

USC Track & Field Women's Top 25

100 METERS

1. Angela Williams	11.04	6/5/99
2. Natasha Mayers	11.09	4/19/03
3. Virginia Powell	11.10	5/14/06
Torri Edwards	11.10	6/4/99
5. Inger Miller	11.11	4/7/93
6. Deanna Hill	11.17	6/22/17
Ky Westbrook	11.17	6/11/15
8. Jessica Davis	11.19	5/14/11
9. Tynia Gaither	11.21	5/1/16
10. Candace Young	11.22	3/24/01
11. Alexis Faulknor	11.26	6/25/15
12. Jessica Onyepunka	11.31	4/15/07
13. Carol Rodriguez	11.32	6/8/10
14. Alexis Weatherspoon	11.34	4/30/05
Gail Douglas	11.34	5/11/79
16. Gervaise McGraw	11.37	1987
17. Kinshasa Davis	11.39	2001
18. Myra Mayberry	11.42	4/25/87
19. Destinee Brown	11.43	4/17/15
20. Aareon Payne	11.45	5/1/11
21. Judith Onyepunka	11.46	5/2/09
22. Loudia Laarman	11.47	4/18/14
23. Coco Ncha-Ndip	11.48	4/27/14
24. Gabriella Cantrell	11.53	4/3/15
25. Candice Davis	11.54	4/28/07

200 METERS

1. Carol Rodriguez	22.23a	5/27/06
2. Inger Miller	22.33	4/17/93
3. Deanna Hill	22.41	5/14/17
4. Tynia Gaither	22.54	6/11/16
5. Kinshasa Davis	22.69	4/16/00
6. Kendall Ellis	22.79	4/30/17
7. Natasha Mayers	22.80	5/29/02
8. Aareon Payne	22.83	4/16/11
9. Jessica Davis	22.84	5/14/11
Torri Edwards	22.84	6/4/99
11. Alexis Faulknor	22.97	6/27/15
12. Gail Douglas	22.9	4/27/1979
13. Gervaise McGraw	23.07	5/2/1987
14. Alexis Weatherspoon	23.11	6/9/2005
15. Ky Westbrook	23.22	5/30/15
Angela Williams	23.22	5/20/01
17. Jaide Stepter	23.23	4/15/16
18. Jessica Onyepunka	23.26	5/25/07
19. Virginia Powell	23.29	4/29/06
20. Gabriella Cantrell	23.34	4/3/15
21. La Tima Jones	23.37	5/6/95
22. Amalie Iuel	23.41h	5/7/16
23. Cameron Pettigrew	23.42	5/14/17
24. Vanessa Jones	23.43	4/18/14
25. Miya Edmonson	23.46	5/1/04

400 METERS

1. Kendall Ellis	50.00	6/24/17
2. Jaide Stepter	50.91	3/26/16
3. Carol Rodriguez	51.39	5/3/08
4. Vanessa Jones	51.50	5/17/15
5. Cameron Pettigrew	51.61	5/14/17
6. Michelle Taylor	51.75	6/2/89
7. Amalie Iuel	51.81	3/18/17
8. Brigita Langerholc	52.02	7/01
9. Gervaise McCraw	52.24	6/7/86
10. Nakiya Johnson	52.29	5/19/02
11. Inger Miller	52.76	3/26/94
12. Tracee Thomas	52.99	5/1/04
13. Coco Ncha-Ndip	53.00	5/17/15
14. Malika Edmonson	53.02	5/2/98
15. Ashley Liverpool	53.04	5/11/13
Kinshasa Davis	53.04	4/21/99
17. Leslie Maxie	53.10	4/28/90
18. Myra Hasson	53.13	5/1/10
19. LaWanda Cabell	53.15	5/3/86
20. Kyra Constantine	53.18	4/8/17
21. Carla Estes	53.20	5/2/98
22. Natasha Danvers	53.26	6/13/98
23. Elizabeth Olear	53.29	5/28/10
24. Treani Swain	53.62	5/1/04
25. La Tima Jones	53.63	5/20/95

800 METERS

1. Brigita Langerholc	1:58.51	9/25/00
2. Michelle Taylor	2:00.01	7/19/89
3. Lesley Noll	2:03.30	4/8/88
4. Grazyna Penc	2:03.82	4/5/97
5. Aleksandra Deren	2:04.18	4/26/01
6. Donna Curtis	2:04.58	5/29/85
7. Mikaela Smith	2:05.17	4/30/17
8. Anna Lopaciuch	2:05.71	5/24/98
9. Treani Swain	2:05.93	4/30/05
10. Kristie Johnston	2:06.09	5/3/97
11. Amalie Iuel	2:06.34h	5/8/16
12. Gina Clayton	2:06.58	4/30/05
13. Frida Flodstrom	2:06.65	5/2/09
14. Shannon Clark	2:07.79	1989
15. Amy Goodwin	2:08.34	1989
16. Elise Lyon	2:09.19	4/26/86
17. Christine Cortez	2:09.76	5/1/10
18. Lucyna Ligaj	2:10.02	4/24/01
19. Anniya Louis	2:10.15	5/9/09
20. Lorea Ibarzabal	2:10.28	4/30/17
Shantae McKinney	2:10.28	5/8/04
22. Julie Seleine	2:10.30	1987
23. Reika Kijima	2:10.93	4/18/15
24. Gina Dyer	2:11.21	4/26/80
25. Karen Koellner	2:11.34	3/8/86

1500 METERS

1. Grazyna Penc	4:12.05	4/20/97
2. Iryna Vashchuk	4:12.79	5/29/04
3. Elise Lyon	4:15.96	5/23/87
4. Anna Lopaciuch	4:16.49	4/4/98
5. Lesley Noll	4:17.25	4/30/89
6. Emebet Shiferaw	4:20.75	5/4/96
7. Aleksandra Deren	4:20.84	5/5/01
8. Kristie Johnston	4:21.84	5/3/97
9. Shannon Clark	4:22.06	4/11/87
10. Lucyna Ligaj	4:22.77	5/20/01
11. Zsafia Erdelyi	4:23.18	5/2/09
12. Julie Seleine	4:23.92	4/11/87
13. Donna Curtis	4:26.25	4/7/84
14. Gina Dyer	4:27.40	3/23/80
15. Amy Goodwin	4:27.70	4/14/89
16. Rebekah Ent	4:27.72	4/15/16
17. Erica Capellino	4:27.92	3/24/12
18. Christine Cortez	4:28.12	3/20/10
19. Danielle Morrell	4:32.40	2002
20. Katerina Berdousi	4:30.43	5/16/15
21. Sarah Cocco	4:31.49	3/22/08
22. Brooke Thomas	4:32.11	3/8/2003
23. Oksana Milokumova	4:32.40	4/13/07
24. Ariel Wright	4:32.88	3/19/11
25. Chloe Berry	4:33.65	4/22/17

3000 METERS

1. Emebet Shiferaw	9:11.78	6/6/97
2. Anna Lopaciuch	9:23.44	5/2/98
3. Zsafia Erdelyi	9:27.96	3/20/10
4. Iryna Vashchuk	9:31.14	3/20/04
5. Lucyna Ligaj	9:38.07	3/3/01
6. Shannon Clark	9:41.41	4/17/87
7. Sarah Cocco	9:42.68	3/1/08
8. Katerina Berdousi	9:45.42	3/22/13
9. Elise Lyon	9:48.69	4/17/87
10. Beth Van Alstine	9:49.07	3/20/04
11. Gina Dyer	9:50.32	4/21/80
12. Kira Soderstrom	9:54.21	3/7/15
13. Jenna Tong	10:02.97	3/18/16
14. Leticia Mora	10:06.40	4/22/95
15. Natalia Kovtun	10:08.52	3/24/07
16. Oksana Milokumova	10:08.73	3/24/07
17. Daniela Gergley	10:16.21	10/24/07
18. Christine Lewis	10:17.35	3/9/96
19. Christine Greer	10:19.44	3/21/09
20. Brooke Thomas	10:19.94	2/17/01
21. Tina kefelas	10:23.79	3/8/98
22. Laura Meyers	10:24.36	3/23/08
23. Leah Gaeta	10:24.45	3/19/11
24. Kate Neeper	10:24.62	3/20/04
25. Robbyn Bryant	10:26.5	3/18/96

3000m Steeplechase

1. Zsafia Erdelyi	10:01.99	5/30/09
2. Julia Budniak	10:13.23	7/4/04
3. Kira Soderstrom	10:34.18	4/16/15
4. Katerina Berdousi	10:42.72	5/14/16
5. Jenna Tong	10:42.91	4/5/14
6. Laura Meyers	10:49.95	4/5/08
7. Natalia Kovtun	11:04.35	4/28/07
8. Kristen Berglas	11:06.70	4/30/05
9. Katherine Ellis	11:07.26	5/2/09
10. Brooke Thomas	11:07.63	4/21/01
11. Chanel Fischetti	11:24.08	4/18/09
12. Erin Matranga	11:28.47	3/24/12
13. Sinfo Orozco	11:29.44	5/4/02
14. Victoria Carter	11:36.77	5/1/04
15. Jaclyn Wallis	11:37.46	5/1/11
16. Meghan Mainwaring	11:40.24	4/26/03
17. Jessica Lundin	11:44.11	5/2/09
18. Theresa Kurth	11:48.36	5/1/11
19. Austin Lundin	12:06.50	4/18/13
20. Harlye Maya	12:22.50	4/30/05
21. Jennifer Wells	12:40.35	5/3/08
22. Holly Peters	12:45.12	5/4/2002
23. Lauren Maurer	13.17.27	4/30/17

5000 METERS

1. Zsafia Erdelyi	16:00.11	4/15/11
2. Emebet Shiferaw	16:16.27	5/18/96
3. Ariel Wright	16:23.66	3/25/11
4. Iryna Vashchuk	16:28.71	3/25/05
5. Julia Budniak	16:42.65	4/18/04
6. Brooke Thomas	16:53.82	3/29/03
7. Beth Van Alstine	16:53.90	4/18/2004
8. Katerina Berdousi	17:04.41	5/15/16
9. Julie Seleine	17:18.81	3/21/87
10. Kathleen Moloney	17:29.33	3/6/10
11. Shea Wickland	17:34.99	4/4/09
12. Rebekah Ent	17:35.27	5/15/16
13. Kira Soderstrom	17:40.52	5/17/15
14. Oksana Milokumova	17:41.24	3/30/07
15. Carey Hill	17:43.14	1980
16. Kate Neeper	17:46.19	3/6/04
17. Jenna Tong	17:50.22	5/15/16
18. Christine Greer	17:50.89	3/28/09
19. Jessica Lundin	17:50.90	3/5/11
20. Natalia Kovtun	17:53.45	3/30/07
21. Daniela Gergley	17:54.46	3/30/07
22. Bridget Helgerson	17:56.84	3/6/10
23. Leah Gaeta	18:06.14	3/5/11
24. Erin Matranga	18:13.96	3/10/12
25. Kate Pinta	18:20.46	2003

10000 METERS

1. Zsafia Erdelyi	33:18.75	3/26/10
2. Beth Van Alstine	34:29.62	3/27/04
3. Kate Neeper	36:09.24	4/17/04
4. Shea Wickland	36:16.00	3/7/09
5. Dina Kitayama	36:38.60	4/14/11
6. Zara Lukens	37:11.02	4/14/11
7. Holly Peters	39:51.67	5/1/03
8. Roseann Nardon	40:21.64	5/6/86

100-METER HURDLES

1. Virginia Powell	12.48	6/9/06
2. Nia Ali	12.73	6/25/11
3. Dior Hall	12.74	6/13/15
4. Anna Cockrell	12.89	6/8/17
5. Candice Davis	12.90	6/8/07
6. Lauren Blackburn	13.06	5/14/11
7. Shalina Clarke	13.09	5/29/10
8. Sau Ying Chan	13.14	4/17/94
9. Patty Van Wolvelaere	13.14	5/26/78
10. Natasha Danvers	13.20	5/6/00
11. Melia Cox	13.24	5/30/15
12. Natasha Neal	13.24	5/31/01
13. Asmyn Graham	13.27	3/26/16
14. Myriam Tschomba	13.35	3/29/97
Yvette Bates	13.55	5/21/88
16. Mecca McGlaston	13.46	5/14/17
17. Talia Stewart	13.56	3/31/07
Felice Lipscomb	13.56	3/6/93
19. Amalie Iuel	13.69	5/1/16
20. Mitzi McMillan	13.71	5/15/78
21. Shana Woods	13.76	5/3/08
22. Wendy Brown	13.77	1998
23. Lyndsey Lopes	13.82	5/14/17
24. Michelle DeCoux	13.83	3/14/92
25. Dalilah Muhammad	13.88	5/1/10

BOLD = current athlete / **RED** = 2017 marks
a = race run at altitude
h = mark made in Heptathlon competition

Please email the **Trojan Force** if you notice any errors or omissions.

USC Track & Field Women's Top 25

400-METER HURDLES

1.	Jaide Stepter	54.95	7/10/16
	Natasha Danvers	54.95	9/25/00
3.	Anna Cockrell	55.36	6/10/17
4.	Amalie Iuel	55.38	4/8/17
5.	Leslie Maxie	55.79	6/6/87
6.	Dalilah Muhammad	56.04	6/8/11
7.	Michelle DeCoux	57.05	4/4/92
8.	Natasha Neal	57.16	5/5/01
9.	Aleksandra Pielusek	57.58	5/19/02
10.	Karen Koellner	57.59	3/18/89
11.	Shalina Clarke	57.78	4/28/07
12.	Talia Stewart	58.65	3/17/07
13.	Felice Lipscomb	59.44	5/9/92
14.	Candice Davis	59.56	4/30/05
15.	Tunisia Johnson	59.59	4/16/03
16.	Katie Kirst	59.79	5/3/08
17.	Nekeidra Shegog	59.84	5/2/97
18.	Lauren Blackburn	60.18	5/1/11
19.	Sharon Hatfield	60.32	1987
20.	Brandy Stephens	60.47	4/19/96
21.	Mecca Glaston	61.28	5/14/17
22.	Rebecca Paterson	61.88	5/5/01
23.	Jasmyin Graham	62.38	3/25/17
24.	Janice McDowell	62.42	5/15/88
25.	Mary Anne Bullard	62.66	1985

HIGH JUMP

1.	Emelie Fardigh	6' 2"	3/22/97
2.	Nia Ali	6' 1 1/4"	5/14/11
3.	Wendy Brown	6' 1"	8/27/88
4.	Amalie Iuel	6' 0 1/2"	5/7/16
5.	Spring Harris	6' 0 1/2"	3/22/03
6.	Crissy Mills	6' 0"	2/27/93
7.	Debra Larsen	5' 11 1/4"	6/24/83
	Natasha Danvers	5' 11 1/2"	5/24/98
9.	Tanya Smith	5' 11 1/2"	3/9/96
10.	Shawana Taylor	5' 10"	3/5/00
11.	Nicole Haynes	5' 9 3/4"	5/11/96
12.	Kerry Bell	5' 9"	3/20/82
13.	Dalilah Muhammad	5' 8 3/4"	3/13/10
	Akene Anene	5' 8 3/4"	2007
	Reischea Canidate	5' 8 3/4"	5/24/97
	Yleana Carrasco	5' 8 3/4"	5/21/89
17.	Jennifer Stutland	5' 8"	4/23/11
18.	Lyndsey Lopes	5' 7 3/4"	3/23/17
	Mitzi McMillan	5' 7 3/4"	4/3/77
20.	Lindsay Oman	5' 7"	3/22/08
	Sharon Hatfield	5' 7"	4/10/1987
	Kelli Arrivey	5' 7"	1984
	Kathy Haynes	5' 7"	4/22/80
	Julie Lendel	5' 7"	1979
25.	Janae Oliveira	5' 6"	4/24/93
	Louan Guiado	5' 6"	1988
	Donna Carter	5' 6"	1985
	Kerry Zwart-Bell	5' 6"	2/15/81
	Rosetta Brit	5' 6"	1976

POLE VAULT

1.	Bryson Stately	14' 0"	5/1/10
2.	Melissa Astete	12' 11 1/2"	5/15/05
	Brittani Bernhard	12' 11 1/2"	4/15/05
4.	Felicia Horvath	12' 5 1/2"	3/26/16
	Chun Mei Nickles	12' 5 1/2"	4/21/07
	Shannon Lewallen	12' 5 1/2"	3/26/05
7.	Thea Weiss	12' 4 1/2"	5/4/13
8.	Ariel Hayward	12' 2 3/4"	3/2/13
9.	Kenisha Strong	12' 1 1/2"	4/4/09
	Sonya Negriff	12' 1 1/2"	4/26/02
11.	Jessica Luna	11' 11 3/4"	4/15/05
12.	Daymora Pen	11' 11"	4/1/06
13.	Katherine Chang	11' 0 1/4"	3/9/13
14.	Jennifer Candipan	10' 9 3/4"	5/24/98
15.	Jasmine Kinght	10' 6 3/4"	5/1/10
16.	Kalynn Good	10' 2"	3/21/09
17.	Isabel Lozowski	10' 0 3/4"	4/27/13
18.	Joanne Rapadas	10' 0"	2/28/04
	Michell Muscato	10' 0"	3/24/01
20.	Kelly Williams	9' 2 1/4"	3/21/2009

HEPTATHLON

1.	Wendy Brown	6,079	7/16/88
2.	Amalie Iuel	6,011	5/7-8/16
3.	Nia Ali	5,824	5/10/09
4.	Nicole Haynes	5,786	5/12/96
5.	Kerry Zwart-Bell	5,550	6/1/82
6.	Shana Woods	5,507	6/8/07
7.	Sharon Hatfield	5,410	4/18-19/86
8.	Lyndsey Lopes	5,371	5/6-7/17
9.	Tanya Smith	5,345	5/26/93
10.	Yolanda Fletcher	5,307	5/16-17/86
11.	Allison Franke	5,156	5/15/93
12.	Lindsay Oman	5,025	4/3-4/08
13.	Spring Harris	4,855	5/12-13/01
14.	Alexa Harmon-Thomas	4,741	5/6-7/17
15.	Kiana Henry	4,507	5/4-5/13
16.	Ashley Selman	4,469	3/25/90
17.	Sandra Murray	4,455	1981
18.	Karen Koellner	4,247	4/11/87
19.	Chanel Young	4,125	3/14-15/2002
20.	Lydia Rolle	4,021	1999
21.	Disia Page	3,876	1999

LONG JUMP

1.	Yvette Bates	21' 11"	7/23/88
2.	Wendy Brown	21' 7 1/2"	7/19/88
3.	Sabrina Williams	21' 7"	2/23/85
4.	Pamela Simpson	21' 2"	6/2/99
5.	Tatyana Obukhova	20' 11 1/4"	4/13/02
6.	Margaux Jones	20' 10 3/4"	6/25/16
7.	Michelle Sanford	20' 10 1/2"	5/1/04
8.	Alexis Faulkner	20' 9 3/4"	5/16/15
9.	Shana Woods	20' 8"	4/28/07
10.	Louan Guialdo	20' 7 1/4"	3/17/90
	Yolanda Fletcher	20' 7 1/4"	5/21/83
	Sandy Crabtree	20' 7 1/4"	6/17/82
13.	Alitta Boyd	20' 6 1/2"	5/24/12
14.	Stephanie Jones	20' 5 3/4"	4/16/00
15.	Nicole Haynes	20' 3"	5/4/96
16.	Madisen Richards	20' 1 1/4"	4/3/15
17.	Kathy Haynes	19' 11 1/4"	5/11/80
18.	Glory Dolphin	19' 11 1/2"	5/13/95
19.	Erin Williams	19' 11"	5/14/04
20.	Kerry Swart-Bell	19' 10"	1982
21.	Amalie Iuel	19' 9 3/4"	4/1/16
	Disia Page	19' 9 3/4"	2001
	Karleen Shields	19' 9 3/4"	5/7/94
24.	Debra Larsen	19' 9"	1983
25.	Carla Estes	19' 8 3/4"	5/2/98

TRIPLE JUMP

1.	Wendy Brown	45' 5 1/4"	6/17/88
2.	Yvette Bates	45' 3 1/2"	1987
3.	Michelle Sanford	43' 9 3/4"	5/15/04
4.	Alitta Boyd	43' 8 3/4"	5/25/13
5.	Melia Cox	43' 3 3/4"	6/7/13
6.	Tatyana Obukhova	43' 2 3/4"	4/22/01
7.	Ekene Anene	42' 10 1/4"	5/29/10
8.	Karleen Shields	41' 9 3/4"	5/7/94
9.	Oluwakemi Olonade	41' 8 3/4"	5/30/14
10.	Brittany Daniels	41' 2 1/2"	4/29/06
11.	Glory Dolphin	41' 0 1/2"	5/4/96
12.	Stephanie Jones	40' 7 1/2"	5/5/01
13.	Katarzyna Klisowska	39' 10"	4/30/05
	Melissa Brule'	39' 10"	5/3/97
15.	Chun Mei Nickles	39' 6 1/2"	5/3/08
16.	Candace Bailey	39' 4"	3/23/13
17.	Sabrina Williams	38' 9"	3/30/85
18.	Nicole Haynes	38' 7"	3/6/93
19.	Myeshia Gibson	38' 3 1/2"	4/28/07
20.	Gail Wilson	37' 8"	1984
21.	Samantha Ojo	37' 6 1/2"	2/22/14
	Dominique Chaplin	37' 6 1/2"	4/30/05
23.	Cerenity Young	36' 10 1/2"	5/12/01
24.	Tonya Ransom	36' 6 3/4"	5/17/85
25.	Cara Bickers	36' 5"	4/4/09

SHOT PUT

1.	Karen Freberg	57' 7 1/2"	4/29/06
2.	Brittany Mann	57' 4 3/4"	6/8/17
3.	L'Orangerie Crawford	56' 3 3/4"	5/14/04
4.	Diana Clements	55' 8 1/4"	2/21/86
5.	Tanya Sapa	55' 7 3/4"	5/1/16
6.	Cynthia Ademiluyi	55' 0 1/4"	5/31/00
7.	Tera Novy	53' 0"	5/1/16
8.	Cerenity Young	51' 2 1/4"	4/6/02
9.	Marissa Minderler	50' 2 3/4"	3/12/11
10.	Leslie Coons	49' 10 1/2"	5/4/96
11.	Jennifer Vail	49' 5"	2/26/00
12.	Heidi Adams	48' 7 1/2"	3/25/88
13.	Amy Thiel	47' 10"	2002
14.	Carrie Martin	46' 11 1/2"	3/29/97
15.	Kerry Swart-Bell	45' 10 3/4"	6/8/80
16.	Yolanda Fletcher	45' 9 3/4"	5/16/86
17.	Andrea McBride	45' 8 1/2"	4/28/07
18.	Jenny Ozorai	45' 6 1/2"	5/1/11
19.	Nia Ali	44' 8"	4/9/09
20.	Wendy Brown	44' 7"	4/24/88
21.	Jade Niemeyer	44' 1 1/2"	3/10/12
	Katalin Mate	44' 1 1/2"	3/21/09
23.	Dana Olsen	44' 0"	3/8/80
24.	Nicole Haynes	43' 10 3/4"	5/29/96
25.	Cindy Johnson	43' 10 1/2"	3/18/83

BOLD = current athlete / **RED** = 2017 marks

h = mark made in Heptathlon competition

DISCUS THROW

1.	Tera Novy	200' 5"	4/14/16
2.	Alexandra Collatz	189' 8"	4/16/15
3.	Kate Hutchinson	189' 5"	5/6/06
4.	Cynthia Ademiluyi	177' 10"	2/23/02
5.	Claudia Paris	176' 11"	3/5/88
6.	Cindy Johnson	173' 11"	6/4/83
7.	Lauren Guerrieri	168' 6"	5/1/10
8.	Carrie Martin	168' 6"	4/20/96
9.	Diana Clements	167' 10"	5/3/86
10.	Allison Franke	166' 5"	5/26/92
11.	Katalin Mate	165' 10"	5/29/09
12.	Brittany Mann	163' 1"	4/21/17
13.	Jennifer Vail	162' 1"	3/26/00
14.	Celeste McVey	160' 11"	5/8/93
15.	Dana Olsen	159' 11"	4/21/80
16.	Amy Thiel	159' 10"	2002
17.	Teri Ortega	158' 2"	3/30/91
18.	Lauren Guerrieri	157' 1"	4/5/08
19.	Jenny Ozorai	154' 5"	4/27/13
20.	Ashley Pyka	152' 1"	4/29/09
21.	Karen Freberg	151' 4"	4/29/06
22.	Leslie Coons	150' 11"	2/17/96
23.	Andrea McBride	150' 8"	4/2/05
24.	Vivian Turner	150' 1"	3/12/77
25.	L'Orangerie Crawford	149' 10"	5/1/04

HAMMER THROW

1.	Eva Orban	230' 3"	3/15/08
2.	Jenny Ozorai	223' 4"	3/9/12
3.	Marissa Minderler	220' 11"	5/12/12
4.	Juliana Tudja	218' 9"	6/14/03
5.	L'Orangerie Crawford	209' 8"	3/8/03
6.	Jade Niemeyer	208' 0"	5/26/12
7.	Lauren Chambers	206' 5"	4/16/10
8.	Jennifer Vail	204' 3"	5/21/00
9.	Julia Rozenfeld	203' 1"	3/12/05
10.	Leslie Coons	198' 7"	5/4/96
11.	Brittany Mann	193' 5"	4/29/17
12.	Amy Thiel	193' 0"	5/31/03
13.	Erica Peyton	190' 7"	3/18/16
14.	Alexandra Collatz	189' 11"	5/2/15
15.	Tamara Baumann	184' 11"	3/9/12
16.	Carrie Martin	184' 7"	2/28/98
17.	Karen Freberg	184' 4"	4/29/06
18.	Cynthia Ademiluyi	182' 7"	4/1/00
19.	Tanya Sapa	181' 5"	5/2/15
20.	Ashley Pyka	179' 2"	3/3/12
21.	Alexandra Williams	174' 0"	3/1/07
22.	Sharon Smith	168' 4"	4/21/02
23.	'Ofa Wolframgram	166' 8"	3/13/99
24.	Kelley Shapiro	164' 10"	2/24/01
25.	Kathryn Daniels	159' 3"	5/16/10

JAVELIN THROW (1999 Implement)

1.	Inga Stasiulionyte	186' 10"	5/18/02
2.	Kristine Busa	179' 1"	7/18/09
3.	Leslie Erickson	168' 11"	5/4/02
4.	Andrea McBride	161' 7"	4/30/05
5.	Marissa Minderler	157' 3"	4/2/10
6.	Celeste McVey	152' 3"	6/3/94
7.	Nicole Haynes	144' 3"	5/4/96
8.	Shana Woods	135' 4"	6/14/08
9.	Devon Rennie	132' 11"	5/1/11
10.	Nia Ali	128' 9"	5/10/09
11.	Lyndsey Lopes	126' 9"	4/8/17
12.	Becky Richey	124' 8"	4/26/03
13.	Amalie Iuel	110' 5 1/2"	5/11/14
	Jade Niemeyer	110' 5"	5/1/11
15.	Lindsay Oman	109' 10"	4/30/05
16.	Ashley Pyka	107' 8"	4/27/13
17.	Arielle Sepulveda	107' 1"	4/28/07
18.	Alexa Harmon-Thomas	103' 6"	4/8/17
19.	Kate Hutchinson	101' 8"	4/30/05
20.	K.C. Sullivan	100' 6"	4/2/16
21.	Kiana Henry	98' 1"	3/2/13
22.	Jenny Ozorai	96' 11"	4/27/13
23.	Alitta Boyd	95' 11"	4/27/13
24.	Julia Tseng	90' 1"	5/4/14
25.	Farren Benjiman	77' 9"	4/27/13

JAVELIN THROW (old implement)

1.	Sherry Calvert	192' 0"	5/12/72
2.	Ashley Selman	187' 9"	6/17/89
3.	Diana Clements	168' 8"	5/22/87
4.	Nicole Haynes	158' 10"	5/20/94
5.	Wendy Brown	158' 6"	4/30/88
6.	Allison Franke	156' 8"	3/9/91
7.	Lisa van Benthem	154' 6"	5/18/83
8.	Dana Olsen	152' 9"	1980
9.	Celeste McVey	152' 3"	6/3/94
10.	Regina Steele	145' 2"	1978
11.	Charm Bishop	144' 8"	1982
12.			