

50 YARDS			Ken Jones	6.5	2/8/69	50yH	
Darwin Cook	5.32	1/20/84	Richard Cortese	6.5	2/10/62	Milan Stewart	6.14 1/30/81
Darwin Cook	5.38	1/22/82	Leon Brown	NT	1/29/72	Tonie Campbell	6.14 1/30/81
Darwin Cook	5.3	2/19/82	Lance Babb	NT	1/15/72	Lance Babb	6.1 2/5/71
Lennox Miller	5.3	1/27/68	Lennox Miller	NT	2/7/69	Milan Stewart	6.64 2/11/83
Lennox Miller	5.3	2/18/67	O.J. Simpson	NT	1/5/68		
Luis Morales	5.41	1/21/83	Lennox Miller	NT	2/11/67		
Luis Morales	5.42	2/18/83				60yH	
Antonio Manning	5.44	1/20/84	50m			Herman Franklin	6.9 1/25/69
Lance Babb	5.4	2/5/71	Kareem Kelly	5.67	2/19/00	Earl McCullouch	6.9 2/25/68
Greg Jones	5.7	2/9/73	Darrell Rideaux	5.78	1/20/01	Earl McCullouch	6.9 2/10/68
			Miguel Fletcher	5.83	1/20/01	Earl McCullouch	6.9 2/3/68
60 YARDS			Tony Serpas	5.88	2/7/98	Milan Stewart	7.09 1/21/83
James Sanford	6.06	1/13/81	Darwin Cook	5.89	2/17/84	Lance Babb	7.0 2/12/71
James Sanford	6.08	1/30/81	Devon Ward	5.94	2/23/02	Earl McCullouch	7.0 2/9/68
Willie Deckard	6.0	2/19/72	Wes Felix	5.98	2/23/02	Earl McCullouch	7.0 1/19/68
Don Quarrie	6.0	1/14/72	Phillip Francis	6.02	2/23/02	Earl McCullouch	7.0 3/11/67
Lennox Miller	6.0	2/26/66				Tonie Campbell	7.10 1/25/83
Lennox Miller	6.0	2/12/66	55m			Tonie Campbell	7.10 2/21/83
Jim Bates	6.0	2/13/60	Luis Morales	6.19	3/15/86	Tonie Campbell	7.11 2/4/83
Darwin Cook	6.15	2/8/85	Darrell Rideaux	6.25	2/15/03	Milan Stewart	7.12 3/12/83
Darwin Cook	6.15	2/19/82	Darwin Cook	6.29	2/27/83	Milan Stewart	7.14 2/4/83
Darwin Cook	6.16	1/18/85	Sultan McCullough	6.33	1/23/99	Tonie Campbell	7.14 3/14/82
Darwin Cook	6.17	2/5/82	Wes Felix	6.37	2/15/03	Tonie Campbell	7.14 1/30/82
Clancy Edwards	6.17	1/22/78	Garry Jones	6.40	2/15/03	Tonie Campbell	7.14 1/22/82
Darwin Cook	6.19	2/26/85	Miguel Fletcher	6.40	2/15/03	Milan Stewart	7.17 1/28/83
Joel Andrews	6.1	1/22/77	Marques Holiwell	6.45	1/23/99	Tonie Campbell	7.17 2/5/82
James Gilkes	6.1	2/15/75	Justin Toliver	6.53	2/15/03	Tonie Campbell	7.17 1/30/81
Don Quarrie	6.1	1/8/71	Andre Serrette	6.79	2/15/03	Mike Johnson	7.1 2/6/76
Lennox Miller	6.1	3/16/68				Jerry Wilson	7.1 2/9/73
Lennox Miller	6.1	2/16/68	60m			Jerry Wilson	7.1 2/10/73
O.J. Simpson	6.1	2/17/67	Aaron Brown (1)	6.55	2/15/14	Lance Babb	7.1 2/19/72
Lennox Miller	6.1	2/11/67	Mike Sanford (2)	6.56	1/5/80	Lance Babb	7.1 1/21/72
Lennox Miller	6.1	2/5/66	Aaron Brown	6.59	1/18/14	Herman Franklin	7.1 1/3/70
Lennox Miller	6.1	1/22/66	Andre DeGrasse (3)	6.60	2/7/15	Herman Franklin	7.1 2/15/69
Darwin Cook	6.20	2/22/85	Aaron Brown	6.60	3/15/14	Herman Franklin	7.1 2/8/69
Kevin Williams	6.20	1/22/78	Andre DeGrasse	6.61	2/28/15	Earl McCullouch	7.1 3/16/68
Darwin Cook	6.21	3/12/83	BeeJay Lee (4)	6.61	2/28/15	Earl McCullouch	7.1 3/5/66
Darwin Cook	6.21	2/18/83	Andre DeGrasse	6.61	1/24/15	Milan Stewart	7.20 2/5/82
Darwin Cook	6.21	2/4/83	Aaron Brown	6.61	1/25/14	Milan Stewart	7.20 1/30/82
Darwin Cook	6.21	1/22/82	Aaron Brown	6.62	2/22/14	Arto Bryggare	7.24 1/20/79
Luis Morales	6.22	1/20/84	Andre DeGrasse	6.63	1/17/15	Mike Johnson	7.2 1/17/76
Darwin Cook	6.22	1/28/83	BeeJay Lee	6.63	1/18/14	Ed Washington	7.2 2/8/74
Luis Morales	6.23	1/25/86	BeeJay Lee	6.64	2/14/15	Jerry Wilson	7.2 1/27/73
Darwin Cook	6.24	2/10/84	Just'N Thymes (5)	6.67	2/25/17	Jerry Wilson	7.2 1/26/73
Luis Morales	6.25	2/8/86	BeeJay Lee	6.67	1/25/14	Lance Babb	7.2 3/12/72
Kevin Williams	6.27	1/20/79	BeeJay Lee	6.68	2/7/15	Jerry Wilson	7.2 3/12/72
Darwin Cook	6.29	1/21/83	BeeJay Lee	6.68	2/22/14	Jerry Wilson	7.2 2/19/72
Kevin Williams	6.2	1/22/77	Just'N Thymes	6.69	2/10/17	Jerry Wilson	7.2 1/22/72
Michael Simmons	6.2	2/6/76	BeeJay Lee	6.69	3/13/15	Jerry Wilson	7.2 1/29/72
James Gilkes	6.2	1/25/75	BeeJay Lee	6.69	1/17/15	Lance Babb	7.2 2/13/71
Michael Shavers	6.2	2/8/74	Just'N Thymes	6.70	1/21/17	Lance Babb	7.2 1/22/71
Guy Abrahams	6.2	1/19/74	BeeJay Lee	6.71	1/24/15	Lance Babb	7.2 1/16/71
Don Quarrie	6.2	1/26/73	BeeJay Lee	6.71	2/8/14	Herman Franklin	7.2 2/13/70
Leon Brown	6.2	2/19/72	Adoree' Jackson (6)	6.75	2/26/16	Earl McCullouch	7.2 1/12/68
Lennox Miller	6.2	2/15/69	Just'N Thymes	6.77	1/16/16	Earl McCullouch	7.2 1/5/68
Lennox Miller	6.2	1/31/69	Clancy Edwards (7)	6.77	1/7/78	Earl McCullouch	7.2 2/17/67
O.J. Simpson	6.2	3/16/68	Dominic Davis (8)	6.78	2/26/16	Earl McCullouch	7.2 2/11/67
Lennox Miller	6.2	1/25/68	Adoree' Jackson	6.78	2/6/16	Earl McCullouch	7.2 2/26/66
O.J. Simpson	6.2	1/19/68	Adoree' Jackson	6.79	1/23/16	Bob Pierce	7.2 2/9/63
O.J. Simpson	6.2	2/11/67	Bryan Mercado (9)	6.81	2/15/14	Rex Cawley	7.2 2/13/60
Dwight Middleton	6.2	1/30/65	Aaron Brown	6.83	2/8/14	Fred Shaw	7.3 1/16/77
David Morris	6.2	2/29/64	Adoree' Jackson	6.84	1/16/16	Jerry Wilson	7.3 1/12/73
Richard Cortese	6.2	2/9/63	Alexander Barnum (10)	6.86	2/10/17	Bob Coffman	7.3 1/22/72
Darwin Cook	6.30	2/17/84	Jovonte Slater (10)	6.86	2/15/14	Paul Kerry	7.3 3/12/66
Mike Dexter	6.31	2/21/86	Adoree' Jackson	6.87	2/12/16	Paul Kerry	7.3 2/5/66
Kevin Williams	6.31	2/15/80	Just'N Thymes	6.87	2/7/15	Paul Kerry	7.3 2/6/65
Kevin Williams	6.32	2/16/79	Dominic Davis	6.92	1/16/16	Theo Viltz	7.3 1/30/65
Michael Simmons	6.34	2/2/79	Alexander Barnum	6.93	1/27/17	Paul Kerry	7.3 1/30/65
Luis Morales	6.35	2/4/83	Dominic Davis	6.95	1/22/16	Brian Polkinghorne	7.3 1/26/63
Kevin Williams	6.35	2/2/79	Jovonte Slater	6.95	1/18/14	Bob Pierce	7.3 1/26/63
James Gilkes	6.3	2/6/76	Davonte Stewart	7.01	1/18/14	Bob Pierce	7.3 2/10/62
Kevin Williams	6.3	1/17/76	Davonte Stewart	7.04	2/8/14	Brian Polkinghorne	7.3 2/11/61
James Gilkes	6.3	2/7/75	Jadon Joyner	7.08	1/22/16	Rex Cawley	7.3 1/21/61
Lennox Miller	6.3	3/11/67	Allen Simms	7.08	1/31/04	Bob Pierce	7.3 2/13/60
O.J. Simpson	6.3	3/11/67	Allen Simms	7.10	2/1/03	Phillip Johnson	7.46 1/20/79
Fred Kuller	6.3	1/22/66	Oscar Spurlock	7.20	1/31/09	Jerry Wilson	7.4 1/20/73
David Morris	6.3	2/9/63	Dominic Smallwood	7.21	1/21/17	Mike Johnson	7.4 2/17/74
David Morris	6.3	1/26/63	Eric Sloan	7.27	1/21/17	Paul Kerry	7.4 2/3/68
Kevin Williams	6.40	1/13/81	Brendan Ames	7.45	1/31/09	Paul Kerry	7.4 2/12/66
Don Quarrie	6.4	1/20/73				Brian Polkinghorne	7.4 2/9/63
Bruce Munn	6.4	1/20/62	45yH			Bob Pierce	7.4 1/20/62
Bruce Munn	6.4	2/11/61	Earl McCullouch	5.4	1/13/68	Bob Pierce	7.4 1/21/61
Rich Coulter	6.5	2/8/69				Rex Cawley	7.4 1/22/60

Milan Stewart	7.53	2/16/79	Herman Franklin	13.7	2/15/70	Zyaire Clemes	47.46	1/16/16
Rich Grabehl	7.5	1/22/77	Lance Babb	NT	1/15/72	Ricky Morgan	47.63	1/17/15
Fred Shaw	7.5	1/22/77				James Sanford (3)	47.8	1/7/79
Tyrone Dutton	7.5	2/8/69	100y			Alexander Rohani (4)	48.70	2/25/17
Paul Kerry	7.5	1/22/66	Don Quarrie	9.3	1/15/72	Alexander Rohani	48.81	2/11/17
Theo Viltz	7.5	2/29/64	Don Quarrie	9.4	2/10/73	Alexander Rohani	49.11	2/8/14
Brian Polkinghorne	7.5	1/20/62	Lennox Miller	9.4	1/25/69	Alexander Rohani	49.41	1/27/17
Bob Pierce	7.5	2/10/62	Willie Deckard	9.6	2/12/72	Zyaire Clemes	51.65	1/23/16
Bob Pierce	7.5	2/11/61	Edesel Garrison	9.7	2/15/70			
Robert Reading	7.70	2/13/87	Willie Deckard	NT	1/15/72	440		
Rex Cawley	7.7	2/11/61				Edesel Garrison	45.7	2/12/72
Lance Babb	NT	2/26/71	200m			Edesel Garrison	47.5	1/16/71
Herman Franklin	NT	3/15/69	Andre DeGrasse (1)	20.26	3/13/15	Edesel Garrison	47.7	1/15/72
			Just'N Thymes (2)	20.47	2/11/17	Edesel Garrison	49.4	2.6.71
50mH			Aaron Brown (3)	20.53	2/15/14	Geoff Vanderstock	50.0	2/3/68
Robert Reading	6.56	1/19/90	Andre DeGrasse	20.67	2/14/15	Earl Richardson	NT	1/15/72
Kehinde Alade'fa	6.68	2/24/96	Aaron Brown	20.74	2/8/14	Tony Krzyzosiak	NT	1/15/72
Marcel Allmond	6.73	2/19/00	Aaron Brown	20.76	3/15/14			
Kehinde Alade'fa	6.77	2/11/95	Michael Norman (4)	20.75	2/11/17	500y		
William Erese	6.78	2/7/98	Michael Norman	20.76	2/3/17	Rod Bethany	54.1	1/7/79
Ryan Wilson	6.78	2/23/02	Andre DeGrasse	20.79	2/7/15	Bill Green	56.0	1/2/81
Marcell Allmond	6.85	2/23/02	Aaron Brown	20.88	1/18/14	Edesel Garrison	56.0	1/14/72
Daniel Haag	6.88	2/7/98	Andre DeGrasse	20.90	1/24/15	Bill Green	57.1	1/30/81
Jeff Garrison	6.97	2/23/02	Aaron Brown	20.95	1/25/14	Edesel Garrison	57.1	1/22/72
Ryan Wilson	7.14	1/20/01	Zyaire Clemes (5)	20.97	2/3/17	Joel Andrews	57.7	1/16/77
			Just'N Thymes	20.99	2/3/17	James Sanford	57.8	1/22/78
55mH			BeeJay Lee (6)	21.00	2/7/15	Trevor Campbell	57.8	2/17/74
Robert Reading	7.15	2/25/89	Zyaire Clemes	21.01	2/11/17	Rex Cawley	57.9	2/10/62
Robert Reading	7.22	3/10/90	BeeJay Lee	21.01	2/28/15	Trevor Campbell	58.1	1/17/76
Robert Reading	7.22	2/11/89	Davonte Stewart (7)	21.03	2/15/14	Rex Cawley	58.2	1/20/62
Robert Reading	7.31	3/11/89	Zyaire Clemes	21.05	2/24/17	Rod Bethany	58.4	2/5/82
Kehinde Alade'fa	7.36	1/28/95	Davonte Stewart	21.19	2/8/14	Mike Newton	58.4	2/10/68
Djeke Mambo	7.61	1/23/99	Davonte Stewart	21.19	1/18/14	Earl Richardson	58.6	2/19/72
			Zyaire Clemes	21.22	1/22/16	Nathan Burks	58.7	2/9/73
60mH			Adoree' Jackson (8)	21.28	2/5/16	Tony Krzyzosiak	58.7	1/22/72
Aleec Harris (1)	7.60	2/15/14	Ricky Morgan (9)	21.30	1/22/16	Udeme Ekpenyong	57.81	2/24/96
Aleec Harris	7.63	3/15/14	Just'N Thymes	21.30	1/22/16	Mike Turner	59.0	1/30/81
Aleec Harris	7.64	2/22/14	Ricky Morgan	21.37	2/13/16	Claude Brown	59.2	1/19/74
Oscar Spurlock (2)	7.71	2/5/11	Zyaire Clemes	21.44	1/20/17	Ray Carter	59.51	1/22/00
Marquis Morris (3)	7.73	1/27/17	Just'N Thymes	21.45	2/14/15	Roger Wolff	60.9	1/22/66
Brendan Ames (3)	7.73	3/12/11	Just'N Thymes	21.50	2/28/15	Ari Monosson	61..56	1/22/00
Aleec Harris	7.74	1/25/14	Davonte Stewart	21.50	1/24/15			
Brendan Ames	7.75	2/12/11	Ricky Morgan	21.54	1/20/17	600 YARDS		
Brendan Ames	7.75	2/5/11	BeeJay Lee	21.54	1/17/15	Lloyd Johnson	1:10.9	1/22/78
Robert Reading (5)	7.75	2/17/89	Ricky Morgan	21.62	2/7/15	Tony Krzyzosiak	1:11.2	2/19/72
Aleec Harris	7.76	2/8/14	Just'N Thymes	21.62	2/7/15	Rayfield Beaton	1:11.4	1/22/78
Marquis Morris	7.81	1/21/17	Ricky Morgan	21.62	1/24/15	James Baxter	1:11.7	1/19/74
Marquis Morris	7.83	2/24/17	BeeJay Lee	21.82	1/18/14	Dennis Carr	1:11.9	1/22/66
Marquis Morris	7.84	2/10/17	BeeJay Lee	21.93	1/25/14	Dennis Carr	1:12.4	2/18/64
Oscar Spurlock	7.85	2/12/11	Bryan Mercado (10)	21.98	2/15/14	Claude Brown	1:12.8	2/3/73
Marquis Morris	7.87	2/14/15	Aleec Harris (10)	21.98	1/18/14	Nathan Burks	1:12.8	1/20/73
Ryan Wilson (6)	7.87	2/1/03	Alezander Barnum	21.99	2/11/17	Gary Comer	1:12.8	2/29/64
Oscar Spurlock	7.90	2/7/09	Marquis Morris	22.02	2/7/15	Claude Brown	1:14.2	1/20/73
Marquis Morris	7.91	2/5/16	Jadon Joyner	22.10	2/5/16	Richard Joyce	1:15.0	12/30/67
Marquis Morris	7.92	2/27/16	Dominic Davis	22.30	2/26/16	Lloyd Johnson	NT	2/4/77
Oscar Spurlock	7.92	3/7/09	Jadon Joyner	22.37	1/22/16			
Oscar Spurlock	7.94	1/30/10	Bryan Mercado	22.39	1/25/14	600m		
Marquis Morris	7.95	2/28/15	Dominic Davis	22.51	1/22/16	Ricky Morgan	1:18.55	1/16/16
Kai Kelly (7)	7.95	3/7/08	Alexander Rohani	22.53	2/8/14	George Porter	1:19.34	2/11/89
Aleec Harris	7.99	1/18/14						
Marquis Morris	8.00	2/12/16	300			800		
Allen Williams (8)	8.00	2/15/14	James Sanford	30.51	2/9/80	Robert Ford (1)	1:47.88	2/26/16
Allen Williams	8.02	2/27/15	Billy Mullins	31.26	2/16/79	Robert Ford	1:48.09	1/27/17
Ryan Wilson	8.04	2/15/03	James Sanford	31.44	2/16/79	Robert Ford	1:48.30	2/11/17
Marquis Morris	8.06	2/7/15	James Sanford	35.0	1/27/79	Robert Ford	1:48.54	1/21/17
Oscar Spurlock	8.06	1/31/09	Billy Mullins	36.0	1/27/79	Ibrahim Okash (2)	1:49.17	2/8/86
Marquis Morris	8.09	1/16/16	Willie Deckard	NT	1/15/72	Robert Ford	1:49.21	2/14/15
Allen Williams	8.09	1/17/15				Robert Ford	1:49.32	2/28/15
Brendan Ames	8.09	2/7/09	400			David Omwanza (3)	1:49.4	1/7/78
Marquis Morris	8.11	1/24/15	Ricky Morgan (1)	46.41	2/10/17	Robert Ford	1:49.53	2/25/17
Marquis Morris	8.13	1/17/15	Ricky Morgan	46.45	2/26/16	Myles Andrews (4)	1:49.90	2/14/15
Allen Williams	8.15	2/7/15	Ricky Morgan	46.68	1/23/16	Robert Ford	1:50.17	2/12/16
Allen Williams	8.16	1/25/14	Ricky Morgan	46.70	2/4/17	Robert Ford	1:50.46	1/24/15
Allen Williams	8.17	1/18/14	Zyaire Clemes (2)	46.74	2/25/17	Myles Andrews	1:50.63	2/28/15
Allen Williams	8.22	1/24/15	Zyaire Clemes	46.74	2/26/16	Myles Andrews	1:50.80	1/24/15
Brendan Ames	8.24	1/31/09	Ricky Morgan	46.80	2/25/17	Robert Ford	1:50.86	1/16/16
Viktor Fajoyomi (9)	8.25	2/15/14	Ricky Morgan	46.82	1/27/17	Ibrahim Okash (5)	1:51.11	2/19/88
Allen Williams	8.32	2/11/12	Ricky Morgan	46.93	2/12/16	David Omwanza	1:51.4	2/16/79
Viktor Fajoyomi	8.46	1/25/14	Zyaire Clemes	47.01	2/10/17	Robert Ford	1:51.37	2/7/15
Allen Williams	8.49	2/14/15	Ricky Morgan	47.14	1/24/15	Myles Andrews	1:51.55	2/7/15
			Ricky Morgan	47.32	2/28/15	Robert Ford	1:52.11	1/23/16
120HH			Ricky Morgan	47.33	2/6/16	Robert Ford	1:52.70	1/17/15
Jerry Wilson	13.7	2/10/73	Ricky Morgan	47.33	2/7/15	David Omwanza	1:53.9	1/20/79
Jerry Wilson	13.7	2/12/72	Ricky Morgan	47.34	2/14/15	Myles Andrews	1:54.05	2/8/14

David Manahan (6)	1:54.60	2/14/15
David Manahan	1:54.73	2/28/15
David Manahan	1:55.04	1/24/15
Myles Andrews	1:55.58	1/18/14
Jordon Wallin (7)	1:55.76	2/26/16
Jordon Wallin	1:55.85	1/24/15
Jordon Wallin	1:56.47	1/16/16
Jordon Wallin	1:56.55	2/6/16
Jordon Wallin	1:56.49	2/14/15
Brandon Pacheco (8)	1:56.79	1/23/99
Jordon Wallin	1:58.11	1/23/16
Jordon Wallin	1:58.83	2/12/16
Matthew Myrtue (9)	2:00.74	2/25/17
Mitchell Cameron (10)	2:01.91	2/6/16
Trent Rule	2:04.70	2/6/16
Nicolaus Jakowec	2:11.33	2/6/16
Alexander Rohani	DNF	2/11/17

880

David Omwanza	1:49.2	2/5/78
David Omwanza	1:50.6	1/22/78
Carl Trentadue	1:52.2	1/27/68
Bruce Bess	1:53.1	3/9/64
Carl Trentadue	1:53.8	3/15/69
Carl Trentadue	1:53.9	3/16/68
Charles Oakley	1:55.1	2/27/65
Issac Turner	1:57.81	2/24/96
Dennis Carr	2:10.2	1/25/64

1000 YARDS

Carl Trentadue	2:08.8	2/3/68
Bruce Bess	2:09.3	2/29/64
James Baxter	2:09.6	2/17/74
Dennis Carr	2:10.2	1/25/64
Dennis Carr	2:10.5	1/30/65
Carl Trentadue	2:10.9	2/25/68
Ray Griffin	2:11.43	2/13/87
David Omwanza	2:11.4	2/2/79
Dennis Carr	2:11.6	3/13/65
James Baxter	2:12.4	2/8/74
Dennis Carr	2:12.5	1/18/64
Nathan Burks	2:13.2	2/19/72

1000m

Ray Griffin	2:12.4	1/16/87
Ray Griffin	2:27.27	1/31/87

MILE

Blake Shaw (1)	3:59.85	3/6/10
Neil Duggan (2)	4:01.8	2/3/68
Steve Crane (3)	4:05.1	2/19/72
Chris Johnson (4)	4:06.0	3/15/65
Chris Johnson	4:06.6	1/30/65
Ole Oleson (5)	4:06.7	2/22/69
Dennis Carr (6)	4:06.9	2/24/67
Dennis Carr	4:07.5	2/17/67
John Link (7)	4:07.5	3/12/66
Chris Johnson	4:08.0	3/13/65
Neil Duggan	4:08.2	1/19/68
Dennis Carr	4:09.3	2/19/72
Neil Duggan	4:09.5	1/25/69
Neil Duggan	4:09.7	1/27/68
John Link	4:10.4	2/17/67
Brandon Pacheco (8)	4:10.99	2/24/96
Julio Marin (9)	4:12.3	12/27/63
Myles Andrews (10)	4:12.45	1/17/15
Ole Oleson	4:14.0	2/16/68
Trent Rule	4:15.66	1/27/17
Trent Rule	4:16.75	2/11/17
Trent Rule	4:17.29	2/24/17
Nicolaus Jakowec	4:19.12	1/21/17
Dennis Carr	4:19.3	1/7/67
Ole Oleson	4:19.9	1/19/68
Trent Rule	4:21.62	1/21/17
Mitchell Cameron	4:30.81	1/16/16
Trent Rule	4:32.56	2/6/16
Nicolaus Jakowec	4:34.18	2/6/16
Mitchell Cameron	4:38.21	2/6/16
Dennis Carr	NT	2/12/72
Steve Crane	NT	1/15/72

2 MILE

Ole Oleson	8:36.1	1/25/69
Ole Oleson	8:45.2	3/15/69

Ole Oleson	8:45.0	2/8/69
Ole Oleson	8:45.8	2/3/68
Ole Oleson	8:47.7	3/16/68
Ole Oleson	8:51.0	2/10/68
Max Truex	8:56.7	3/9/57
Andrew Herryty	8:56.9	2/15/69
Jeff Marsee	8:57.6	2/10/68
Julio Marin	8:58.2	2/9/63
Chuck Schulz	9:00.0	2/10/68
Julio Marin	9:01.7	2/10/62
John Link	9:07.1	2/4/67
Julio Marin	9:08.6	1/26/63
John Link	NT	2/11/67

3000

Trent Rule	8:45.08	1/16/16
Trent Rule	8:52.15	1/23/16
Nicolaus Jakowec	8:53.19	1/16/16

4x400

2017 **3:05.57** 2/4/17
(Morgan, Thymes, Clemes, Norman)

2016 3:07.32 2/27/16
(Clemes, Thymes, Jackson, Morgan)

2017 **3:07.80** 1/21/17
(Morgan, Thymes, Ford, Clemes)

2015 3:08.74 2/28/15
(Morgan, Thymes, Jackson, Stewart)

2016 3:10.13 2/6/16
(Morgan, Jackson, Clemes, Morris)

2015 3:11.05 1/24/15
(Morgan, Ford, Andrews, Stewart)

2015 3:11.44 2/14/15
(Morgan, Stewart, Thymes, Morris)

2015 3:15.01 2/7/15
(Morgan, Ford, Morris, Andrews)

2015 3:21.01 2/14/15
(Andrews, Ford, Wallin, Manahan)

4x440

1980..... 3:12.14 2/9/80
(Green, Mullins, Bethany, Williams)

1972..... 3:13.8
(Krzyzosiak, Richardson, Brown, Garrison)

1974..... 3:15.3
(Richardson, Andrews, Brown, Jones)

1974..... 3:20.0
(Brown, Richardson, Campbell, Jones)

1963..... 3:20.2 2/15/63

1973..... 3:20.4 2/10/73

1960..... 3:22.0 2/13/60

1984..... 3:22.5 2/10/84
(Ivey, Manning, Morales, Cook)

1961..... 3:22.5 2/11/61

1965..... 3:22.9 1/30/65

1965..... 3:23.2 2/13/65

1963..... 3:23.2 2/9/63

1969..... 3:24.3 2/8/69

1964..... 3:24.9 2/18/64

1962..... 3:25.6 2/10/62

1966..... 3:26.0 1/22/66

2 MILE RELAY

1965 7:29.1 2/6/65
(Bess, Cox, Johnson, Oakley)

1967 7:30.1 3/11/67
(Joyce, Buck, Carr, Trentadue)

1966 7:30.9 3/12/66

1968 7:34.4 2/16/68
(Becker, Link, Duggan, Trentadue)

1967 7:34.4 2/11/67
(Grant, Buck, Trentadue, Carr)

1966 7:36.7 2/5/66
(Bess, Buck, Carr, Wolff)

1966 7:37.2 2/12/66
(Wolff, Bess, Carr, Buck)

1968 7:41.0 2/10/68

1969 7:41.9 2/15/69

1964 7:42.4 2/8/64

1982 7:42.6 2/5/82

1967 7:43.1 12/30/67

1963 7:43.8 2/9/63

1969 7:44.2 2/8/69

1965 7:45.8 2/13/65

(Bess, Cox, Johnson, Carr)		
1964	7:46.2	1/18/64
(Bess, Goettelmann, Johnson, Oakley)		
1976	7:47.0	
(Bell, Kern, L. Johnson, Beaton)		
1964	7:47.2	2/18/64
(Goettelmann, Johnson, Oakley, Bess)		
1961	7:51.5	1/21/61
1961	7:51.7	2/11/61
1960	7:54.0	2/13/60
1962	7:56.9	2/10/62
1963	7:57.6	1/26/63

DISTANCE MEDLEY RELAY

1969	9:48.1	3/15/69
1967	9:50.1	3/11/67
(Grant, Wolff, Carr, Link)		
1969	9:51.2	2/15/69
(Becker, Turner, Trentadue, Oleson)		
1968	9:51.3	3/16/68
(Grant, Vanderstock, Oleson, Trentadue)		

HIGH JUMP

Jesse Williams (1)	7' 6 (2.29)	3/11/06
Randall Cunningham (2)	7' 5¼ (2.27)	2/25/17
Randall Cunningham	7' 5 (2.26)	1/22/16
Jesse Williams	7' 5 (2.26)	3/12/05
Jesse Williams	7' 3¾ (2.23)	2/11/06
Jesse Williams	7' 3¾ (2.23)	1/29/05
Randall Cunningham	7' 3¾ (2.22)	2/13/16
Jesse Williams	7' 3¾ (2.22)	2/24/06
Randall Cunningham	7' 2¼ (2.19)	1/27/17
Manjula Wijesekara (3)	7' 2¼ (2.19)	3/7/09
Jesse Williams	7' 2¼ (2.19)	2/12/05
Manjula Wijesekara	7' 1¾ (2.18)	2/11/06
Manjula Wijesekara	7' 1¾ (2.18)	1/29/05
Jesse Williams	7' 1½ (2.17)	3/13/04
Lew Hoyt (4)	7' 1 (2.16)	2/13/64
George Fleckenstein (5)	7' 0¾ (2.14)	2/10/62
Michael Krone (5)	7' 0¾ (2.14)	2/28/15
Randall Cunningham	7' 0¾ (2.14)	2/28/15
Randall Cunningham	7' 0¾ (2.14)	1/24/15
Manjula Wijesekara	7' 0¾ (2.14)	3/14/09
Jesse Williams	7' 0¾ (2.14)	2/14/04
Charlie Dumas (5)	7' 0¾ (2.14)	2/13/60
Anthony Caire (8)	7' 0 (2.13)	1/21/83
Jerry Culp (8)	7' 0 (2.13)	2/17/74
Jerry Culp	7' 0 (2.13)	3/10/73
Jerry Culp	7' 0 (2.13)	2/12/72
Larry Hollins (8)	7' 0 (2.13)	1/16/71
Randall Cunningham	6' 11¾ (2.13)	3/11/16
Randall Cunningham	6' 11½ (2.12)	2/5/16
Manjula Wijesekara	6' 11½ (2.12)	2/7/09
Anthony Caire	6' 11 (2.11)	2/4/83
Bob Avant	6' 11 (2.11)	1/21/61
Charlie Dumas	6' 11 (2.11)	1/30/60
Randall Cunningham	6' 10¾ (2.10)	2/27/16
Randall Cunningham	6' 10¾ (2.10)	1/16/16
Randall Cunningham	6' 10¾ (2.10)	2/7/15
Michael Krone	6' 10¾ (2.10)	1/17/15
Manjula Wijesekara	6' 10¾ (2.10)	1/31/09
Manjula Wijesekara	6' 10¾ (2.10)	2/12/05
Bob Avant	6' 10¾ (2.10)	3/10/62
Lew Hoyt	6' 10¾ (2.10)	3/10/62
Lew Hoyt	6' 10¾ (2.10)	2/10/62
Charlie Dumas	6' 10¾ (2.10)	2/7/59
Charlie Dumas	6' 10½ (2.09)	1/22/60
Randall Cunningham	6' 10¼ (2.09)	2/14/15
Michael Krone	6' 10¼ (2.09)	2/14/15
Michael Krone	6' 10¼ (2.09)	1/24/15
Lew Hoyt	6' 10¼ (2.09)	2/9/63
Lew Hoyt	6' 10¼ (2.09)	1/25/63
Lew Hoyt	6' 10¼ (2.09)	2/10/62
Viktor Fajoyomi	6' 10 (2.08)	2/11/12
Jesse Williams	6' 10 (2.08)	1/31/04
Anthony Caire	6' 10 (2.08)	1/22/82
Dean Owens	6' 10 (2.08)	1/19/74
Dean Owens	6' 10 (2.08)	1/15/72
Max Lowe	6' 10 (2.08)	2/3/68
Greg Heet	6' 10 (2.08)	12/30/67
Lew Hoyt	6' 10 (2.08)	2/8/64
Lew Hoyt	6' 10 (2.08)	1/18/64
Lew Hoyt	6' 10 (2.08)	1/26/63
Bob Avant	6' 10 (2.08)	2/24/62

Lew Hoyt	6' 10 (2.08)	1/20/62	Bob Seagren	16' 6 (5.03)	2/4/67	Wellesey Clayton	25' 0¼ (7.64)	2/18/64
Charlie Dumas	6' 10 (2.08)	1/7/59	Bob Seagren	16' 6 (5.03)	1/28/67	Henry Hines	25' 0½ (7.63)	1/21/72
Herbert Dew	6' 9¾ (2.08)	2/15/14	Bob Seagren	16' 6 (5.03)	1/21/67	Wellesey Clayton	25' 0½ (7.63)	1/30/65
Bob Avant	6' 9¾ (2.08)	2/11/61	Paul Wilson	16' 4¼ (4.98)	3/11/67	Wellesey Clayton	25' 0¼ (7.62)	1/18/64
Dean Owens	6' 9 (2.06)	2/12/72	Bob Seagren	16' 4 (4.98)	3/16/68	Wellesey Clayton	25' 0 (7.62)	1/25/64
Greg Heet	6' 9 (2.06)	3/12/66	Bob Seagren	16' 4 (4.98)	2/9/68	Ed Tave	24' 11½ (7.60)	2/18/83
Bob Avant	6' 9 (2.06)	2/4/62	Brandon Estrada	16' 3½ (4.97)	2/5/10	Randy Williams	24' 11½ (7.60)	1/22/72
Randall Cunningham	6' 8¾ (2.05)	1/20/17	Bob Pullard	16' 3 (4.95)	3/9/74	Allen Simms	24' 11¼ (7.60)	2/15/03
Michael Krone	6' 8¾ (2.05)	2/7/15	Bob Seagren	16' 2 (4.93)	1/13/68	Henry Hines	24' 11¼ (7.60)	1/30/71
Randall Cunningham	6' 8¾ (2.05)	1/17/15	Derek Scott	16' 1¾ (4.92)	1/30/10	Allen Simms	24' 11 (7.59)	1/31/04
Viktor Fajoyomi	6' 8¾ (2.05)	1/25/14	Bob Seagren	16' 0½ (4.89)	1/5/68	Henry Hines	24' 11 (7.59)	1/16/71
Bob Avant	6' 8¾ (2.05)	2/10/62	Bill Fosdick	16' 0¼ (4.88)	3/12/66	Adoree Jackson	24' 10½ (7.58)	2/12/16
Paul Stuber	6' 8½ (2.04)	1/22/60	Bob Pullard	16' 0 (4.88)	1/26/74	Ed Tave	24' 10¼ (7.58)	2/4/83
Bob Avant	6' 8¾ (2.04)	2/13/60	Bob Pullard	16' 0 (4.88)	2/19/72	Ed Tave	24' 10¼ (7.57)	2/17/84
Dean Owens	6' 8 (2.03)	2/19/72	Steve Smith	16' 0 (4.88)	1/10/70	Ed Tave	24' 9¾ (7.54)	2/12/83
Max Lowe	6' 8 (2.03)	1/27/68	Bill Fosdick	16' 0 (4.88)	2/26/66	Jesus Olivan	24' 8½ (7.53)	2/13/87
Greg Heet	6' 8 (2.03)	1/19/68	Paul Wilson	16' 0 (4.88)	1/22/66	Randy Williams	24' 8½ (7.53)	1/27/73
Max Lowe	6' 8 (2.03)	12/30/67	Mel Hein	15' 10¼ (4.83)	1/13/64	Adoree Jackson	24' 7¾ (7.51)	1/24/15
Joe Faust	6' 8 (2.03)	3/13/64	Bill Fosdick	15' 9 (4.80)	3/15/65	Ed Tave	24' 7¾ (7.51)	2/8/85
Joe Faust	6' 8 (2.03)	3/9/64	John Flanagan	15' 9 (4.80)	1/26/63	Wellesey Clayton	24' 7¼ (7.50)	1/22/66
Joe Faust	6' 8 (2.03)	2/15/64	Mel Hein	15' 8 (4.77)	2/9/63	Allen Simms	24' 6½ (7.48)	2/1/03
George Fleckenstein	6' 8 (2.03)	1/26/63	Bill Fosdick	15' 7 (4.75)	2/6/65	Dominic Smallwood	24' 5½ (7.45)	1/20/17
George Fleckenstein	6' 8 (2.03)	2/10/62	Steve Smith	15' 6 (4.72)	2/15/70	Eric Sloan	24' 5½ (7.45)	1/16/16
George Fleckenstein	6' 8 (2.03)	1/20/62	Steve Smith	15' 6 (4.72)	1/3/70	Henry Jackson	24' 5½ (7.45)	2/19/72
Anthony Caire	NH (7' 0)	1/20/84	Paul Wilson	15' 6 (4.72)	2/26/66	Wellesey Clayton	24' 4¾ (7.43)	2/6/65
Randall Cunningham	NH (6' 8¾)	2/11/17	Paul Wilson	15' 6 (4.72)	2/12/66	Henry Jackson	24' 4 (7.41)	1/30/71
			Bill Fosdick	15' 5 (4.70)	3/11/67	Ed Tave	24' 3 ¾ (7.40)	1/23/82
			Bill Fosdick	15' 4½ (4.68)	3/13/65	Ed Tave	24' 3 (7.39)	2/19/82
POLE VAULT			John Flanagan	15' 4 (4.67)	2/9/63	Viktor Fajoyomi	23' 11¼ (7.31)	1/25/14
Dave Kenworthy (1)	18' 3 (5.56)	3/12/83	Brad Slinkard	15' 3 (4.65)	2/21/05	Larry Doubly	23' 10¼ (7.28)	1/30/81
Dave Kenworthy	18' 1 (5.51)	2/25/83	John Flanagan	15' 3 (4.65)	12/27/63	Viktor Fajoyomi	23' 10 (7.26)	2/11/12
Brandon Estrada (2)	18' 0½ (5.50)	3/6/10	Bill Fosdick	15' 0 (4.57)	2/24/67	Dominic Smallwood	23' 9 (7.24)	2/10/17
Denis Kholev (2)	18' 0½ (5.50)	2/23/02	Bill Fosdick	15' 0 (4.57)	1/30/65	Henry Hines	23' 8½ (7.22)	1/22/71
Denis Kholev	18' 0½ (5.50)	1/21/01	Mel Hein	15' 0 (4.57)	1/25/64	Henry Jackson	23' 8½ (7.22)	2/9/73
Denis Kholev	18' 0½ (5.50)	2/19/00	Mel Hein	14' 11¾ (4.56)	2/10/62	Adoree Jackson	23' 8 (7.21)	2/7/15
Dave Kenworthy	18' 0½ (5.50)	2/27/83	Jim Brewer	14' 9 (4.49)	2/11/61	Dominic Smallwood	23' 6¾ (7.18)	2/5/16
Doug Wicks (4)	17' 8 (5.38)	3/9/85	Earl Meadows	14' 7¼ (4.45)	1941	Dominic Smallwood	23' 6 (7.16)	1/27/17
Brandon Estrada	17' 6½ (5.34)	3/14/10	Mel Hein	14' 6 (4.42)	2/15/63	Jerry Hardeman	23' 5½ (7.15)	1/26/74
Dave Kenworthy	17' 6½ (5.34)	2/4/83	Mel Hein	14' 6 (4.42)	1/26/63	Lynn Swann	23' 3½ (7.10)	2/19/72
Dave Kenworthy	17' 6½ (5.34)	1/21/83	Mel Hein	14' 6 (4.42)	1/26/63	Dominic Smallwood	22' 10½ (6.97)	2/26/16
Doug Wicks	17' 6 (5.33)	3/2/85	Jim Brewer	14' 6 (4.42)	1/21/61	Ed Tave	22' 10½ (6.97)	1/21/83
Dave Kenworthy	17' 6 (5.33)	2/18/83	Daniel Corrigan	14' 1¼ (4.30)	2/21/05	Adoree Jackson	22' 9¼ (6.94)	2/28/15
Dave Kenworthy	17' 6 (5.33)	2/11/83	Mel Hein	14' 0 (4.27)	1/21/61	Dominic Smallwood	22' 9 (6.93)	1/17/15
Dave Kenworthy	17' 6 (5.33)	2/19/82	Jim Brewer	14' 0 (4.27)	2/7/59	Dominic Smallwood	22' 9 (6.93)	1/17/15
Russ Rogers (5)	17' 6 (5.33)	1/17/76	John Montgomery	14' 0 (4.27)	2/4/49	Dominic Smallwood	22' 6½ (6.87)	1/23/16
Bob Seagren (5)	17' 6 (5.33)	2/8/69	Graham Bockmiller	13' 9¼ (4.20)	2/21/05	Dominic Smallwood	22' 5¼ (6.84)	1/24/15
Bob Seagren	17' 5¾ (5.33)	1/25/69	Eric White	NH	2/19/88	Jovonte Slater	22' 5¼ (6.84)	2/15/14
Dave Kenworthy	17' 5 (5.31)	2/13/82	Steve Klassen	NH	1/16/87	Dominic Smallwood	22' 3¾ (6.80)	1/16/16
Dave Kenworthy	17' 5 (5.31)	1980	Bill Fosdick	NM	2/5/66	Dominic Smallwood	22' 2½ (6.77)	2/7/15
Bob Seagren	17' 4¼ (5.29)	1/25/68				Jovonte Slater	22' 0¼ (6.71)	1/18/14
Bob Seagren	17' 4¼ (5.29)	1/5/68				Randy Williams	NM	1/15/72
Eric White (7)	17' 3 (5.26)	1/31/87	LONG JUMP					
Eric White	17' 3 (5.25)	3/14/87	Dietmar Haaf (1)	26' 11¼ (8.21)	2/18/90			
Bob Seagren	17' 3 (5.25)	2/18/67	Henry Hines (2)	26' 7 (8.10)	1/15/72			
Bob Seagren	17' 2 (5.23)	1/28/67	Randy Williams	26' 4¼ (8.03)	3/10/73	TRIPLE JUMP		
Steve Klassen (8)	17' 2 (5.23)	3/2/85	Henry Hines	26' 3¼ (8.00)	1/22/72	Allen Simms (1)	56' 7½ (17.26)	3/15/03
Brandon Estrada	17' 1½ (5.22)	1/30/10	Randy Williams	26' 2¼ (7.98)	1/26/73	Eric Sloan (2)	55' 10½ (17.03)	2/13/16
Bob Seagren	17' 0¾ (5.20)	1/27/68	Henry Hines	26' 1¾ (7.97)	1/19/72	Allen Simms	55' 5 (16.89)	2/15/03
Bob Seagren	17' 0¾ (5.20)	3/3/67	Henry Hines	26' 1¼ (7.95)	3/13/71	Allen Simms	54' 10¼ (16.73)	2/14/04
Bob Seagren	17' 0½ (5.19)	2/3/68	Randy Williams	26' 0¾ (7.94)	2/10/73	Julien Kapek (3)	54' 6¾ (16.62)	2/1/03
Bob Seagren	17' 0½ (5.18)	3/11/67	Randy Williams	26' 0¼ (7.93)	1/20/73	Eric Sloan	54' 2¾ (16.51)	2/6/16
Bob Seagren	17' 0¼ (5.18)	2/11/67	Henry Hines	26' 0 (7.92)	2/12/72	Julien Kapek	53' 11¼ (16.45)	3/15/03
Dave Kenworthy	17' 0 (5.18)	1/22/82	Randy Williams	25' 11½ (7.91)	2/9/73	Eric Sloan	53' 11 (16.43)	1/16/16
Bob Pullard (9)	17' 0 (5.18)	2/17/74	Henry Hines	25' 10 (7.87)	3/12/72	Julien Kapek	53' 9½ (16.39)	2/23/02
Bob Seagren	17' 0 (5.18)	2/1/69	Larry Doubly (4)	25' 9¾ (7.86)	1/22/78	Eric Sloan	53' 7¾ (16.35)	3/12/16
Bob Seagren	17' 0 (5.18)	12/30/67	Henry Hines	25' 9¾ (7.86)	1/12/72	Eric Sloan	53' 6¼ (16.31)	2/27/16
Derek Scott (10)	16' 9½ (5.12)	2/5/10	Eric Sloan (5)	25' 9¼ (7.85)	1/23/16	Julien Kapek	53' 2¼ (16.21)	2/15/03
Bob Seagren	16' 9 (5.10)	1/7/67	Randy Williams	25' 8¾ (7.84)	2/15/75	Allen Simms	53' 1 (16.18)	1/31/04
Bob Seagren	16' 8¾ (5.10)	2/24/67	Larry Doubly	25' 8½ (7.83)	2/4/77	Henry Jackson (4)	52' 9½ (16.09)	3/12/72
Paul Wilson	16' 8 (5.08)	3/16/68	Randy Williams	25' 8¼ (7.83)	2/12/72	Mahoney Samuels (5)	52' 7 (16.02)	1/18/64
Derek Scott	16' 7¼ (5.06)	1/31/09	Randy Williams	25' 8 (7.82)	2/3/73	Greg Harper (6)	52' 6½ (16.01)	1/22/88
Bob Seagren	16' 7¼ (5.06)	2/25/67	Larry Doubly	25' 5½ (7.76)	1/16/77	Mahoney Samuels	52' 1¼ (15.88)	1/22/66
Bob Seagren	16' 7 (5.05)	1/26/67	Eric Sloan	25' 4¾ (7.74)	1/20/17	Mahoney Samuels	52' 0 (15.85)	2/26/66
Bob Pullard	16' 6¾ (5.05)	2/10/73	Randy Williams	25' 4¾ (7.74)	1/26/74	Henry Jackson	51' 9½ (15.78)	3/13/71
Bob Seagren	16' 6¾ (5.05)	2/2/68	Wellesey Clayton (6)	25' 4¼ (7.74)	2/8/64	Greg Harper	51' 7 (15.72)	2/25/89
Bob Seagren	16' 6¾ (5.05)	1/12/68	Eric Sloan	25' 4½ (7.73)	2/12/16	Fred Assef (7)	51' 3½ (15.63)	2/6/76
Bob Seagren	16' 6½ (5.04)	2/10/68	Jesus Olivan (7)	25' 4 (7.72)	2/20/87	Dominic Smallwood(8)	51' 0¼ (15.56)	2/25/17
Bob Seagren	16' 6½ (5.04)	2/17/67	Jesus Olivan	25' 3½ (7.71)	1/31/87	Dominic Smallwood	51' 0¼ (15.55)	2/11/17
Bob Pullard	16' 6¼ (5.03)	2/9/73	Eric Sloan	25' 2¾ (7.69)	3/11/16	Mahoney Samuels	50' 8 (15.44)	2/5/66
Bob Seagren	16' 6¼ (5.03)	2/10/67	Eric Sloan	25' 2¾ (7.69)	2/26/16	Dominic Smallwood	50' 6¾ (15.41)	1/27/17
Derek Scott	16' 6 (5.03)	3/7/09	Randy Williams	25' 2¼ (7.67)	2/9/74	Tim Barrett (9)	50' 6¼ (15.41)	1/7/67
Bob Seagren	16' 6 (5.03)	3/15/69	Dominic Smallwood(8)	25' 2 (7.67)	2/24/17	Mahoney Samuels	50' 6¼ (15.40)	1/25/64
Bob Seagren	16' 6 (5.03)	2/22/69	Larry Doubly	25' 2 (7.67)	1/22/77	Tom Cochee (10)	50' 4¼ (15.34)	2/6/76
Bob Seagren	16' 6 (5.03)	2/16/68	Adoree Jackson (9)	25' 1¾ (7.66)	2/26/16	Henry Jackson	50' 2 (15.29)	2/19/72
Bob Seagren	16' 6 (5.03)	1/19/68	Randy Williams	25' 1¾ (7.66)	2/17/74	Henry Hines	50' 0¾ (15.25)	1/16/71
			Ed Tave (10)	25' 1¼ (7.65)	2/10/84	Greg Harper	49' 5 (15.06)	1/31/87
						Fred Assef	49' 4½ (15.04)	2/4/77

Tim Barrett	49' 4½ (15.04)	3/16/68
Dominic Smallwood	49' 4¼ (15.04)	2/27/16
Fred Assef	48' 10 (14.88)	1/22/77
Inman Breaux	48' 8 (14.83)	2/10/07
Mike Pullins	48' 5¾ (14.77)	1/18/85
Daniel Jackson	48' 4¼ (14.73)	1/22/77
Willie Pratt	48' 2½ (14.69)	2/19/72
Allen Williams	47' 11¾ (14.62)	1/18/14
Allen Williams	47' 10 (14.58)	1/17/15
Dominic Smallwood	47' 8 (14.53)	1/22/16
Manjula Wijesekera	47' 8 (14.53)	2/7/09
Allen Williams	47' 7¾ (14.52)	2/14/15
Dominic Smallwood	47' 6½ (14.49)	2/6/16
Aven Wright	47' 3½ (14.41)	2/7/09
Roy Williams	47' 0¾ (14.34)	1/18/64
Dominic Smallwood	47' 0¼ (14.33)	2/7/15
Allen Williams	46' 10¾ (14.29)	2/7/15
Dominic Smallwood	46' 9 (14.01)	1/16/16
Allen Williams	46' 4 (14.12)	2/28/15
Phillip Allen	46' 4 (14.12)	2/10/07
Allen Williams	46' 1¼ (14.05)	2/11/12
Dominic Smallwood	45' 10 (13.97)	1/17/15

Nick Ponzio	56' 1 (17.09)	2/7/15
Jim Wade	54' 7½ (16.65)	2/13/60
Nathan Bultman	53' 6½ (16.32)	1/21/17
Mark Stevens	52' 4¾ (15.97)	2/19/72
Nathan Bultman	51' 4½ (15.65)	1/27/17
Jeff Smith	NM	2/5/66

WEIGHT THROW

Conor McCullough (1)	80' 3¾ (24.48)	3/13/15
Conor McCullough	77' 5¼ (23.60)	2/28/15
Conor McCullough	74' 7 (22.73)	2/7/15
Nathan Bultman (2)	63' 6 (19.35)	2/10/17
John Wolitarsky (3)	63' 2 (19.25)	1/17/86
Nathan Bultman	62' 6¾ (19.07)	2/24/17
David Sellens (4)	59' 0 (17.98)	1/20/17
David Sellens	58' 1¾ (17.72)	2/24/17
David Sellens	55' 5 (16.89)	2/10/17
David Sellens	54' 5½ (16.60)	1/27/17

HEPTATHLON

Viktor Fajoyomi (1)	5544	2/8/14
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SHOT PUT

Noah Bryant (1)	67' 5¼ (20.55)	3/10/07
Matt Katnik (2)	64' 9¾ (19.75)	2/25/17
Doug Lane (3)	64' 3½ (19.59)	3/12/72
Hank Kraychir (4)	64' 3 (19.58)	3/12/83
Noah Bryant	63' 11¾ (19.50)	2/3/07
Doug Lane	63' 11 (19.48)	1/29/72
Hank Kraychir	63' 9½ (19.44)	2/12/83
Nick Ponzio (5)	63' 9 (19.43)	1/16/16
Nick Ponzio	63' 4 (19.30)	2/27/16
Dave Murphy (6)	63' 2¼ (19.26)	1/3/70
Doug Lane	63' 0¾ (19.21)	2/19/72
Doug Lane	62' 11½ (19.19)	2/12/72
Hank Kraychir	62' 11¼ (19.18)	2/5/83
Doug Lane	62' 10¾ (19.17)	2/6/71
Dave Murphy	62' 7½ (19.08)	2/13/70
Tambi Wenj (7)	62' 6 (19.05)	1/31/87
Nick Ponzio	62' 1¾ (18.94)	1/23/16
Nick Ponzio	61' 11 (18.87)	1/21/17
Nathan Bultman (8)	61' 10¼ (18.85)	2/4/17
Nick Ponzio	61' 8¾ (18.80)	2/6/16
Dave Davis (9)	61' 6½ (18.75)	1/22/60
Nick Ponzio	61' 5¾ (18.74)	3/12/16
Matt Katnik	61' 4¾ (18.71)	2/27/16
Matt Katnik	61' 2¼ (18.65)	2/4/17
Ralph Fruguglietti (10)	61' 0½ (18.60)	1/22/77
Doug Lane	61' 0¼ (18.60)	1/22/71
Dallas Long	61' 0 (18.59)	2/10/62
Matt Katnik	60' 5¼ (18.42)	2/11/17
Nick Ponzio	60' 5¼ (18.42)	2/28/15
Dallas Long	60' 4 (18.39)	1/21/61
Tambi Wenj	60' 2¾ (18.36)	2/13/87
Matt Katnik	60' 2 (18.34)	1/16/16
Matt Katnik	60' 1¾ (18.33)	1/23/16
Dave Murphy	60' 1 (18.31)	1968
Matt Katnik	60' 0½ (18.30)	1/21/17
Nick Ponzio	60' 0¼ (18.29)	1/27/17
John McKenzie	60' 0¼ (18.29)	1/22/77
Dallas Long	60' 0 (18.28)	2/13/60
Dave Kurrasch	59' 8 (18.18)	1978
William Denbo	59' 6¾ (18.15)	1/29/05
Nick Ponzio	59' 5¾ (18.13)	1/17/15
Don Castle	59' 4¾ (18.10)	1/25/64
Dallas Long	59' 4½ (18.09)	2/11/61
Dallas Long	59' 4 (18.08)	2/10/62
Matt Katnik	59' 3 (18.06)	1/27/17
Nick Ponzio	59' 2 (18.03)	2/4/17
Tom Colich	59' 2 (18.03)	2/15/69
Will Denbo	59' 0 (17.98)	2/12/05
Tambi Wenj	58' 10¼ (17.94)	3/14/87
Nick Ponzio	58' 10 (17.93)	2/11/17
Don Castle	58' 7½ (17.87)	1/13/64
Don Castle	58' 5¼ (17.81)	2/29/64
Don Castle	57' 8¾ (17.59)	2/6/65
Les Mills	57' 5¾ (17.52)	1/18/64
Tom Colich	57' 4¾ (17.49)	3/16/68
Nick Ponzio	57' 2 (17.42)	2/25/17
Don Castle	57' 0 (17.37)	2/15/64
Nathan Bultman	56' 6¾ (17.24)	2/27/16
Nathan Bultman	56' 6½ (17.23)	2/6/16
Jeff Smith	56' 1¼ (17.10)	1/22/66

Last update

2/12/17