

USC Women's Indoor Top Ten

60m			
1. Angela Williams	7.09	3/11/01	
2. Ky Westbrook	7.18	1/17/15	
3. Virginia Powell	7.21	3/11/06	
4. Tynia Gaither	7.23	2/28/15	
5. Alexis Faulknor	7.27	1/24/15	
6. Deanna Hill	7.28	2/10/17	
Alexis Weatherspoon	7.28	3/4/06	
Angela Daigle	7.28	2/28/03	
9. Jessica Davis	7.30	3/15/14	
10. Destinee Brown	7.36	2/26/16	

60mH			
1. Virginia Powell	7.84	3/11/06	
2. Anna Cockrell	7.98	3/10/17	
3. Dior Hall	8.01	3/13/15	
4. Candice Davis	8.05	3/10/07	
5. Nia Ali	8.06	2/5/11	
6. Lauren Blackburn	8.19	3/1/14	
7. Jasmyne Graham	8.21	2/25/17	
8. Dalilah Muhammad	8.23	3/2/12	
9. Melia Cox	8.25	2/14/15	
10. Shalina Clarke	8.34	2/7/09	

200m			
1. Deanna Hill	22.54	3/11/17	
2. Carol Rodriguez	22.77	3/11/06	
3. Kendall Ellis	22.97	2/11/17	
4. Tynia Gaither	23.19	2/14/15	
5. Jessica Davis	23.32	3/15/14	
6. Ky Westbrook	23.44	2/14/15	
7. Carmen Pettigrew	23.51	2/11/17	
8. Coco Ndipagbor	23.51	2/14/14	
9. Destinee Brown	23.60	2/11/17	
Gabriella Cantrell	23.60	2/14/15	

400m			
1. Kendall Ellis	51.07	3/11/17	
2. Jaide Stepter	52.22	3/12/16	
3. Carmen Pettigrew	52.27	2/25/17	
4. Coco Ndipagbor	52.47	3/14/14	
5. Amalie luel	52.52	2/12/16	
6. Michelle Taylor	52.60	2/11/89	
7. Vanessa Jones	53.33	2/28/15	
8. Kyra Constantine	53.83	2/10/17	
9. Ashley Liverpool	54.21	3/1/14	
10. Myra Hasson	54.71	1/30/10	

800m			
1. Michelle Taylor	2:05.70	3/10/90	
2. Mikaela Smith	2:05.94	2/25/17	
3. Amalie luel	2:06.88p	2/26/16	
4. Lorea Ibarzabal	2:08.82	2/11/17	
5. Lesley Noll	2:08.70	2/25/89	
6. Shannon Clark	2:10.11	2/25/89	
7. Erica Capellino	2:11.54	2/28/15	
8. Reika Kijima	2:11.55	2/28/15	
9. Rebekah Ent	2:11.90	2/27/16	
10. Rachel Glynn	2:13.22	1/23/16	

MILE			
1. Anna Lopacuich	4:43.23	2/8/98	
2. Elise Lyon	4:53.35	2/8/86	
3. Amy Goodwin	4:55.00	2/9/90	
4. Chloe Berry	4:56.67	2/11/17	
5. Katerina Berdousi	4:57.43	2/12/16	
6. Christine Cortez	5:08.07	2/12/11	
7. Jenna Tong	5:09.16	2/8/14	
8. Amber Gore	5:14.34	1/21/17	
9. Katherine Ellis	5:16.72	1/26/08	
10. Kira Soderstrom	5:41.76	1/20/12	

3000m			
1. Katerina Berdousi	9:50.40	2/13/16	
2. Jenna Tong	10:02.63	2/27/16	
3. Dina Kitayana	10:52.97	2/26/11	
4. Erin Robinson	10:56.63	1/20/12	
5. Katherine Ellis	10:57.78	1/27/07	
6. Zara Lukens	10:58.71	2/26/11	
7. Bridget Helgerson	11:07.73	1/27/07	
8. Natalie Jarvey	12:04.25	1/27/07	

4x400 RELAY			
1. 2017	3:27.03	3/11/17	
(C. Pettigrew, A. luel, D. Hill, K. Ellis)			
2. 2016	3:28.82	2/13/16	
(K. Ellis, A. luel, D. Hill, J. Stepter)			
3. 2015	3:29.63	3/13/15	
(J. Stepter, A. luel, K. Ellis, V. Jones)			
4. 2017	3:30.66	1/28/17	
(K. Ellis, A. Cockrell, C. Pettigrew, D. Hill)			
5. 2017	3:31.72	1/21/17	
(C. Pettigrew, A. luel, K. Constantine, K. Ellis)			
6. 2014	3:33.20	3/15/14	
(A. Ndipagbor, V. Jones, J. Stepter, A. Liverpool)			
7. 2016	3:35.43	1/23/16	
(K. Ellis, A. luel, J. Stepter, C. Pettigrew)			
8. 1989	3:35.90	2/25/89	
9. 1986	3:36.16	3/15/86	
10. 2012	3:37.57	3/2/12	
(J. Puterbaugh, V. Jones, D. Muhammad, A. Ndipagbor)			

HIGH JUMP			
1. Amalie luel	(1.80) - 5' 10 ³ / ₄ p	3/11/16	
2. Wendy Brown	(1.73) - 5' 8 ¹ / ₄	2/19/88	
3. Spring Harris	(1.73) - 5' 8	2/15/03	
Shawana Taylor	(1.73) - 5' 8	1/22/00	
5. Lyndsey Lopes	(1.70) - 5' 7p	1/27/17	
Yleana Carrasco	(1.70) - 5' 7	2/3/90	
7. Alexa Harmon-Thomas	(1.67) - 5' 5³/₄p	1/20/17	
Alexandra Church	(1.67) - 5' 5 ³ / ₄	1/29/05	
8. Jordan Winters	(1.60) - 5' 3	1/16/16	
9. Jennifer Stutland	(1.58) - 5' 2 ¹ / ₄	1/19/13	
Lindsey Oman	(1.58) - 5' 2 ¹ / ₄	1/26/08	
Ekene Anene	(1.58) - 5' 2 ¹ / ₄	1/26/08	

POLE VAULT			
1. Bryson Stately	(4.11) - 13' 5 ¹ / ₄	3/4/06	
2. Felicia Horvath	(3.86) - 12' 8	2/26/16	
3. Melissa Astete	(3.80) - 12' 5 ¹ / ₂	2/23/02	
4. Kenisha Strong	(3.37) - 11' 0 ³ / ₄	1/31/09	
5. Shannon Lewallen	(3.30) - 10' 10	1/21/05	

LONG JUMP			
1. Margaux Jones	(6.41) - 21' 0¹/₄	2/5/16	
2. Yvette Bates	(6.35) - 20' 10	3/12/88	
3. Alitta Boyd	(6.33) - 20' 9 ³ / ₄	2/4/12	
4. Wendy Brown	(6.30) - 20' 8	3/8/86	
Sabrina Williams	(6.30) - 20' 8	2/8/85	
6. Alexis Faulknor	(6.23) - 20' 5 ¹ / ₄	2/28/15	
7. Michelle Sanford	(6.17) - 20' 3	3/4/06	
8. Amalie luel	(6.15) - 20' 2 ¹ / ₄ p	3/11/16	
9. Courtney Corrin	(6.07) - 19' 11	1/27/17	
10. Sandy Crabtree	(5.98) - 19' 7 ¹ / ₂	2/15/80	

TRIPLE JUMP			
1. Yvette Bates	(13.79) - 45' 3	3/14/87	
2. Wendy Brown	(13.61) - 44' 8	3/14/87	
3. Michelle Sanford	(13.16) - 43' 2 ¹ / ₄	1/30/04	
4. Alitta Boyd	(12.95) - 42' 6	2/9/13	
5. Melia Cox	(12.64) - 41' 5 ¹ / ₄	2/9/13	
6. Ekene Anene	(12.62) - 41' 5	1/30/10	
7. Kemi Olonade	(12.56) - 41' 2 ¹ / ₂	3/1/14	
8. Brittany Daniels	(12.36) - 40' 6 ³ / ₄	1/28/06	
9. Katarzyna Klisowska	(11.94) - 39' 2 ¹ / ₄	2/10/07	
10. Candace Bailey	(11.41) - 37' 5 ¹ / ₄	1/20/12	

SHOT PUT			
1. Brittany Mann	(17.78) - 58' 4	3/10/17	
2. Diana Clements	(16.97) - 55' 8 ¹ / ₄	2/21/86	
3. Karen Freberg	(16.26) - 53' 4 ¹ / ₄	3/4/06	
4. Tera Novy	(15.41) - 50' 6 ³ / ₄	2/27/16	
5. Tanya Sapa	(14.97) - 49' 1 ¹ / ₂	2/6/16	
6. Heidi Adams	(14.37) - 47' 2	2/19/88	
7. Marissa Minderler	(14.02) - 46' 0	2/26/11	
8. Katlin Mate	(13.26) - 43' 6	1/19/09	
9. Rugina Hendricks	(12.39) - 40' 7 ³ / ₄	2/3/90	
10. Kate Hutchinson	(12.14) - 39' 10	1/27/07	

WEIGHT THROW			
1. Brittany Mann	(19.28) - 63' 3 ¹ / ₄	2/24/17	
2. Erika Peyton	(17.59) - 57' 5	2/26/16	
3. Tanya Sapa	(17.12) - 56' 2	2/26/16	
4. Tamara Bauman	(16.30) - 53' 5 ¹ / ₄	2/26/11	
5. Ashley Pyka	(14.74) - 48' 4 ¹ / ₂	1/20/12	
6. Alexandra Williams	(14.44) - 47' 4	1/28/06	
7. Marissa Minderler	(14.35) - 47' 1	1/31/09	
8. Kathryn Daniels	(13.92) - 45' 8	2/26/11	
9. Farren Benjamin	(10.81) - 35' 5 ¹ / ₄	1/20/12	

PENTATHLON			
1. Amalie luel	4444	2/26/16	
2. Lyndsey Lopes	3754	1/27/17	
3. Alexa Harmon-Thomas	3486	2/24/17	
4. Kiana Henry	2825	1/26/13	

Last update
9/16/17

BOLD = current team member
p - mark made in pentathlon
RED = current season

If you know of missing marks, please send them to the Trojan Force: usctrojanforce@gmail.com