

USC Track & Field Women's Top Ten

100 METERS

1. Angela Williams (11.02)	11.04	6/5/99
2. Natasha Mayers	11.09	4/19/03
3. Virginia Powell	11.10	5/14/06
Torri Edwards (10.78)	11.10	6/4/99
5. Inger Miller (10.79)	11.11	4/7/93
6. Ky Westbrook	11.17	6/11/15
7. Deanna Hill	11.18	3/25/17
8. Jessica Davis	11.19	5/14/11
9. Tynia Gaither	11.21	5/1/16
10. Candace Young	11.22	3/24/01

200 METERS

1. Carol Rodriguez	22.23a	5/27/06
2. Inger Miller (21.77)	22.33	4/17/93
3. Tynia Gaither	22.54	6/11/16
4. Deanna Hill	22.60	5/28/16
5. Kinshasa Davis	22.69	4/16/00
6. Kendall Ellis	22.79	3/18/17
7. Natasha Mayers	22.80	5/29/02
8. Aareon Payne	22.83	4/16/11
9. Jessica Davis	22.84	5/14/11
Torri Edwards (22.28)	22.84	6/4/99

400 METERS

1. Jaide Stepter	50.91	3/26/16
2. Carol Rodriguez	51.39	5/3/08
3. Vanessa Jones	51.50	5/17/15
4. Michelle Taylor	51.75	6/2/89
5. Amalie Iuel	51.81	3/18/17
6. Kendall Ellis	51.82	4/16/16
7. Brigita Langerholc	52.02	7/01
8. Gervaise McCraw	52.24	6/7/86
9. Nakiya Johnson	52.29	5/19/02
10. Inger Miller	52.76	3/26/94

800 METERS

1. Brigita Langerholc (1:58.41)	1:58.51	9/25/00
2. Michelle Taylor	2:00.01	7/19/89
3. Lesley Noll	2:03.30	4/8/88
4. Grazyna Penc	2:03.82	4/5/97
5. Aleksandra Deren	2:04.18	4/26/01
6. Donna Curtis	2:04.58	5/29/85
7. Mikaela Smith	2:05.33	5/14/16
8. Anna Lopacich	2:05.71	5/24/98
9. Treani Swain	2:05.93	4/30/05
10. Kristie Johnston	2:06.09	5/3/97

1500 METERS

1. Grazyna Penc	4:12.05	4/20/97
2. Iryna Vashchuk	4:12.79	5/29/04
3. Anna Lopacich	4:16.49	4/4/98
4. Lesley Noll	4:17.25	4/30/89
5. Emebet Shiferaw	4:20.75	5/4/96
6. Aleksandra Deren	4:20.84	5/5/01
7. Kristie Johnston	4:21.84	5/3/97
8. Shannon Clark	4:22.06	4/11/87
9. Elise Lyon	4:22.75	5/23/86
10. Lucyna Ligaj	4:22.77	5/20/01

3000 METERS

1. Emebet Shiferaw	9:11.78	6/6/97
2. Anna Lopacich	9:23.44	5/2/98
3. Zsafia Erdelyi	9:27.96	3/20/10
4. Iryna Vashchuk	9:31.14	3/20/04
5. Lucyna Ligaj	9:38.07	3/3/01
6. Shannon Clark	9:41.41	4/17/87
7. Sarah Cocco	9:42.68	3/1/08
8. Katerina Berdousi	9:45.42	3/22/13
9. Elise Lyon	9:48.69	4/17/87
10. Beth Van Alstine	9:49.07	3/20/04

3000m Steeplechase

1. Zsafia Erdelyi	10:01.99	5/30/09
2. Julia Budniak	10:13.23	7/4/04
3. Kira Soderstrom	10:34.18	4/16/15
4. Katerina Berdousi	10:42.72	5/14/16
5. Jenna Tong	10:42.91	4/5/14
6. Laura Meyers	10:49.95	4/5/08
7. Natalia Kovtun	11:04.35	4/28/07
8. Kristen Berglas	11:06.70	4/30/05
9. Katherine Ellis	11:07.26	5/2/09
10. Brooke Thomas	11:07.63	4/21/01

5000 METERS

1. Zsafia Erdelyi	16:00.11	4/15/11
2. Emebet Shiferaw	16:16.27	5/18/96
3. Ariel Wright	16:23.66	3/25/11
4. Iryna Vashchuk	16:28.71	3/25/05
5. Julia Budniak	16:42.65	4/18/04
6. Brooke Thomas	16:53.82	3/29/03
7. Katerina Berdousi	17:04.41	5/15/16
8. Julie Seleine	17:18.81	3/21/87
9. Kathleen Moloney	17:29.33	3/6/10
10. Shea Wickland	17:34.99	4/4/09

10000 METERS

1. Zsafia Erdelyi	33:18.75	3/26/10
2. Beth Van Alstine	34:29.62	3/27/04
3. Kate Neeper	36:09.24	4/17/04
4. Shea Wickland	36:16.00	3/7/09
5. Dina Kitayama	36:38.60	4/14/11
6. Zara Lukens	37:11.02	4/14/11

100-METER HURDLES

1. Virginia Powell (12.45)	12.48	6/9/06
2. Nia Ali (12.48)	12.73	6/25/11
3. Dior Hall	12.74	6/13/15
4. Candice Davis (12.71)	12.90	6/8/07
5. Lauren Blackburn	13.06	5/14/11
6. Shalina Clarke	13.09	5/29/10
7. Sau Ying Chan	13.14	4/17/94
Patty Van Wolvelaere	13.14	5/26/78
9. Natasha Danvers	13.20	5/6/00
10. Melia Cox	13.24	5/30/15
Natasha Neal	13.24	5/31/01

400-METER HURDLES

1. Jaide Stepter	54.95	7/10/16
Natasha Danvers (54.02)	54.95	9/25/00
3. Amalie Iuel	55.79	7/9/16
Leslie Maxie (55.20)	55.79	6/6/87
5. Daliah Muhammad (52.88)	56.04	6/8/11
6. Michelle DeCoux	57.05	4/4/92
7. Natasha Neal	57.16	5/5/01
8. Karen Koellner	57.59	3/18/89
9. Shalina Clarke	57.78	4/28/07
10. Talia Stewart	58.65	3/17/07

HIGH JUMP

1. Emelie Fardigh	(1.88) - 6' 2"	3/22/97
2. Nia Ali	(1.86) - 6' 1 1/4"	5/14/11
3. Wendy Brown (6' 2 1/4")	(1.85) - 6' 1"	8/27/88
4. Amalie Iuel	(1.84) - 6' 0 1/2"	5/7/16
Spring Harris	(1.84) - 6' 0 1/2"	3/22/03
6. Crissy Mills	(1.83) - 6' 0"	1993
7. Debra Larsen	(1.82) - 5' 11 1/4"	6/24/83
8. Natasha Danvers	(1.82) - 5' 11 1/2"	5/24/98
Tanya Smith	(1.82) - 5' 11 1/2"	3/9/96
10. Shawana Taylor	(1.78) - 5' 10"	3/4/00

POLE VAULT

1. Brysun Stately (14' 3 3/4")	(4.27) - 14' 0"	5/1/10
2. Melissa Astete	(3.95) - 12' 11 1/2"	5/15/05
Brittani Bernhard	(3.95) - 12' 11 1/2"	4/15/05
4. Felicia Horvath	(3.80) - 12' 5 1/2"	3/26/16
Chun Mei Nickles	(3.80) - 12' 5 1/2"	4/21/07
Shannon Lewallen	(3.80) - 12' 5 1/2"	3/26/05
7. Thea Weiss	(3.77) - 12' 4 1/2"	5/4/13
8. Ariel Hayward	(3.73) - 12' 2 3/4"	3/2/13
9. Kenisha Strong	(3.70) - 12' 1 1/2"	4/4/09
Sonya Negriff	(3.70) - 12' 1 1/2"	4/26/02

LONG JUMP

1. Yvette Bates	(6.68) - 21' 11"	7/23/88
2. Wendy Brown	(6.59) - 21' 7 1/2"	7/19/88
3. Sabrina Williams	(6.57) - 21' 7"	2/23/85
4. Pamela Simpson	(6.46) - 21' 2"	6/2/99
5. Tatyana Obukhova	(6.39) - 20' 11 1/4"	4/13/02
6. Margaux Jones	(6.37) - 20' 10 1/4"	6/25/16
7. Michelle Sanford	(6.36) - 20' 10 1/2"	5/1/04
8. Alexis Faulknor	(6.33) - 20' 9 1/4"	5/16/15
9. Shana Woods	(6.30) - 20' 8"	4/28/07
10. Louan Gualdo	(6.28) - 20' 7 1/4"	3/17/90
Yolanda Fletcher	(6.28) - 20' 7 1/4"	5/21/83
Sandy Crabtree	(6.28) - 20' 7 1/4"	6/17/82

TRIPLE JUMP

1. Wendy Brown	(13.85) - 45' 5 1/4"	6/17/88
2. Yvette Bates	(13.60) - 44' 7 1/2"	6/6/87
3. Michelle Sanford	(13.34) - 43' 9 1/4"	5/15/04
4. Allita Boyd	(13.32) - 43' 8 3/4"	5/25/13
5. Melia Cox	(13.19) - 43' 3 1/4"	6/7/13
6. Tatyana Obukhova	(13.16) - 43' 2 1/4"	4/22/01
7. Ekene Anene	(13.06) - 42' 10 1/4"	5/29/10
8. Karleen Shields	(12.74) - 41' 9 1/4"	5/7/94
9. Oluwakemi Olonade	(12.72) - 41' 8 3/4"	5/30/14
10. Brittany Daniels	(12.56) - 41' 2 1/2"	4/29/06

SHOT PUT

1. Karen Freberg	(17.56) - 57' 7 1/2"	4/29/06
2. Brittany Mann	(17.28) - 56' 8"	3/25/17
3. L'Orangerie Crawford	(17.15) - 56' 3 3/4"	5/14/04
4. Diana Clements	(16.97) - 55' 8 1/4"	2/21/86
5. Tanya Sapa	(16.96) - 55' 7 3/4"	5/1/16
6. Cynthia Ademiluyi	(16.77) - 55' 0 1/4"	5/31/00
7. Tera Novy	(16.15) - 53' 0"	5/1/16
8. Cerenity Young	(15.60) - 51' 2 1/4"	4/6/02
9. Marissa Minderler	(15.31) - 50' 2 1/4"	3/12/11
10. Leslie Coons	(15.20) - 49' 10 1/2"	5/4/96

DISCUS THROW

1. Tera Novy	(61.10) - 200' 5"	4/14/16
2. Alexandra Collatz	(57.82) - 189' 8"	4/16/15
3. Kate Hutchinson	(57.73) - 189' 5"	5/6/06
4. Cynthia Ademiluyi	(54.20) - 177' 10"	2/23/02
5. Claudia Paris	(53.92) - 176' 11"	3/5/88
6. Cindy Johnson	(53.00) - 173' 11"	6/4/83
7. Lauren Guerrieri	(51.37) - 168' 6"	5/1/10
8. Carrie Martin	(51.36) - 168' 6"	4/20/96
9. Diana Clements	(51.16) - 167' 10"	5/3/86
10. Katalin Mate	(50.55) - 165' 10"	5/29/09

HAMMER THROW

1. Eva Orban (240' 11")	(70.18) - 230' 3"	3/15/08
2. Jenny Ozorai	(68.08) - 223' 4"	3/9/12
3. Marissa Minderler	(67.35) - 220' 11"	5/12/12
4. Juliana Tudja (221' 6")	(66.69) - 218' 9"	6/14/03
5. L'Orangerie Crawford	(63.91) - 209' 8"	3/8/03
6. Jade Niemeyer	(63.40) - 208' 0"	5/26/12
7. Lauren Chambers	(62.93) - 206' 5"	4/16/10
8. Jennifer Vail	(62.26) - 204' 3"	5/21/00
9. Julia Rozenfeld	(61.90) - 203' 1"	3/12/05
10. Leslie Coons (213' 1")	(60.52) - 198' 7"	5/4/96

JAVELIN THROW (1999 Implement)

1. Inga Stasiulionyte (204' 3")	(56.95) - 186' 10"	5/18/02
2. Kristine Busa	(54.78) - 179' 1"	7/18/09
3. Leslie Erickson	(51.48) - 168' 11"	5/4/02
4. Andrea McBride	(49.25) - 161' 7"	4/30/05
5. Marissa Minderler	(47.92) - 157' 3"	4/2/10

JAVELIN THROW (old implement)

1. Sherry Calvert (207' 11")	(58.52) - 192' 0"	5/12/72
2. Ashley Selman (191' 4")	(57.22) - 187' 9"	6/17/89
3. Diana Clements	(51.42) - 168' 8"	5/22/87
4. Nicole Haynes	(48.42) - 158' 10"	5/20/94
5. Wendy Brown	(48.32) - 158' 6"	4/30/88

HEPTATHLON

1. Wendy Brown	6,079	7/16/88
2. Amalie Iuel	6,011	5/8/16
3. Nia Ali	5,824	5/10/09
4. Nicole Haynes (6002)	5,786	5/12/96
5. Kerry Zwart-Bell	5,550	6/1/82
6. Shana Woods	5,507	6/8/07
7. Sharon Hatfield	5,410	4/19/86
8. Tanya Smith	5,345	5/26/93
9. Yolanda Fletcher	5,307	5/17/86
10. Lyndsey Lopes	5,277	5/8/16

PENTATHLON

1. Kerry Zwart-Bell	3,801	3/30/80
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400-METER RELAY

1. D. Brown, D. Hill,	42.90	6/11/16
A. Faulknor, T. Gaither		
2. V. Powell, J. Onyepunuka,	42.96	6/9/06
C. Davis, C. Rodriguez		
3. L. Laarman, J. Davis,	43.00	6/14/14
A. Faulknor, T. Gaither		
4. D. Hill, K. Westbrook,	43.10	5/17/15
A. Faulknor, T. Gaither		
5. A. Williams, C. Young,	43.14	6/2/00
Ma. Edmonson, K. Davis		
6. D. Hill, K. Westbrook,	43.27	6/13/15
A. Faulknor, D. Hill		
7. A. Williams, T. Edwards,	43.35	5/1/99
Ma. Edmonson, C. Young		
8. L. Laarman, A. Payne,	43.42	6/11/11
J. Puterbaugh, J. Davis		
9. D. Brown, D. Hill	43.46	5/15/16
J. Stepter, T. Gaither		
10. A. Williams, T. Edwards,	43.52	6/4/99
Ma. Edmonson, E. Benyarku		

1,600-METER RELAY

1. C. Pettigrew, A. Iuel,	3:26.27	4/1/17
D. Hill, K. Ellis		
2. K. Ellis, A. Iuel,	3:26.73	5/28/16
C. Pettigrew, J. Stepter		
3. J. Stepter, A. Iuel,	3:27.86	5/30/15
K. Ellis, V. Jones		
4. N. Danvers, Ma. Edmonson,	3:28.08	6/5/99
B. Langerholc, K. Davis		
5. M. Mayberry, G. McCraw,	3:28.93	3/6/87
M. Taylor, L. Maxie		
6. A. Ndirpagbor, V. Jones,	3:29.42	4/5/14
J. Davis, T. Gaither		
7. A. Ndirpagbor, J. Stepter,	3:30.29	6/12/14
A. Liverpool, V. Jones		
8. N. Neal, B. Langerholc,	3:30.84	5/31/01
K. Davis, C. Estes		
9. N. Danvers, C. Estes,	3:31.29	4/19/98
B. Langerholc, Ma. Edmonson		
10. B. Langerholc, N. Danvers,	3:31.51	4/22/00