominic	Usc	6.80m	22-03.75
FOUL 6.78m 6.80m PASS PASS PASS			

Event 31 Men Triple Jump

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Dempsey: ! 54-06.50 2/1/2003 Julien Kapek, USC
Meet: M 51-03 1/15/2011 Kyle Jenkins, Unattached
Name Year School Finals
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Finals

1 Sloan, Eric	Usc	16.43m	53-11.00M
16.43m FOUL FOUL PASS PASS PASS			
2 Brooks, Darian	Stanford	16.08m	52-09.25
15.53m 14.13m 15.71m 13.56m 15.29m 16.08m			
3 Uudmae, Jaak	Stanford	15.69m	51-05.75
15.16m 14.28m 14.20m 14.67m 15.69m 15.37m			
4 McGee, Keshun	Unattached	14.60m	47-11.00
13.86m 13.79m 14.18m 14.12m FOUL 14.60m			
5 Moldavanov, Vladislav	NorWesters	14.38m	47-02.25
FOUL FOUL 14.27m FOUL FOUL 14.38m			
6 Seely, Mark	Western Washington	14.28m	46-10.25
FOUL 12.31m 13.82m FOUL FOUL 14.28m			
7 Smallwood, Dominic	Usc	14.25m	46-09.00
14.23m 14.25m 14.19m FOUL PASS PASS			
8 Holmes, Isaiah	Oakmont High School	14.01m	45-11.75
13.84m 13.68m 13.82m 14.01m 13.80m 13.37m			

Event 33 Men Shot Put

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Dempsey: ! 70-05.25 3/1/2008 Ryan Whiting, Arizona St
Meet: M 61-06.75 1/17/2015 Darien Moore, Champ Nutrition
Name Year School Finals
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Finals

1 Ponzio, Nicholas	Usc	19.43m	63-09.00M
19.08m 18.86m FOUL 18.63m FOUL 19.43m			
2 Katnik, Matthew	Usc	18.34m	60-02.00
17.87m 18.34m FOUL 17.85m FOUL FOUL			
3 Pless, David	IronWood TC	18.18m	59-07.75
17.78m FOUL 18.18m FOUL FOUL FOUL			
4 Catelli, Frank	Washington	17.75m	58-03.00
17.29m 16.22m 17.75m 16.36m FOUL FOUL			
5 Hunter-Simms, Ryan	Oregon	17.69m	58-00.50
17.69m 17.52m 17.40m 17.59m FOUL FOUL			
6 Koch, Josh	Concordia (Ore.)	16.95m	55-07.50
16.20m 15.82m 16.21m FOUL 16.10m 16.95m			
7 Lembcke, Jack	Washington	16.87m	55-04.25
FOUL 16.87m 16.59m 16.59m FOUL FOUL			
8 Newman, Tristen	Stanford	16.55m	54-03.75
16.13m 16.19m 16.53m FOUL 15.95m 16.55m			