

<b>50y</b>			Destinee Brown	7.37	2/27/15	Judith Onyepunuka	7.78	1/31/09
Myra Mayberry	6.14	1/17/86	Alexis Faulknor	7.37	2/8/14	Alitta Boyd	7.80	1/26/13
<b>60y</b>			Virginia Powell	7.37	1/29/05	Candice Davis	7.80	2/12/05
Robin Simmons	6.92	2/21/86	Jessica Davis	7.38	2/14/14	Margaux Jones	7.81	1/22/16
Tonya Ransom	6.92	2/8/85	Destinee Brown	7.39	2/5/16	Alitta Boyd	7.81	2/9/13
Myra Mayberry	7.14	1/17/86	Tynia Gaither	7.39	3/1/14	Aareon Payne	7.81	1/30/10
Robin Simmons	7.18	1/18/85	Jessica Davis	7.39	2/8/14	Aareon Payne	7.81	1/31/09
Robin Simmons	7.24	1/26/86	Alexis Faulknor	7.39	1/25/14	Talia Stewart	7.82	1/28/06
Gail Wilson	7.56	2/8/85	Alexis Weatherspoon	7.39	1/28/06	Alitta Boyd	7.84	2/5/11
<b>50m</b>			Deanna Hill	7.40	2/12/16	Melia Cox	7.85	1/19/13
Angela Williams	6.17	2/23/02	Deanna Hill	7.40	2/6/16	Alitta Boyd	7.85	1/19/13
Angela Williams	6.17	1/20/01	Alexis Faulknor	7.40	1/17/15	Alitta Boyd	7.85	2/11/12
Torri Edwards	6.47	2/24/96	Alexis Faulknor	7.40	2/14/14	Jenna Puterbaugh	7.86	1/19/13
Tai-Ne Gibson	6.60	2/24/96	Tynia Gaither	7.40	1/18/14	Talia Stewart	7.86	1/26/08
Tiffany Bennett	6.63	1/20/01	Jessica Davis	7.40	2/3/12	Margaux Jones	7.88	1/16/16
<b>55m</b>			<b>Ky Westbrook</b>	<b>7.41</b>	<b>2/25/17</b>	<b>Madisen Richards</b>	<b>7.92</b>	<b>1/21/17</b>
Jessica Davis	6.93	1/20/12	Deanna Hill	7.41	1/16/16	Alitta Boyd	7.92	2/12/11
Loudia Laarman	6.94	1/20/12	Alexis Faulknor	7.41	1/18/14	Charity Bruce	7.99	2/14/14
Esi Benyarku	6.97	1/23/99	Virginia Powell	7.41	3/4/06	Charity Bruce	8.04	1/26/13
Loudia Laarman	7.00	2/26/11	Alexis Weatherspoon	7.41	2/11/06	Charity Bruce	8.08	1/25/14
Alexis Weatherspoon	7.00	2/15/03	Destinee Brown	7.42	2/12/16	Marissa Minderler	8.18	1/26/08
Judith Onyepunuka	7.03	2/6/10	<b>Destinee Brown</b>	<b>7.43</b>	<b>2/10/76</b>	Charity Bruce	8.12	1/18/14
Erica Alexander	7.05	1/19/09	Destinee Brown	7.43	1/16/16	Charity Bruce	8.21	2/3/12
Coco Ndipagbor	7.09	1/20/12	Tynia Gaither	7.43	2/7/15	<b>Courtney Corrin</b>	<b>8.26</b>	<b>1/21/17</b>
Elizabeth Olear	7.09	1/19/09	Gabriella Cantrell	7.43	2/7/15	Tara Davis-Quarrie	8.31	1/26/08
Alitta Boyd	7.12	1/20/12	Jessica Onyepunuka	7.43	1/27/07	Bryson Stately	8.44	1/30/10
Ronda Brooks	7.16	2/2/90	Tynia Gaither	7.44	3/13/15	Melissa Margulies	8.55	1/26/08
Aareon Payne	7.18	2/6/10	Carol Rodriguez	7.44	1/27/07	Bryson Stately	8.89	1/31/09
Jenna Puterbaugh	7.19	2/26/11	Carol Rodriguez	7.44	2/10/07	Jasmine Knight	8.99	1/30/10
Lavan Guilda	7.22	2/2/90	Gabriella Cantrell	7.45	2/26/16	<b>60yH</b>		
Alitta Boyd	7.25	2/26/11	Alexis Faulknor	7.45	1/16/16	Patty Van Wolvelaere	7.7	1/16/77
Jennifer Jones	7.53	1/20/12	Tynia Gaither	7.45	1/24/15	Yvette Bates	8.01	2/8/86
Charity Bruce	7.55	1/20/12	Loudia Laarman	7.45	2/3/12	Patty Van Wolvelaere	8.1	1/22/77
Katherine Chang	7.75	1/20/12	<b>Destinee Brown</b>	<b>7.46</b>	<b>2/25/17</b>	Mitzi McMillian	8.2	1/16/77
Tara Davis-Quarrie	7.88	2/6/10	<b>Destinee Brown</b>	<b>7.46</b>	<b>1/21/17</b>	<b>50mH</b>		
<b>60m</b>			Gabriella Cantrell	7.46	2/5/16	Sau Ying Chan	7.03	2/19/94
Angela Williams (1)	7.09	3/11/01	Deanna Hill	7.46	1/22/16	<b>55mH</b>		
Angela Williams	7.13	3/9/02	Loudia Laarman	7.46	2/8/14	Virginia Powell	7.71	2/15/03
Angela Williams	7.16a	2/17/01	Jessica Davis	7.47	2/11/12	Lauren Blackburn	7.83	1/20/12
Ky Westbrook (2)	7.18	1/17/15	<b>Destinee Brown</b>	<b>7.47</b>	<b>1/27/17</b>	Melia Cox	8.02	1/20/12
Ky Westbrook	7.19	3/13/15	Loudia Laarman	7.47	1/25/14	Dalilah Muhammed	8.03	1/20/12
Angela Williams	7.19	2/1/02	Jessica Davis	7.47	1/18/14	Sau Ying Chan	8.18	1/28/95
Angela Williams	7.20	3/2/02	Destinee Brown	7.48	1/22/16	Michelle DeCoux	8.20	2/2/90
Virginia Powell (3)	7.21	3/11/06	Deanna Hill	7.48	1/24/15	Leslie Maxie	8.21	2/3/90
Tynia Gaither (4)	7.23	2/28/15	Loudia Laarman	7.48	3/1/14	Yleana Carrasco	8.89	2/3/90
Ky Westbrook	7.23	2/27/15	Carol Rodriguez	7.48	1/20/07	Ashley Selman	9.28	2/3/90
Angela Williams	7.24	3/3/01	Loudia Laarman	7.49	2/12/11	<b>60mH</b>		
Ky Westbrook	7.29	2/14/15	Candice Davis	7.49	2/11/06	Virginia Powell (1)	7.84	3/11/06
Alexis Faulknor (5)	7.27	1/24/15	Destinee Brown	7.50	1/24/15	Virginia Powell	7.93	3/4/06
<b>Deanna Hill (6)</b>	<b>7.28</b>	<b>2/10/17</b>	Gabriella Cantrell	7.50	1/24/15	Virginia Powell	7.94	3/12/05
Deanna Hill	7.28	2/28/15	Loudia Laarman	7.50	2/14/14	<b>Anna Cockrell (2)</b>	<b>7.98</b>	<b>3/10/17</b>
Alexis Weatherspoon (6)	7.28	3/4/06	Coco Ndipagbor	7.50	1/18/14	Dior Hall (3)	8.01	3/13/15
Angela Daigle (6)	7.28	2/28/03	Judith Onyepunuka	7.50	1/30/10	Candice Davis (4)	8.05	3/10/07
Ky Westbrook	7.29	1/24/15	Carol Rodriguez	7.50	2/11/06	Nia Ali (5)	8.06	2/5/11
Jessica Davis (9)	7.30	3/15/14	Ky Westbrook	7.51	2/7/15	Virginia Powell	8.06	1/28/06
Virginia Powell	7.30	3/12/05	Gabriella Cantrell	7.52	2/12/16	Dior Hall	8.07	2/14/15
<b>Ky Westbrook</b>	<b>7.30</b>	<b>1/27/17</b>	Loudia Laarman	7.52	2/5/11	<b>Dior Hall</b>	<b>8.08</b>	<b>3/10/17</b>
<b>Deanna Hill</b>	<b>7.31</b>	<b>1/21/17</b>	Ky Westbrook	7.54	2/12/16	<b>Dior Hall</b>	<b>8.09</b>	<b>1/21/17</b>
Tynia Gaither	7.31	2/12/16	Jessica Onyepunuka	7.55	1/22/16	Candice Davis	8.09	2/10/07
<b>Ky Westbrook</b>	<b>7.32</b>	<b>2/10/17</b>	Carol Rodriguez	7.55	1/18/14	Candice Davis	8.10	3/11/06
<b>Deanna Hill</b>	<b>7.33</b>	<b>3/10/17</b>	Jenna Puterbaugh	7.55	1/26/08	<b>Anna Cockrell</b>	<b>8.11</b>	<b>2/25/17</b>
<b>Deanna Hill</b>	<b>7.33</b>	<b>2/25/17</b>	Loudia Laarman	7.56	2/8/14	<b>Dior Hall</b>	<b>8.11</b>	<b>2/25/17</b>
Tynia Gaither	7.33	2/14/15	Alexis Faulknor	7.56	2/11/12	Dior Hall	8.11	2/28/15
Virginia Powell	7.33	1/28/06	Jenna Puterbaugh	7.59	2/12/16	Virginia Powell	8.12	1/29/05
Alexis Faulknor	7.34	2/28/15	Gabriella Cantrell	7.59	1/18/14	<b>Anna Cockrell</b>	<b>8.13</b>	<b>2/10/17</b>
Deanna Hill	7.34	2/14/15	Erica Alexander	7.62	1/17/15	Virginia Powell	8.13	2/12/05
Alexis Faulknor	7.34	2/14/15	Dalilah Muhammed	7.64	1/31/09	<b>Dior Hall</b>	<b>8.14</b>	<b>3/10/17</b>
Ky Westbrook	7.34	2/7/15	Jessica Onyepunuka	7.64	1/30/10	<b>Dior Hall</b>	<b>8.14</b>	<b>2/4/17</b>
Jessica Davis	7.34	3/1/14	Shalina Clarke	7.65	1/28/06	Dior Hall	8.14	2/7/15
Tynia Gaither	7.34	2/8/14	Shalina Clarke	7.65	1/26/08	Candice Davis	8.14	3/4/06
Virginia Powell	7.34	2/12/05	Candice Davis	7.65	1/27/07	Nia Ali	8.15	2/12/11
Alexis Faulknor	7.35	1/22/16	Robin Simmons	7.66	2/20/87	<b>Anna Cockrell</b>	<b>8.15</b>	<b>1/27/17</b>
Destinee Brown (10)	7.36	2/26/16	Jenna Puterbaugh	7.70	2/9/13	<b>Anna Cockrell</b>	<b>8.16</b>	<b>1/21/17</b>
<b>Ky Westbrook</b>	<b>7.36</b>	<b>1/21/17</b>	Candice Davis	7.70	1/29/05	Virginia Powell	8.18	2/1/03
Alexis Faulknor	7.36	3/13/15	<b>Margaux Jones</b>	<b>7.72</b>	<b>1/21/17</b>	Lauren Blackburn (6)	8.19	3/1/14
Alexis Faulknor	7.36	2/7/15	Jenna Puterbaugh	7.72	2/5/11	<b>Jasmyne Graham (7)</b>	<b>8.21</b>	<b>2/25/17</b>
Deanna Hill	7.36	1/17/15	Myra Mayberry	7.74	2/20/87	Nia Ali	8.21	3/15/08
Jessica Davis	7.36	1/25/14	Jenna Puterbaugh	7.75	2/12/11	<b>Jasmyne Graham</b>	<b>8.22</b>	<b>1/27/17</b>
Deanna Hill	7.37	2/26/16	Shalina Clarke	7.75	1/31/09	Candice Davis	8.22	2/11/06
Deanna Hill	7.37	3/13/15	Candice Davis	7.75	1/28/06	Dalilah Muhammad (8)	8.23	3/2/12

Candice Davis	8.23	1/20/07	Carol Rodriguez	23.24	3/10/07	Jessica Davis	24.31	1/19/13
Nia Ali	8.24	3/7/08	Tynia Gaither	23.31	2/14/14	Loudia Laarman	24.32	1/25/14
Melia Cox (9)	8.25	2/14/15	Jessica Davis (5)	23.32	3/15/14	Destinee Brown	24.33	2/26/16
Virginia Powell	8.25	2/14/04	Jessica Davis	23.34	2/14/14	Carol Rodriguez	24.34	1/28/06
<b>Jasmyne Graham</b>	<b>8.26</b>	<b>2/10/17</b>	Deanna Hill	23.35	2/26/16	<b>Kyra Constantine</b>	<b>24.35</b>	<b>1/21/17</b>
Dior Hall	8.26	1/24/15	Tynia Gaither	23.41	3/15/14	Ronda Brooks	24.36	2/25/89
Lauren Blackburn	8.26	2/14/14	Tynia Gaither	23.41	1/25/14	Loudia Laarman	24.38	2/12/11
Jasmyne Graham	8.30	2/5/16	Jessica Davis	23.42	2/8/14	Coco Ndigagbor	24.41	2/3/12
Melia Cox	8.30	1/24/15	Tynia Gaither	23.43	3/13/15	<b>Jasmyne Graham</b>	<b>24.46</b>	<b>1/27/17</b>
Jasmyne Graham	8.31	1/16/16	Ky Westbrook (6)	23.44	2/14/15	Loudia Laarman	24.46	2/5/11
Candice Davis	8.31	1/28/06	Tynia Gaither	23.44	2/7/15	Jenna Puterbaugh	24.47	2/12/11
Dalilah Muhammad	8.33	2/3/12	Tynia Gaither	23.46	2/8/14	Destinee Brown	24.48	1/22/16
Candice Davis	8.33	1/29/05	Carol Rodriguez	23.46	2/10/07	Loudia Laarman	24.60	1/18/14
Jasmyne Graham	8.34	2/12/16	Deanna Hill	23.50	2/14/15	Carmen Pettigrew	24.62	2/14/15
Melia Cox	8.34	2/28/15	<b>Carmen Pettigrew (7)</b>	<b>23.51</b>	<b>2/11/17</b>	Leslie Maxie	24.62	2/9/90
Melia Cox	8.34	1/17/15	Deanna Hill	23.51	2/28/15	Lauren Blackburn	24.64	2/8/14
Shalina Clarke (10)	8.34	2/7/09	Jessica Davis	23.51	3/1/14	Amalie Iuel	24.65	2/14/15
Lauren Blackburn	8.35	2/12/11	Coco Ndigagbor (7)	23.51	2/14/14	Coco Ndigagbor	24.70	1/19/13
Virginia Powell	8.35	1/30/04	Jessica Davis	23.53	1/25/14	Jenna Puterbaugh	24.72	1/19/13
Jasmyne Graham	8.36	2/2/716	Deanna Hill	23.54	1/22/16	Jessica Onyepunuka	24.73	1/26/08
Candice Davis	8.37	1/27/07	Carol Rodriguez	23.59	2/11/06	Ronda Brooks	24.73	2/9/90
Lauren Blackburn	8.38	2/5/11	<b>Destinee Brown (9)</b>	<b>23.60</b>	<b>2/11/17</b>	Lavan Guilda	24.75	2/24/90
Melia Cox	8.39	3/1/14	Gabriella Cantrell (9)	23.60	2/14/15	Jasmyne Graham	24.77	2/13/16
Lauren Blackburn	8.39	1/25/14	Carol Rodriguez	23.60	3/7/08	Dior Hall	24.79	2/7/15
Lauren Blackburn	8.41	2/3/12	<b>Ky Westbrook</b>	<b>23.61</b>	<b>2/11/17</b>	Dalilah Muhammed	24.82	1/30/10
Shalina Clarke	8.41	2/14/09	Ky Westbrook	23.62	1/24/15	<b>Jasmyne Graham</b>	<b>24.83</b>	<b>1/21/17</b>
<b>Jasmyne Graham</b>	<b>8.46</b>	<b>1/21/17</b>	Tynia Gaither	23.62	1/17/15	Loudia Laarman	24.87	1/19/13
Jasmyne Graham	8.46	1/22/16	Ky Westbrook	23.63	2/7/15	Vanessa Jones	24.97	1/19/13
Amalie Iuel	8.48p	3/11/16	Gabriella Cantrell	23.63	2/7/15	Ashley Liverpool	24.97	1/19/13
Amalie Iuel	8.48p	2/26/16	Gabriella Cantrell	23.65	2/5/16	Lavan Guilda	24.9	2/2/90
Melia Cox	8.48	2/8/14	Jenna Puterbaugh	23.65	1/25/14	<b>Kennedy Gillian</b>	<b>25.08</b>	<b>2/11/17</b>
Lauren Blackburn	8.48	2/11/12	Jaide Stepter	23.66	2/26/16	Myra Hasson	25.16	1/27/07
Dalilah Muhammad	8.48	2/11/12	Tynia Gaither	23.66	1/24/15	Alexis Weatherspoon	25.17	1/28/06
Melia Cox	8.50	2/14/14	<b>Ky Westbrook</b>	<b>23.68</b>	<b>1/27/17</b>	Loudia Laarman	25.18	1/26/13
Amalie Iuel	8.51	2/12/16	Gabriella Cantrell	23.69	2/26/16	Jaide Stepter	25.25	1/19/13
Lauren Blackburn	8.52	3/15/14	Destinee Brown	23.69	2/5/16	Jaide Stepter	25.26	2/9/13
Melia Cox	8.53	1/18/14	Michelle Taylor	23.69	2/25/89	Melia Cox	25.37	1/26/13
Shalina Clarke	8.54	2/6/10	Gabriella Cantrell	23.70	1/22/16	Lyndsey Lopes	25.54	1/22/16
Amalie Iuel	8.55	2/5/16	Carol Rodriguez	23.75	3/4/06	Margaux Jones	25.88	1/16/16
Candice Davis	8.56	2/12/05	Loudia Laarman	23.77	2/14/14	Charity Bruce	26.02	2/14/14
Talia Stewart	8.58	1/28/06	<b>Anna Cockrell</b>	<b>23.78</b>	<b>1/21/17</b>	Charity Bruce	26.42	1/18/14
Talia Stewart	8.59	1/26/08	Destinee Brown	23.78	2/14/15	Charity Bruce	26.50	1/25/14
Shalina Clarke	8.59	1/27/07	Carol Rodriguez	23.78	3/15/08	Alexis Faulknor	26.70	3/1/14
Amalie Iuel	8.61	1/22/16	<b>Ky Westbrook</b>	<b>23.79</b>	<b>1/21/17</b>	Ekene Anene	26.74	1/26/08
Melia Cox	8.62	1/26/13	Jessica Davis	23.79	2/9/13	Charity Bruce	27.18	2/3/12
Talia Stewart	8.66	1/27/07	Gabriella Cantrell	23.81	2/28/15			
Shalina Clarke	8.69	1/31/09	<b>Destinee Brown</b>	<b>23.82</b>	<b>1/27/17</b>	<b>400</b>		
Shana Woods	8.69	1/26/08	<b>Destinee Brown</b>	<b>23.84</b>	<b>2/24/17</b>	<b>Kendall Ellis (1)</b>	<b>51.507</b>	<b>3/11/17</b>
Shalina Clarke	8.70	1/26/08	Aareon Payne	23.84	2/11/12	<b>Kendall Ellis</b>	<b>51.52</b>	<b>1/21/17</b>
Melia Cox	8.71	1/25/14	Tynia Gaither	23.86	3/1/14	<b>Kendall Ellis</b>	<b>51.59</b>	<b>3/10/17</b>
Jaide Stepter	8.75	1/26/13	Destinee Brown	23.88	2/13/16	<b>Kendall Ellis</b>	<b>52.13</b>	<b>2/10/17</b>
Melia Cox	8.75	1/19/13	Jenna Puterbaugh	23.88	1/18/14	Jaide Stepter (2)	52.22	3/12/16
<b>Lyndsey Lopes</b>	<b>8.76p</b>	<b>2/24/17</b>	Jessica Davis	23.88	2/3/12	<b>Carmen Pettigrew (3)</b>	<b>52.27</b>	<b>2/25/17</b>
Melia Cox	8.76	2/11/12	<b>Destinee Brown</b>	<b>23.92</b>	<b>1/21/17</b>	Jaide Stepter	52.30	2/6/16
Melia Cox	8.76	2/3/12	Loudia Laarman	23.93	2/8/14	<b>Carmen Pettigrew</b>	<b>52.45</b>	<b>2/10/17</b>
Melia Cox	8.78	2/9/13	Ky Westbrook	23.94	1/17/15	Coco Ndigagbor (4)	52.47	3/14/14
Jaide Stepter	8.79	1/19/13	Jessica Davis	23.96	1/26/13	Amalie Iuel (5)	52.52	2/12/16
Amalie Iuel	8.87	2/7/15	Aareon Payne	23.96	2/5/11	Jaide Stepter	52.54	2/12/16
<b>Lyndsey Lopes</b>	<b>8.87p</b>	<b>1/27/17</b>	Alexis Weatherspoon	23.96	3/4/06	Michelle Taylor (6)	52.60	2/11/89
Lyndsey Lopes	8.91	2/5/16	Aareon Payne	23.97	2/12/11	Coco Ndigagbor	52.63	3/1/14
<b>Lyndsey Lopes</b>	<b>8.92p</b>	<b>1/20/17</b>	Destinee Brown	23.99	2/28/15	Amalie Iuel	52.73	2/6/16
<b>Alexa Harmon-Thomas</b>	<b>9.00p</b>	<b>2/24/17</b>	Alexis Faulknor	23.99	2/7/15	Kendall Ellis	52.77	2/12/16
Lyndsey Lopes	9.02	1/22/16	Gabriella Cantrell	23.99	1/17/15	<b>Amalie Iuel</b>	<b>52.85</b>	<b>1/27/17</b>
Lyndsey Lopes	9.05	2/12/16	Coco Ndigagbor	23.99	2/11/12	Coco Ndigagbor	52.88	3/15/14
Lyndsey Lopes	9.07p	2/26/16	Destinee Brown	24.00	2/7/15	Jaide Stepter	52.89	2/28/15
<b>Alexa Harmon-Thomas</b>	<b>9.09p</b>	<b>1/27/17</b>	Jessica Davis	24.00	1/18/14	<b>Amalie Iuel</b>	<b>52.92</b>	<b>2/10/17</b>
<b>Alexa Harmon-Thomas</b>	<b>9.16p</b>	<b>1/20/17</b>	<b>Kyra Constantine</b>	<b>24.04</b>	<b>2/24/17</b>	Amalie Iuel	52.94	1/23/16
Lindsey Oman	9.37	1/27/07	Jenna Puterbaugh	24.04	2/8/14	<b>Carmen Pettigrew</b>	<b>53.05</b>	<b>1/27/17</b>
Lindsey Oman	9.41	1/26/08	Deanna Hill	24.05	1/24/15	Michelle Taylor	53.09	3/11/89
Lyndsey Lopes	9.75	1/16/16	Deanna Hill	24.10	1/17/15	Kendall Ellis	53.11	2/27/16
			Vanessa Jones	24.11	2/7/15	<b>Amalie Iuel</b>	<b>53.16</b>	<b>2/25/17</b>
<b>200m</b>			Jaide Stepter	24.11	2/7/15	Jaide Stepter	53.18	1/16/16
<b>Deanna Hill (1)</b>	<b>22.54</b>	<b>3/11/17</b>	Gabriella Cantrell	24.13	1/16/16	Kendall Ellis	53.19	2/28/15
<b>Deanna Hill</b>	<b>22.74</b>	<b>2/11/17</b>	Jaide Stepter	24.16	1/24/15	Michelle Taylor	53.19	3/12/88
Carol Rodriguez (2)	22.77	3/11/06	Gabriella Cantrell	24.19	1/24/15	<b>Carmen Pettigrew</b>	<b>53.20</b>	<b>3/10/17</b>
<b>Deanna Hill</b>	<b>22.86</b>	<b>3/10/17</b>	<b>Kyra Constantine</b>	<b>24.20</b>	<b>1/27/17</b>	Coco Ndigagbor	53.20	2/14/14
<b>Deanna Hill</b>	<b>22.94</b>	<b>1/27/17</b>	Jessica Davis	24.21	2/11/12	Jaide Stepter	53.31	1/23/16
<b>Kendall Ellis (3)</b>	<b>22.97</b>	<b>2/11/17</b>	Destinee Brown	24.25	1/17/15	Jaide Stepter	53.31	2/14/15
Deanna Hill	23.03a	2/5/16	Kendall Ellis	24.26	2/7/15	Vanessa Jones (7)	53.33	2/28/15
Deanna Hill	23.05	3/12/16	Aareon Payne	24.26	2/3/12	Amalie Iuel	53.38	2/28/15
<b>Kendall Ellis</b>	<b>23.09</b>	<b>2/24/17</b>	Coco Ndigagbor	24.27	1/18/14	Kedall Ellis	53.42	2/6/16
Deanna Hill	23.09	2/13/16	<b>Kyra Constantine</b>	<b>24.29</b>	<b>2/11/17</b>	Kendall Ellis	53.43	1/23/16
<b>Kendall Ellis</b>	<b>23.15</b>	<b>1/27/17</b>	Destinee Brown	24.29	1/24/15	Coco Ndigagbor	53.46	1/25/14
Tynia Gaither (4)	23.19	2/14/15	Loudia Laarman	24.29	3/1/14	Kendall Ellis	53.54	1/16/16

Coco Ndipagbor	53.58	2/8/14
Kendall Ellis	53.71	2/14/15
Jaide Stepter	53.76	1/17/15
<b>Kyra Constantine (8)</b>	<b>53.83</b>	<b>2/10/17</b>
Vanessa Jones	53.84	3/1/14
<b>Kyra Constantine</b>	<b>53.93</b>	<b>2/25/17</b>
Amalie Iuel	53.98	1/24/15
Jaide Stepter	53.98	3/1/14
Kyra Constantine	54.00	1/27/17
Jaide Stepter	54.04	1/24/15
Jaide Stepter	54.05	2/7/15
Vanessa Jones	54.14	1/17/15
Michelle Taylor	54.15	2/24/90
Ashley Liverpool (9)	54.21	3/1/14
<b>Kyra Constantine</b>	<b>54.24</b>	<b>1/21/17</b>
Vanessa Jones	54.29	1/25/14
Vanessa Jones	54.31	2/14/15
Vanessa Jones	54.48	1/24/15
Vanessa Jones	54.53	2/8/14
Kendall Ellis	54.63	1/24/15
Vanessa Jones	54.64	2/14/14
Ashley Liverpool	54.65	3/1/13
Ashley Liverpool	54.65	1/26/13
Vanessa Jones	54.66	2/7/15
Myra Hasson (10)	54.71	1/30/10
Amalie Iuel	54.72	2/7/15
Carmen Pettigrew	54.74	2/14/15
Ashley Liverpool	54.98	2/9/13
Kendall Ellis	55.00	2/7/15
Kendall Ellis	55.08	1/17/15
Jaide Stepter	55.19	1/25/14
Ashley Liverpool	55.48	2/8/14
Elizabeth Olear	55.48	1/30/10
Vanessa Jones	55.54	2/9/13
Coco Ndipagbor	55.54	2/9/13
Jessica Davis	55.58	2/12/11
Carmen Pettigrew	55.66	1/23/16
Vanessa Jones	55.70	1/19/13
Carmen Pettigrew	55.76	3/1/14
Carol Rodriguez	55.78	1/26/08
Coco Ndipagbor	55.81	1/24/15
Dalilah Muhammad	55.82	2/12/11
Carmen Pettigrew	55.93	2/14/14
Jaide Stepter	55.96	2/14/14
Vanessa Jones	55.99	1/18/14
Elizabeth Olear	56.10	1/27/07
Treani Swain	56.18	1/28/06
<b>Kennedy Gillian</b>	<b>56.25</b>	<b>2/10/17</b>
Erica Alexander	56.28	2/7/09
Jaide Stepter	56.30	1/18/14
Vanessa Jones	56.39	2/11/12
Amalie Iuel	56.41	2/14/14
Noelle Chapin	56.44	2/2/90
Coco Ndipagbor	56.57	1/26/13
Carmen Pettigrew	56.60	2/7/15
Amalie Iuel	56.62	1/25/14
<b>Kennedy Gillian</b>	<b>56.65</b>	<b>1/21/17</b>
Coco Ndipagbor	56.68	1/19/13
Amalie Iuel	56.71	3/1/14
<b>Kennedy Gillian</b>	<b>56.72</b>	<b>1/27/17</b>
Carmen Pettigrew	56.89	1/25/14
Jenna Puterbaugh	57.19	2/11/12
Jaide Stepter	57.35	2/8/14
Vanessa Jones	57.35	2/3/12
Carmen Pettigrew	57.40	1/18/14
Loudia Laarman	57.46	1/26/13
Amalie Iuel	57.59	1/18/14
Tara Davis-Quarrie	57.62	1/27/07
Judith Onyepunuka	57.90	1/26/08
Jessica Davis	58.05	1/19/13
Jessica Davis	58.07	1/26/13
Lauren Blackburn	60.00	2/3/12
Loudia Laarman	60.09	1/19/13
Melissa Margulies	60.30	1/28/06
Jennifer Jones	61.63	1/19/13
Alexis Brown	62.30	1/19/13
Jackie Dion	62.54	2/12/11
Malea Malik	62.64	1/26/13
Jennifer Jones	63.50	1/26/13
Alexis Brown	64.74	1/26/13

<b>500y</b>		
LaWanda Cabell	55.13	1/16/87
Brigita Langerholc	56.3	2/7/98

### 500

Dalilah Muhammed	1:13.07	2/5/11
Dalilah Muhammed	1:13.39	2/6/10
Dalilah Muhammed	1:13.67	2/7/09

### 600y

Gervaise McGraw	1:19.50	2/8/86
<b>Amalie Iuel</b>	<b>1:19.56</b>	<b>1/20/17</b>
<b>Carmen Pettigrew</b>	<b>1:19.96</b>	<b>1/20/17</b>
Myra Hasson	1:25.04	2/6/10
Vanessa Jones	1:26.65	1/20/12
Elizabeth Olear	1:32.01	2/6/10
Kathryn Karkut	1:33.05	2/12/11
Jackie Dion	1:33.47	2/26/11
Natalia Williams	1:34.36	2/26/11
Tessa Granowski	1:38.28	1/20/12

### 600m

Carmen Pettigrew	1:34.80	1/16/16
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### 800

Michelle Taylor (1)	2:05.70	3/10/90
<b>Mikaela Smith (2)</b>	<b>2:05.94</b>	<b>2/25/17</b>
<b>Mikaela Smith</b>	<b>2:06.60</b>	<b>2/11/17</b>
Amalie Iuel (3)	2:06.88p	2/26/16
Michelle Taylor	2:07.73	3/10/90
Mikaela Smith	2:08.40	1/23/16
<b>Mikaela Smith</b>	<b>2:08.54</b>	<b>1/27/17</b>
Lesley Noll (4)	2:08.70	2/25/89
<b>Lorea Ibarzabal (5)</b>	<b>2:08.82</b>	<b>2/11/17</b>
Shannon Clark (6)	2:10.11	2/25/89
<b>Lorea Ibarzabal</b>	<b>2:10.20</b>	<b>1/21/17</b>
<b>Lorea Ibarzabal</b>	<b>2:10.27</b>	<b>2/25/17</b>
<b>Lorea Ibarzabal</b>	<b>2:10.67</b>	<b>1/27/17</b>
<b>Mikaela Smith</b>	<b>2:10.33</b>	<b>1/21/17</b>
Erica Capellino (7)	2:11.54	2/28/15
Reika Kijima (8)	2:11.55	2/28/15
Erica Capellino	2:11.62	2/7/15
Shannon Clark	2:11.69	2/2/90
Mikaela Smith	2:11.85	2/12/16
Rebekah Ent (9)	2:11.90	2/27/16
Reika Kijima	2:11.96	2/14/15
Shannon Clark	2:12.10	3/10/90
Amalie Iuel	2:12.41p	3/11/16
Erica Capellino	2:12.60	2/14/15
Mikaela Smith	2:12.65	2/27/16
Rebekah Ent	2:12.91	2/12/16
Reika Kijima	2:13.14	2/7/15
Rachel Glynn (10)	2:13.22	1/23/16
Anniya Louis	2:13.43	2/11/12
Rebekah Ent	2:13.44	1/23/16
Reika Kijima	2:13.52	1/24/15
Rachel Glynn	2:13.65	1/16/16
Rebekah Ent	2:13.92	2/6/16
Erica Capellino	2:15.15	1/17/15
Anniya Louis	2:15.92	2/3/12
Katerina Berdousi	2:16.68	2/6/16
Rebekah Ent	2:18.33	1/16/16
Anniya Louis	2:19.06	1/20/12
Allison Rojewski	2:19.51	1/31/09
Amy Goodwin	2:20.91	1/20/89
Tracy Bourdeau	2:20.96	2/3/90
Lindsey Oman	2:21.03	1/26/08
Taylor Seamans	2:22.39	1/16/16
Tunisia Johnson	2:24.32	1/28/06
Carmen Pettigrew	2:24.76	2/6/16
Allison Rojewski	2:25.37	1/19/09
Jackie Dion	2:25.99	2/11/12
Jenna Tong	2:26.40	2/6/16
Jackie Dion	2:27.37	1/26/13
Melissa Margulies	2:27.74	1/19/09
Melissa Margulies	2:28.82	1/26/08
Lyndsey Lopes	2:29.31p	2/26/16
Jackie Dion	2:29.75	2/9/13
Natalia Williams	2:30.12	1/20/12
<b>Lyndsey Lopes</b>	<b>2:30.39p</b>	<b>2/24/17</b>
<b>Lyndsey Lopes</b>	<b>2:30.52p</b>	<b>1/27/17</b>
Jackie Dion	2:30.90	1/19/13
<b>Lyndsey Lopes</b>	<b>2:31.44p</b>	<b>1/20/17</b>
Jackie Dion	2:32.24	1/20/12
Natalia Williams	2:36.04	1/19/13
<b>Alexa Harmon-Thomas</b>	<b>2:40.61p</b>	<b>2/24/17</b>
Melissa Margulies	2:42.02	1/28/06

<b>Alexa Harmon-Thomas</b>	<b>2:42.90p</b>	<b>1/20/17</b>
<b>Alexa Harmon-Thomas</b>	<b>2:44.27p</b>	<b>1/27/17</b>

### 880

Donna Curtis	2:12.1	2/18/85
Donna Curtis	2:12.7	2/10/84
Donna Curtis	2:13.14	1/20/84

### 1000

Anniya Louis	2:58.59	2/12/11
Lesley Noll	2:40..0	2/21/86
Elise Lyon	NT	2/21/86

### MILE

Anna Lopacuich (1)	4:43.23	2/8/98
Elise Lyon (2)	4:53.35	2/8/86
Amy Goodwin (3)	4:55.00	2/9/90
<b>Chloe Berry (4)</b>	<b>4:56.67</b>	<b>2/11/17</b>
Katerina Berdousi (5)	4:57.43	2/12/16
Katerina Berdousi	4:58.05	2/26/16
Katerina Berdousi	4:59.73	1/23/16
Katerina Berdousi	5:01.71	1/16/16
<b>Chloe Berry</b>	<b>5:04.05</b>	<b>1/27/17</b>
Katerina Berdousi	5:05.04	2/6/16
Amy Goodwin	5:05.41	2/2/90
<b>Chloe Berry</b>	<b>5:05.85</b>	<b>2/24/17</b>
Christine Cortez (6)	5:08.07	2/12/11
Jenna Tong (7)	5:09.16	2/8/14
<b>Chloe Berry</b>	<b>5:09.68</b>	<b>1/21/17</b>
Jenna Tong	5:10.02	2/6/16
Katherine Ellis (8)	5:16.72	1/26/08
Katherine Ellis	5:20.97	2/6/10
Kira Soderstrom (9)	5:41.76	1/20/12

### 3000

Katerina Berdousi (1)	9:50.40	2/13/16
Katerina Berdousi	9:52.61	2/27/16
Jenna Tong (2)	10:02.63	2/27/16
Jenna Tong	10:05.08	1/16/16
Jenna Tong	10:09.43	3/1/14
Jenna Tong	10:12.62	1/18/14
Jenna Tong	10:14.63	2/8/14
Dina Kitayana (3)	10:52.97	2/26/11
Erin Robinson (4)	10:56.63	1/20/12
Katherine Ellis (5)	10:57.78	1/27/07
Zara Lukens (6)	10:58.71	2/26/11
Zara Lukens	11:06.13	1/26/08
Bridget Helgeson (7)	11:07.73	1/27/07
Natalie Jarvey (7)	12:04.25	1/27/07

### 4x145

2012	1:11.63	1/20/12
(Puterbaugh, Ndipagbor, Davis, Payne)		
2011	1:11.87	2/26/11
(Laarman, Puterbaugh, Davis, Payne)		

### 4x400 RELAY

<b>C. Pettigrew, A. Iuel, D. Hill, K. Ellis</b>	<b>3:27.03</b>	<b>3/11/17</b>
K. Ellis, A. Iuel, D. Hill, J. Stepter	3:28.82	2/13/16
J. Stepter, A. Iuel, K. Ellis, V. Jones	3:29.63	3/13/15
J. Stepter, K. Ellis, A. Iuel, D. Hill	3:29.98	3/12/16
<b>K. Ellis, A. Cockrell, C. Pettigrew, D. Hill</b>	<b>3:30.66</b>	<b>1/27/27</b>
K. Ellis, A. Iuel, D. Hill, J. Stepter	3:31.48	2/6/16
<b>C. Pettigrew, A. Iuel, K. Constantine, K. Ellis</b>	<b>3:31.72</b>	<b>1/21/17</b>
<b>C. Pettigrew, A. Iuel, K. Ellis, K. Ellis</b>	<b>3:32.54</b>	<b>2/25/17</b>
A. Ndipagbor, V. Jones, J. Stepter, A. Liverpool	3:33.20	3/15/14
K. Ellis, A. Iuel, V. Jones, J. Stepter	3:33.58	2/28/15
A. Ndipagbor, V. Jones, A. Liverpool, J. Stepter	3:34.51	2/14/14
K. Ellis, A. Iuel, J. Stepter, C. Pettigrew	3:35.43	1/23/16
K. Ellis, V. Jones, A. Iuel, J. Stepter	3:35.80	2/7/15
1989	3:35.90	2/25/89



V. Jones, A. Iuel,	3:35.95	2/14/15
K. Ellis, J. Stepter		
1986	3:36.16	3/15/86
J. Stepter, A. Iuel,	3:36.26	1/24/15
K. Ellis, V. Jones		
A. Ndiapagbor, V. Jones,	3:36.96	2/8/14
A. Liverpool, J. Stepter		
A. Ndiapagbor, V. Jones,	3:37.23	3/1/14
A. Liverpool, J. Stepter		
J. Puterbaugh, V. Jones,	3:37.57	3/2/12
D. Muhammad, A. Ndiapagbor)		
V. Jones, A. Ndiapagbor,	3:38.40	2/9/13
J. Stepter, A. Liverpool		
A. Ndiapagbor, V. Jones,	3:38.47	2/11/12
D. Muhammad, A. Payne		
1990	3:42.99	2/2/90
1989	3:43.15	2/11/89
E. Hillaire, S. Clarke,	3:43.65	1/31/09
E. Alexander, D. Muhammad		
E. Alexander, E. Hillaire,	3:44.49	2/7/09
S. Clarke, D. Muhammad		
2013	3:45.89	1/19/13
D. Brown, G. Cantrell,	3:45.95	2/27/16
R. Ent, M. Smith		
V. Jones, A. Ndiapagbor,	3:46.11	1/26/13
J. Stepter, A. Liverpool		
T. Swain, C. Rodriguez,	3:47.30	1/28/06
A. Weatherspoon, T. Stewart		
V. Jones, T. Gaither,	3:48.50	1/18/14
C. Pettigrew, A. Iuel		
J. Stepter, V. Jones,	3:48.62	1/25/14
J. Puterbaugh, A. Iuel		
D. Muhammad, J. Davis,	3:49.59	2/12/11
A. Payne, S. Woods		
S. Woods, S. Clarke,	3:49.98	1/26/08
Ju.Oneyepunuka, C. Rodriguez		
2012	3:54.11	1/19/13
J.Puterbaugh, D. Muhammad,	3:58.64	1/20/12
A. Payne, V. Jones		
E. Olear, M. Hasson,	4:02.34	2/6/10
A. Brown, E. Hillaire		
J. Dion, A. Payne,	4:05.40	2/26/11
J. Davis, A. Brown		
J. Davis, M. Malik,	4:06.92	2/9/13
J. Dion, A. Brown		
J. Davis, L. Laarman,	4:08.68	1/26/13
M. Malik, A. Brown		
J. Dion, A. Brown,	4:10.31	1/20/12
L. Laarman, N. Williams		
2012	4:10.86	1/19/13

**MILE RELAY**

1986	3:43.70	2/8/86
(Maxie, McGraw, Noll, Mayberry)		
1985	3:53.34	2/8/85
1987	4:03.20	2/20/87
1980	4:15.7	2/1/80

**2 MILE RELAY**

1986	8:53.09	2/3/90
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**HIGH JUMP**

Amalie Iuel (1)	5' 10¼ (1.80)p	3/11/16
Amalie Iuel	5' 10 (1.78)p	2/26/16
Amalie Iuel	5' 8¼ (1.75)	2/11/17
Wendy Brown (2)	5' 8¼ (1.73)	2/19/88
Spring Harris (3)	5' 8 (1.73)	2/15/03
Shawana Taylor (4)	5' 8 (1.73)	1/22/00
Lyndsey Lopes (5)	5' 7 (1.70)p	1/27/17
Yleana Carrasco (5)	5' 7 (1.70)	2/3/90
Amalie Iuel	5' 6 (1.68)	2/5/16
Amalie Iuel	5' 6 (1.68)	2/7/15
Alexa Harmon-Thomas	5' 5¼ (1.67)	1/20/17
Alexandra Church (8)	5' 5¼ (1.67)	1/29/05
Amalie Iuel	5' 5 (1.65)	2/24/17
Alexa Harmon-Thomas	5' 5 (1.65)	2/11/17
Lyndsey Lopes	5' 4½ (1.64)p	2/24/17
Alexa Harmon-Thomas	5' 4½ (1.64)	1/27/17
Amalie Iuel	5' 4½ (1.64)	2/14/15
Lyndsey Lopes	5' 4¼ (1.63)	2/5/16
Alexa Harmon-Thomas	5' 3½ (1.61)p	2/24/17
Lyndsey Lopes	5' 3¼ (1.61)	1/20/17
Jordan Winters (9)	5' 3 (1.60)	1/16/16
Jennifer Stutland (10)	5' 2¼ (1.58)	1/19/13

Jennifer Stutland	5' 2¼ (1.58)	2/6/10
Lindsey Oman (10)	5' 2¼ (1.58)	1/26/08
Ekene Anene (10)	5' 2¼ (1.58)	1/26/08
Lindsey Oman	5' 0½ (1.53)	1/27/07
Jennifer Stutland	4' 11¼ (1.52)	1/30/10
Candace Bailey	4' 10¼ (1.48)	1/19/09

**LONG JUMP**

Margaux Jones (1)	21' 0½ (6.41)	2/5/16
Margaux Jones	20' 10 (6.35)	2/26/16
Yvette Bates (2)	20' 10 (6.35)	3/12/88
Alitta Boyd (3)	20' 9¼ (6.33)	2/4/12
Margaux Jones	20' 9¼ (6.33)	1/27/17
Wendy Brown (4)	20' 8 (6.30)	3/8/86
Sabrina Williams (5)	20' 8 (6.30)	2/8/85
Margaux Jones	20' 6½ (6.26)	2/10/17
Margaux Jones	20' 6½ (6.26)	3/11/16
Yvette Bates	20' 6½ (6.26)	3/15/86
Margaux Jones	20' 5¼ (6.24)	2/24/17
Margaux Jones	20' 5¼ (6.23)	2/12/16
Alexis Faulknor (6)	20' 5¼ (6.23)	2/28/15
Alitta Boyd	20' 5¼ (6.23)	2/9/13
Wendy Brown	20' 5¼ (6.23)	2/19/88
Yvette Bates	20' 4 (6.19)	3/8/86
Alitta Boyd	20' 3½ (6.18)	3/10/12
Margaux Jones	20' 3 (6.17)	1/23/16
Michelle Sanford (7)	20' 3 (6.17)	3/4/06
Margaux Jones	20' 2½ (6.16)	1/20/17
Amalie Iuel (8)	20' 2¼ (6.15)p	3/11/16
Michelle Sanford	20' 1¾ (6.14)	2/11/06
Michelle Sanford	20' 1 (6.12)	2/14/04
Yvette Bates	20' 1 (6.12)	2/19/88
Yvette Bates	20' 0½ (6.11)	2/8/86
Alexis Faulknor	20' 0¼ (6.11)	2/8/14
Michelle Sanford	19' 11¼ (6.09)	1/30/04
Alexis Faulknor	19' 11½ (6.08)	1/23/16
Alitta Boyd	19' 11 (6.07)	2/12/11
Wendy Brown	19' 11 (6.07)	2/20/87
Amalie Iuel	19' 9¼ (6.03)p	2/26/16
Wendy Brown	19' 9 (6.02)	1/16/87
Courtney Corrin (9)	19' 11 (6.07)	1/27/17
Courtney Corrin	19' 8¼ (6.00)	2/24/17
Sabrina Williams	19' 8¼ (6.00)	2/15/85
Alitta Boyd	19' 8 (5.99)	2/11/12
Sandy Crabtree (10)	19' 7½ (5.98)	2/15/80
Alitta Boyd	19' 6¼ (5.96)	3/1/13
Lavan Guilda	19' 6¼ (5.95)	3/10/90
Alitta Boyd	19' 6¼ (5.95)	1/26/13
Wendy Brown	19' 6¼ (5.95)	2/17/89
Alitta Boyd	19' 6 (5.94)	1/19/13
Sandy Crabtree	19' 5¼ (5.93)	2/1/80
Michelle Sanford	19' 5¼ (5.93)	1/29/05
Courtney Corrin	19' 4¼ (5.91)	2/10/17
Alexis Faulknor	19' 4¼ (5.91)	1/24/15
Madisen Richards	19' 3¼ (5.87)	2/24/17
Amalie Iuel	19' 3¼ (5.87)	1/23/16
Alexis Faulknor	19' 2¾ (5.86)	1/17/15
Alitta Boyd	19' 2 (5.84)	1/30/10
Yolanda Fletcher	19' 2 (5.84)	2/8/86
Yvette Bates	19' 1 (5.82)	1/16/87
Lavan Guilda	19' 0¼ (5.81)	2/2/86
Sabrina Williams	19' 0 (5.79)	2/10/84
Madisen Richards	18' 11¼ (5.78)	1/27/17
Katarzyna Klisowska	18' 11¼ (5.78)	1/27/07
Tatyana Obukhova	18' 11 (5.76)	2/23/02
Madisen Richards	18' 10¼ (5.76)	2/10/17
Margaux Jones	18' 10¼ (5.75)	1/16/16
Madisen Richards	18' 10¼ (5.75)	2/28/15
Disia Page	18' 10¼ (5.74)	2/23/02
Madisen Richards	18' 10 (5.74)	1/17/15
Lyndsey Lopes	18' 8¼ (5.70)	2/10/17
Erin Williams	18' 8 (5.69)	1/30/04
Alexis Faulknor	18' 7¼ (5.67)	3/1/14
Madisen Richards	18' 4½ (5.60)	1/24/15
Alexa Harmon-Thomas	18' 4 (5.59)	2/24/17
Lyndsey Lopes	18' 3¼ (5.57)p	1/27/17
Lyndsey Lopes	18' 0¼ (5.49)p	2/26/16
Alexa Harmon-Thomas	17' 11¼ (5.48)p	1/20/17
Lyndsey Lopes	17' 11 (5.46)p	2/24/17
Amalie Iuel	17' 10¼ (5.45)	1/16/16
Jennifer Jones	17' 6¼ (5.35)	2/3/12
Lyndsey Lopes	17' 6 (5.33)p	1/20/17
Katarzyna Klisowska	17' 5½ (5.32)	2/11/06
Lyndsey Lopes	17' 4¼ (5.30)	1/23/16

Lyndsey Lopes	17' 1¼ (5.21)	1/16/16
Cara Bickers	17' 1¼ (5.21)	1/30/10
Cara Bickers	17' 0 (5.18)	2/6/10
Jennifer Jones	16' 11¼ (5.16)	2/11/12
Cara Bickers	16' 9¼ (5.11)	1/31/09
Jennifer Jones	16' 8½ (5.09)	2/9/13
Jennifer Jones	16' 8 (5.08)	1/19/13
Cara Bickers	16' 3¼ (4.96)	1/19/09
Courtney Clayton	16' 1¼ (4.92)	2/26/11
Alix Fitch	15' 4¼ (4.68)	2/26/11
Nicole Anthony	15' 3¼ (4.65)	1/19/09
Nicole Anthony	14' 8¼ (4.49)	1/26/08
Katarzyna Klisowska	13' 7¼ (4.15)	2/10/07
Wendy Brown	NM	2/21/86

**TRIPLE JUMP**

Yvette Bates (1)	45' 3 (13.79)	3/14/87
Yvette Bates	44' 9 (13.64)	3/12/88
Wendy Brown (2)	44' 8 (13.61)	3/14/87
Wendy Brown	44' 3¼ (13.50)	3/15/86
Wendy Brown	44' 2¼ (13.48)	3/12/88
Wendy Brown	43' 11¼ (13.39)	2/19/88
Yvette Bates	43' 4¼ (13.21)	2/20/87
Michelle Sanford (3)	43' 2¼ (13.16)	1/30/04
Yvette Bates	43' 1¼ (13.15)	3/15/86
Yvette Bates	43' 1 (13.13)	2/8/85
Yvette Bates	42' 9¼ (13.04)	3/9/85
Wendy Brown	42' 8¼ (13.02)	2/21/86
Wendy Brown	42' 8 (13.00)	2/8/86
Alitta Boyd (4)	42' 6 (12.95)	2/9/13
Alitta Boyd	42' 5¼ (12.93)	2/9/13
Alitta Boyd	42' 2¼ (12.87)	1/26/13
Yvetter Bates	42' 1¼ (12.83)	2/19/88
Yvetter Bates	41' 9¼ (12.73)	2/8/86
Wendy Brown	41' 7¼ (12.69)	2/21/86
Wendy Brown	41' 7¼ (12.69)	2/8/85
Yvetter Bates	41' 7 (12.68)	1/25/86
Melia Cox (5)	41' 5¼ (12.64)	2/9/13
Ekene Anene (6)	41' 5 (12.62)	1/30/10
Kemi Olonade (7)	41' 2½ (12.56)	3/1/14
Melia Cox	41' 1¼ (12.54)	1/24/15
Michelle Sanford	40' 11¼ (12.49)	1/28/06
Melia Cox	40' 9¼ (12.43)	3/1/14
Kemi Olonade	40' 9¼ (12.43)	2/8/14
Melia Cox	40' 8¼ (12.41)	2/28/15
Brittany Daniels (8)	40' 6¼ (12.36)	1/28/06
Melia Cox	40' 2 (12.24)	2/11/12
Melia Cox	40' 1½ (12.23)	1/17/15
Kemi Olonade	40' 0¼ (12.20)	1/18/14
Kemi Olonade	39' 10½ (12.15)	2/9/13
Alitta Boyd	39' 10½ (12.15)	1/30/10
Melia Cox	39' 6¼ (12.05)	2/8/14
Ekene Anene	39' 4 (11.99)	2/6/10
Katarzyna Klisowska(9)	39' 2¼ (11.94)	2/10/07
Kemi Olonade	39' 1¼ (11.93)	1/19/13
Kemi Olonade	39' 1¼ (11.92)	1/25/14
Candace Bailey (10)	38' 2 (11.64)	2/9/13
Alitta Boyd	38' 1¼ (11.61)	3/9/13
Candace Bailey	37' 5¼ (11.41)	1/20/12
Candace Bailey	36' 0¼ (10.99)	1/19/13
Katherine Chang	33' 9¼ (10.29)	1/20/12
Katherine Chang	32' 5 (9.88)	1/19/09

**POLE VAULT**

Bryson Stately (1)	13' 5¼ (4.11)	3/4/06
Bryson Stately	13' 0¼ (3.97)	2/11/06
Bryson Stately	12' 8¼ (3.87)	1/30/10
Felicia Horvath (2)	12' 8 (3.86)	2/26/16
Bryson Stately	12' 5¼ (3.80)	2/7/09
Melissa Astete (3)	12' 5¼ (3.80)	2/23/02
Bryson Stately	12' 4 (3.76)	2/6/10
Felicia Horvath	12' 3¼ (3.75)	2/6/16
Kenisha Strong (4)	11' 0¼ (3.37)	1/31/09
Shannon Lewallen (5)	10' 10 (3.30)	1/21/05
Kenisha Strong	10' 8 (3.25)	1/19/09
Melissa Astete	10' 8 (3.25)	1/21/05

**SHOT PUT**

Brittany Mann (1)	58' 4 (17.78)	3/10/17
Brittany Mann	55' 9¼ (17.00)	2/25/17
Diana Clements (2)	55' 8¼ (16.97)	2/21/86
Brittany Mann	54' 7½ (16.49)	2/4/17
Brittany Mann	54' 1¼ (16.49)	1/21/17
Diana Clements	53' 6½ (16.32)	2/8/86

Diana Clements	53' 4½ (16.27)	2/20/87
Karen Freberg (3)	53' 4¼ (16.26)	3/4/06
Karen Freberg	52' 11 (16.13)	1/28/06
<b>Brittany Mann</b>	<b>52' 10 (16.10)</b>	<b>2/11/17</b>
Diana Clements	52' 1¼ (15.88)	3/14/87
Karen Freberg	51' 5½ (15.68)	3/11/06
Diana Clements	51' 5½ (15.68)	2/28/86
Karen Freberg	51' 4½ (15.66)	2/11/06
Tera Novy (4)	50' 6¾ (15.41)	2/27/16
Tera Novy	49' 11 (15.21)	2/28/15
Tera Novy	49' 8¼ (15.14)	2/7/15
Tera Novy	49' 7 (15.11)	2/6/16
Tanya Sapa (5)	49' 1½ (14.97)	2/6/16
Tera Novy	48' 10¼ (14.89)	1/16/16
<b>Tanya Sapa</b>	<b>48' 7 (14.81)</b>	<b>2/25/17</b>
<b>Tanya Sapa</b>	<b>48' 6¾ (14.80)</b>	<b>2/11/17</b>
Tanya Sapa	48' 5½ (14.77)	1/17/15
Tanya Sapa	48' 1¾ (14.67)	2/27/16
Tera Novy	47' 11¼ (14.61)	1/17/15
Heidi Adams (6)	47' 2 (14.37)	2/19/88
Tanya Sapa	47' 1¾ (14.37)	1/16/16
Tanya Sapa	46' 11½ (14.31)	1/23/16
Marissa Minderler (7)	46' 0 (14.02)	2/26/11
Marissa Minderler	44' 5¼ (13.54)	2/12/11
Heidi Adams	43' 10¾ (13.38)	2/21/86
Katlin Mate (8)	43' 6 (13.26)	1/19/09
Marissa Minderler	43' 4¼ (13.21)	2/6/10
Marissa Minderler	43' 1 (13.13)	1/30/10
Tanya Sapa	42' 6¾ (12.97)	2/28/15
Marissa Minderler	41' 6½ (12.66)	1/19/09
Rugina Hendricks (9)	40' 7¾ (12.39)	2/3/90
Kate Hutchinson (10)	39' 10 (12.14)	1/27/07
Lindsey Oman	37' 7¼ (11.46)	1/27/07
Lindsey Oman	36' 5¼ (11.12)	1/26/08
<b>Lyndsey Lopes</b>	<b>36' 5 (11.10)p</b>	<b>1/20/17</b>
Ashley Pyka	36' 5 (11.10)	2/12/11
Amalie luel	36' 4¼ (11.08)p	3/11/16
Ashley Pyka	36' 4¼ (11.08)	2/26/11
Amalie luel	36' 4 (11.07)p	2/26/16
Amalie luel	35' 1¼ (10.70)	2/6/16
<b>Lyndsey Lopes</b>	<b>34' 3½ (10.45)p</b>	<b>2/24/17</b>
<b>Lyndsey Lopes</b>	<b>34' 2 (10.41)p</b>	<b>1/27/17</b>
Lyndsey Lopes	34' 1¼ (10.39)p	2/26/16
<b>Alexa Harmon-Thomas</b>	<b>33' 8½ (10.27)p</b>	<b>1/27/17</b>
Marissa Minderler	33' 7½ (10.25)	1/26/08
<b>Alexa Harmon-Thomas</b>	<b>33' 2½ (10.12)p</b>	<b>2/24/17</b>
Lyndsey Lopes	32' 1 (9.78)	2/6/16
Amalie luel	31' 8¼ (9.67)	1/16/16
<b>Alexa Harmon-Thomas</b>	<b>31' 7¼ (9.63)p</b>	<b>1/20/17</b>
Lyndsey Lopes	31' 3¾ (9.54)	1/16/16

p - made in Pentathlon competition

Last update  
3/11/17

#### WEIGHT THROW

<b>Brittany Mann</b>	<b>63' 3¼ (19.28)</b>	<b>2/24/17</b>
<b>Brittany Mann</b>	<b>61' 7 (18.77)</b>	<b>1/20/17</b>
Erika Peyton	57' 5 (17.59)	2/26/16
Tanya Sapa	56' 2 (17.12)	2/26/16
Tamara Bauman	53' 5¾ (16.30)	2/26/11
Tamara Bauman	49' 5½ (15.07)	2/6/10
Ashley Pyka	48' 4½ (14.74)	1/20/12
Tamara Bauman	48' 0½ (14.64)	1/31/09
Tamara Bauman	47' 9¼ (14.56)	1/19/09
Tamara Bauman	47' 7¼ (14.51)	1/30/10
Alexandra Williams	47' 4 (14.44)	1/28/06
Marissa Minderler	47' 1 (14.35)	1/31/09
Kathryn Daniels	45' 8 (13.92)	2/26/11
Marissa Minderler	45' 8 (13.92)	1/19/09
Kathryn Daniels	45' 0½ (13.73)	1/30/10
Kathryn Daniels	44' 9 (13.64)	2/6/10
Farren Benjamin	35' 5¾ (10.81)	1/20/12

#### PENTATHLON

Amalie luel	4444	2/26/16
Amalie luel	4425	3/11/16
<b>Lyndsey Lopes</b>	<b>3754</b>	<b>1/27/17</b>
<b>Lyndsey Lopes</b>	<b>3679</b>	<b>2/24/17</b>
<b>Lyndsey Lopes</b>	<b>3602</b>	<b>1/20/17</b>
<b>Alexa Harmon-Thomas</b>	<b>3486</b>	<b>2/24/17</b>
<b>Alexa Harmon-Thomas</b>	<b>3434</b>	<b>1/20/17</b>
Lyndsey Lopes	2849	2/26/16
Kiana Henry	2825	1/26/13
<b>Alexa Harmon-Thomas</b>	<b>2747</b>	<b>1/27/17</b>

a - time ran in altitude