

# Pac-12 Meet Records

## MEN

100	Andre De Grasse	USC	9.97	2015
200	Ato Boldon	UCLA	20.00	1996
400	Danny Everett	UCLA	44.34	1988
800	Joaquim Cruz	ORE	1:45.12	1984
1500	Lawi Lalang	ARIZ	3:36.34	2014
Mile	Hailu Ebba	OSU	3:57.90	1973
3K SC	Julius Korir	WSU	8:26.10	1984
5K	Henry Rono	WSU	13:20.23	1978
10K	Henry Rono	WSU	27:46.55	1978
110H	Aleec Harris	USC	13.35	2014
400IH	Jeshua Anderson	WSU	48.13	2011
4x100 Relay	UCLA	UCLA	38.59	1988
	(Mike Marsh, Danny Everett, Steve Lewis, Henry Thomas)			
4x400 Relay	Arizona State	Arizona State	3:01.26	2004
	(Rich Allen, Seth Amoo, Domenik Peterson, Lewis Banda)			
High Jump	Brian Marshall	STAN	(2.28) - 7' 5¾	1988
	Jessie Williams	USC	(2.28) - 7' 5¾	2005
	Nick Ross	ARIZ	(2.28) - 7' 5¾	2014
Pole Vault	Toby Stevenson	STAN	(5.72) - 18' 9¼	2000
Long Jump	Dwight Phillips	ASU	(8.18) - 26' 10	1999
Triple Jump	Joseph Taiwo	WSU	(16.91) - 55' 5¾	1982
Shot	John Godina	UCLA	(21.76) - 71' 4¾	1995
Discus	Julian Wruck	UCLA	(65.41) - 214' 7	2013
Hammer	Balazs Kiss	USC	(81.94) - 268' 10	1995
Javelin	Cyrus Hostetler	ORE	(77.21) - 253' 4	2010
Decathlon	Mike Ramos	WASH	8322	1982

