

USC Women's Indoor Top Ten

60m			
1.	Angela Williams	7.09	3/11/01
2.	Ky Westbrook	7.18	1/17/15
3.	Virginia Powell	7.21	3/11/06
4.	Tynia Gaither	7.23	2/28/15
5.	Alexis Faulknor	7.27	1/24/15
6.	Deanna Hill	7.28	2/10/17
	Alexis Weatherspoon	7.28	3/4/06
	Angela Daigle	7.28	2/28/03
9.	Jessica Davis	7.30	3/15/14
10.	Destinee Brown	7.36	2/26/16

60mH			
1.	Virginia Powell	7.84	3/11/06
2.	Anna Cockrell	7.98	3/10/17
3.	Dior Hall	8.01	3/13/15
4.	Candice Davis	8.05	3/10/07
5.	Nia Ali	8.06	2/5/11
6.	Lauren Blackburn	8.19	3/1/14
7.	Jasmyne Graham	8.21	2/25/17
8.	Dalilah Muhammad	8.23	3/2/12
9.	Melia Cox	8.25	2/14/15
10.	Shalina Clarke	8.34	2/7/09

200m			
1.	Deanna Hill	22.54	3/11/17
2.	Carol Rodriguez	22.77	3/11/06
3.	Kendall Ellis	22.97	2/11/17
4.	Tynia Gaither	23.19	2/14/15
5.	Jessica Davis	23.32	3/15/14
6.	Ky Westbrook	23.44	2/14/15
7.	Carmen Pettigrew	23.51	2/11/17
	Coco Ndipagbor	23.51	2/14/14
9.	Destinee Brown	23.60	2/11/17
	Gabriella Cantrell	23.60	2/14/15

400m			
1.	Kendall Ellis	51.07	3/11/17
2.	Jaide Stepter	52.22	3/12/16
3.	Carmen Pettigrew	52.27	2/25/17
4.	Coco Ndipagbor	52.47	3/14/14
5.	Amalie luel	52.52	2/12/16
6.	Michelle Taylor	52.60	2/11/89
7.	Vanessa Jones	53.33	2/28/15
8.	Kyra Constantine	53.83	2/10/17
9.	Ashley Liverpool	54.21	3/1/14
10.	Myra Hasson	54.71	1/30/10

800m			
1.	Michelle Taylor	2:05.70	3/10/90
2.	Mikaela Smith	2:05.94	2/25/17
3.	Amalie luel	2:06.88p	2/26/16
4.	Lorea Ibarzabal	2:08.82	2/11/17
5.	Lesley Noll	2:08.70	2/25/89
6.	Shannon Clark	2:10.11	2/25/89
7.	Erica Capellino	2:11.54	2/28/15
8.	Reika Kijima	2:11.55	2/28/15
9.	Rebekah Ent	2:11.90	2/27/16
10.	Rachel Glynn	2:13.22	1/23/16

MILE			
1.	Anna Lopacuich	4:43.23	2/8/98
2.	Elise Lyon	4:53.35	2/8/86
3.	Amy Goodwin	4:55.00	2/9/90
4.	Chloe Berry	4:56.67	2/11/17
5.	Katerina Berdousi	4:57.43	2/12/16
6.	Christine Cortez	5:08.07	2/12/11
7.	Jenna Tong	5:09.16	2/8/14
8.	Amber Gore	5:14.34	1/21/17
9.	Katherine Ellis	5:16.72	1/26/08
10.	Kira Soderstrom	5:41.76	1/20/12

3000m			
1.	Katerina Berdousi	9:50.40	2/13/16
2.	Jenna Tong	10:02.63	2/27/16
3.	Dina Kitayana	10:52.97	2/26/11
4.	Erin Robinson	10:56.63	1/20/12
5.	Katherine Ellis	10:57.78	1/27/07
6.	Zara Lukens	10:58.71	2/26/11
7.	Bridget Helgerson	11:07.73	1/27/07
8.	Natalie Jarvey	12:04.25	1/27/07

4x400 RELAY			
1.	2017	3:27.03	3/11/17
	(C. Pettigrew, A. luel, D. Hill, K. Ellis)		
2.	2016	3:28.82	2/13/16
	(K. Ellis, A. luel, D. Hill, J. Stepter)		
3.	2015	3:29.63	3/13/15
	(J. Stepter, A. luel, K. Ellis, V. Jones)		
4.	2017	3:30.66	1/28/17
	(K. Ellis, A. Cockrell, C. Pettigrew, D. Hill)		
5.	2017	3:31.72	1/21/17
	(C. Pettigrew, A. luel, K. Constantine, K. Ellis)		
6.	2014	3:33.20	3/15/14
	(A. Ndipagbor, V. Jones, J. Stepter, A. Liverpool)		
7.	2016	3:35.43	1/23/16
	(K. Ellis, A. luel, J. Stepter, C. Pettigrew)		
8.	1989	3:35.90	2/25/89
9.	1986	3:36.16	3/15/86
10.	2012	3:37.57	3/2/12
	(J. Puterbaugh, V. Jones, D. Muhammad, A. Ndipagbor)		

HIGH JUMP			
1.	Amalie luel	(1.80) - 5' 10³/₄p	3/11/16
2.	Wendy Brown	(1.73) - 5' 8 ¹ / ₄	2/19/88
3.	Spring Harris	(1.73) - 5' 8	2/15/03
	Shawana Taylor	(1.73) - 5' 8	1/22/00
5.	Lyndsey Lopes	(1.70) - 5' 7p	1/27/17
	Yleana Carrasco	(1.70) - 5' 7	2/3/90
7.	Alexa Harmon-Thomas	(1.67) - 5' 5³/₄p	1/20/17
8.	Alexandra Church	(1.67) - 5' 5 ³ / ₄	1/29/05
9.	Jordan Winters	(1.60) - 5' 3	1/16/16
10.	Jennifer Stutland	(1.58) - 5' 2 ¹ / ₄	1/19/13
	Lindsey Oman	(1.58) - 5' 2 ¹ / ₄	1/26/08
	Ekene Anene	(1.58) - 5' 2 ¹ / ₄	1/26/08

POLE VAULT			
1.	Bryson Stately	(4.11) - 13' 5 ¹ / ₄	3/4/06
2.	Felicia Horvath	(3.86) - 12' 8	2/26/16
3.	Melissa Astete	(3.80) - 12' 5 ¹ / ₂	2/23/02
4.	Kenisha Strong	(3.37) - 11' 0 ³ / ₄	1/31/09
5.	Shannon Lewallen	(3.30) - 10' 10	1/21/05

LONG JUMP			
1.	Margaux Jones	(6.41) - 21' 0¹/₄	2/5/16
2.	Yvette Bates	(6.35) - 20' 10	3/12/88
3.	Alitta Boyd	(6.33) - 20' 9 ³ / ₄	2/4/12
4.	Wendy Brown	(6.30) - 20' 8	3/8/86
	Sabrina Williams	(6.30) - 20' 8	2/8/85
6.	Alexis Faulknor	(6.23) - 20' 5 ¹ / ₄	2/28/15
7.	Michelle Sanford	(6.17) - 20' 3	3/4/06
8.	Amalie luel	(6.15) - 20' 2¹/₄p	3/11/16
9.	Courtney Corrin	(6.07) - 19' 11	1/27/17
10.	Sandy Crabtree	(5.98) - 19' 7 ¹ / ₂	2/15/80

TRIPLE JUMP			
1.	Yvette Bates	(13.79) - 45' 3	3/14/87
2.	Wendy Brown	(13.61) - 44' 8	3/14/87
3.	Michelle Sanford	(13.16) - 43' 2 ¹ / ₄	1/30/04
4.	Alitta Boyd	(12.95) - 42' 6	2/9/13
5.	Melia Cox	(12.64) - 41' 5 ³ / ₄	2/9/13
6.	Ekene Anene	(12.62) - 41' 5	1/30/10
7.	Kemi Olonade	(12.56) - 41' 2 ¹ / ₄	3/1/14
8.	Brittany Daniels	(12.36) - 40' 6 ³ / ₄	1/28/06
9.	Katarzyna Klisowska	(11.94) - 39' 2 ¹ / ₄	2/10/07
10.	Candace Bailey	(11.41) - 37' 5 ¹ / ₄	1/20/12

SHOT PUT			
1.	Brittany Mann	(17.78) - 58' 4	3/10/17
2.	Diana Clements	(16.97) - 55' 8 ¹ / ₄	2/21/86
3.	Karen Freberg	(16.26) - 53' 4 ¹ / ₄	3/4/06
4.	Tera Novy	(15.41) - 50' 6 ³ / ₄	2/27/16
5.	Tanya Sapa	(14.97) - 49' 1¹/₂	2/6/16
6.	Heidi Adams	(14.37) - 47' 2	2/19/88
7.	Marissa Minderler	(14.02) - 46' 0	2/26/11
8.	Katlin Mate	(13.26) - 43' 6	1/19/09
9.	Rugina Hendricks	(12.39) - 40' 7 ³ / ₄	2/3/90
10.	Kate Hutchinson	(12.14) - 39' 10	1/27/07

WEIGHT THROW			
1.	Brittany Mann	(19.28) - 63' 3¹/₄	2/24/17
2.	Erika Peyton	(17.59) - 57' 5	2/26/16
3.	Tanya Sapa	(17.12) - 56' 2	2/26/16
4.	Tamara Bauman	(16.30) - 53' 5 ³ / ₄	2/26/11
5.	Ashley Pyka	(14.74) - 48' 4 ¹ / ₂	1/20/12
6.	Alexandra Williams	(14.44) - 47' 4	1/28/06
7.	Marissa Minderler	(14.35) - 47' 1	1/31/09
8.	Kathryn Daniels	(13.92) - 45' 8	2/26/11
9.	Farren Benjamin	(10.81) - 35' 5 ³ / ₄	1/20/12

PENTATHLON			
1.	Amalie luel	4444	2/26/16
2.	Lyndsey Lopes	3754	1/27/17
3.	Alexa Harmon-Thomas	3486	2/24/17
4.	Kiana Henry	2825	1/26/13

Last update
3/11/17

BOLD = current team member
p - mark made in pentathlon
RED = current season

If you know of missing marks, please send them to the Trojan Force: usctrojanforce@gmail.com